

**Team Development Camp
August 5 to August 8, 2019**

09 Tier 1 and '10 Tier 1	
Jr. Monarchs	
8:55am-10:10am	On Ice
10:10am-10:30am	Change
10:30am-11:10am	Off Ice Training/Team Building
11:10am-11:20am	Snack
11:20am-12:00pm	Street Hockey/Stickhandling
12:00pm-12:30pm	Lunch
12:30pm-12:50pm	Change
12:50pm-2:05pm	On Ice

All Players MUST sign in and out with group leader daily

All Players should be at the arena at least 25 minutes before 1st On Ice Session

ALL Players MUST be registered with USA Hockey prior to camp and signed Tri-Town Ice Arena Waiver

All players should bring to camp:

Sneakers Extra stick for off-ice stick handling

Shorts All health concerns in writing

Socks Plenty of Fluids to hydrate!

T- Shirt

Lunch, if not enrolled in the rink meal program

Snacks