

**COVID-19 Exposure Return-to-Play Guidelines** 01/12/2021

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| **Situation** | **Protocol** | **Return to Play Criteria** |
| Player / coach is sick with COVID-19 symptoms or waiting on test results | 1. Go home / stay home
2. Parent/guardian notifies the Infection Control Specialist
3. Infection Control Specialist will follow-up with parent/guardians with plan of care, including return of play criteria/plan
4. Follow CDC Guidelines
 | Return if test results are negative for COVID-19 for player / coach **OR** after 10 days since symptoms first appeared **AND** 24 hours with no fever without the use of fever-reducing medications **AND** other symptoms of COVID-19 are improving  |
| Player / coach tests positive for COVID-19  | 1. Go home / stay home
2. Parent/guardian notifies the Infection Control Specialist
3. Infection Control Specialist will follow-up with parent/guardians with plan of care, including return of play criteria/plan
 | Return after release from Department of Health **AND** player/coach must be cleared by a physician. Must submit BISA COVID Return to Play Form to the Risk Manager PRIOR to player returning.  |
| A household member of a player/coach tested positive for COVID-19 or waiting on test results | 1. Go home/stay home
2. Parent/guardian notifies the Infection Control Specialist
3. Infection Control Specialist will follow-up with parents/guardians with plan of care, including return of play criteria/plan
4. Follow CDC Guidelines
 | Follow the current quarantine practices of the Department of Health. |
| Player is notified by the Brookings School District that they cannot return to school due to close contact within the school | 1. Parent/guardian notifies the

Infection Control Specialist1. If no symptoms, player is able to attend practice/games unless they’re notified by the Department of Health that they must quarantine. If this happens, please update the Infection Control Specialist
2. If player develops symptoms, follow protocol above.
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### **Reporting Person/Guardian must call the Infection Control Specialist, 605-651-8413, or email at rangersbrookings@gmail.com**

**Preparing for When Someone Gets Sick (excerpt from CDC Considerations or Youth Sports)** Youth sports organizations may consider implementing several strategies to prepare for when someone gets sick.

* **Advise Sick Individuals of Home Isolation Criteria**
	+ Sick coaches, staff members, umpires/officials, or players should not return until they have met CDC’s [criteria to discontinue home isolation](https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html#discontinue-isolation).
* **Isolate and Transport Those Who are Sick**
	+ Make sure that coaches, staff, officials, players, and families know that sick individuals should not attend the youth sports activity, and that they should notify youth sports officials (e.g., the COVID-19 point of contact) if they (staff) or their child (families) become sick with COVID-19 [symptoms](https://www.cdc.gov/coronavirus/2019-ncov/communication/print-resources.html?Sort=Date%3A%3Adesc), test positive for COVID-19, or have been [exposed](https://www.cdc.gov/coronavirus/2019-ncov/php/public-health-recommendations.html) to someone with COVID-19 symptoms or a confirmed or suspected case.
	+ Immediately separate coaches, staff, officials, and players with COVID-19 [symptoms](https://www.cdc.gov/coronavirus/2019-ncov/communication/print-resources.html?Sort=Date%3A%3Adesc) (i.e., fever, cough, shortness of breath) at any youth sports activity. Individuals who are sick should go home or to a healthcare facility, depending on how severe their symptoms are, and follow [CDC guidance for caring for oneself and others](https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/index.html)who are sick. Individuals who have had [close contact](https://www.cdc.gov/coronavirus/2019-ncov/php/public-health-recommendations.html) with a person who has [symptoms](https://www.cdc.gov/coronavirus/2019-ncov/communication/print-resources.html?Sort=Date%3A%3Adesc) should be separated and sent home as well, and follow [CDC guidance for community-related exposure](https://www.cdc.gov/coronavirus/2019-ncov/php/public-health-recommendations.html) (see “Notify Health Officials and Close Contacts” below). If symptoms develop, individuals and families should follow [CDC guidance for caring for oneself and others](https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/index.html) who are sick.
	+ Establish procedures for safely transporting anyone who is sick to their home or to a healthcare facility. If you are calling an ambulance or bringing someone to the hospital, try to call first to alert them that the person may have COVID-19.

**Note: These guidelines were developed based upon recommendations from the CDC:** [**https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/youth-sports.html**](https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/youth-sports.html)