

# Waconia Girls Soccer

# 2025 Coaching Staff

Ivan Woyno - Program/Varsity Head Coach

Wade Loutzenhiser - JV Head Coach / Varsity Assistant

Drew Ramos - B Team Coach / Varsity Assistant

Cody Salib - 9A Team Coach / Varsity Assistant

Brandon Kuntz - Program Assistant Coach

# Program Support Staff

Jeff Chrest - [TCO Sports Medicine](#)

Josh Anderson - [JoshAnderson@TrainingHAUS.com](mailto:JoshAnderson@TrainingHAUS.com)

Matt Neubauer - [drmatt@nchealthcenter.com](mailto:drmatt@nchealthcenter.com)

# What is Waconia Girls High School Soccer

4 teams:

Varsity - Fine Tune Skills - Manage Talent

JV - Tactical Work - Fine Tune Skills - Up Next for Varsity

B Team - Technical / Tactical Growth - Up Next for JV

9A Team - Technical / Tactical Growth - Up Next for B Team

Nobody is guaranteed a team spot, you must earn it at tryouts.

Club team you play for does not affect team placement, only your demonstrated skills at tryouts matter for HS soccer.

# What is High School Soccer About?

Is it about Broad Participation and Inclusion?

Is it about Competitive Teams and Winning?

The simple answer:

We are both! We are educational based athletics with a broader philosophy about the sport and competition. Is about lifelong learning.

Broad Participation and Inclusion on a lateral view, but about competitive balance and winning on a vertical hierarchy

# What is Waconia HS Soccer About

Broad Participation and Inclusivity - Lateral View

Varsity	Junior Varsity	B Team	9A Team
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Players regardless of level are getting opportunity to participate, be it at a different level and with different balance of playing time.

Skill level determines placement and playing opportunity.

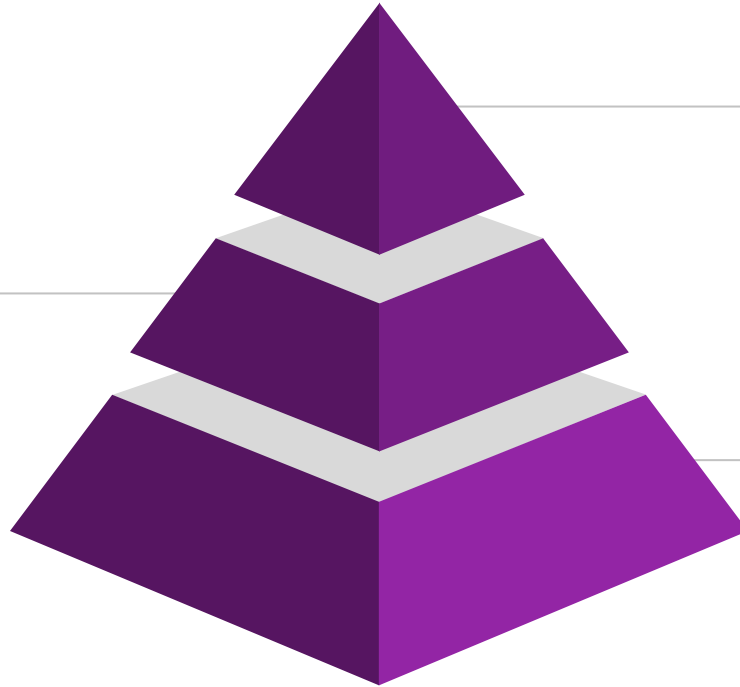
# Competitive Balance

## Competitive Teams

### Junior Varsity

Fine Tune and Preparation for Varsity  
Opportunity to demonstrate skill and  
earn a playup opportunity  
Game time minutes earned in  
practice  
NOT EQUAL TIME GUARANTEE

2



### Varsity

Highest Skill and Competitive Team  
Higher expectations than all other  
levels.  
Fitness  
Toughness  
NO GUARANTEED PLAYING TIME

1

### B Team / 9A

Technical and Tactical Work  
Learning System  
Work to move up the ranks  
Balanced minutes and positional  
balance

3

Competitive nature of teams based on league determines that Varsity and JV are not an equal play time opportunity, but a competitive environment in which performance is rewarded with playing time

# Tryouts - August 11 - 14, 2025

2 a day training with emphasis on fitness and ball control

Match day evaluation for team placement

2025 - Potential player cuts based on competitive balance of the players in relation to the team

ALL WE GUARANTEE IS THE OPPORTUNITY TO TRYOUT

# Practice / Lifting / Games

This program expects player dedication and sacrifice.

Practice and Lifting is MANDATORY. Not optional

Missing the weightroom? Likely missing game minutes!

Missing practice? No playing in games!

This program expects players to be committed and present.

# Team Announcement

Teams will be announced on Wednesday or Thursday depending on player evaluations.

Teams posted on Waconia Activities page

NO post tryout discussions - accept your invitation and work hard to earn the next level if not placed on your desired team

Parents - let your daughter fight her own battles. It is in her best interest to be the one speaking with coaches. Doesn't help if you are asking for a player to move to a higher team but the player needs Mom/Dad to lead the charge.

# Waconia Girls Booster Board

We are all in this together, come help out!

Upcoming Events:

Game day snacks and meals - Nutritionist Talk

Double Good Popcorn Fundraiser - August 14, 2025

We are all in this together! Jump in, get involved!

Waconia Girls Booster Board - [waconiagirlssoccerboosterclub@gmail.com](mailto:waconiagirlssoccerboosterclub@gmail.com)

# Waconia Activites Page / Schedule

Best place for program information: [WACONIA ACTIVITES](#)

Best place for program game schedule: [METRO WEST CONFERENCE](#)

SUBSCRIBE FOR UPDATES... SCHEDULES CHANGE!

QUESTIONS?