



The Torch

SYC Weekly Digest

March 8, 2022

[Calendar](#) | [Register](#) | [Website](#) | [Volunteer](#) | [Donate](#) | [The Clubhouse](#)


MARCH
IS
BRAIN INJURY
AWARENESS MONTH



March is Brain Injury Awareness month! With spring sports starting soon, now is the time to educate or re-educate yourself about concussions and steps to take when you suspect an athlete has suffered a concussion. Let's work together to protect our athletes! All coaches, parents, and athletes, do your part to stay informed and watch the training videos below. It is required that you complete the SYC Concussion Education and Training prior to participation in an SYC activity or event.

- [Staff/Coach Concussion Training](#)
- [Player Concussion Training](#)
- [Parent Concussion Training](#)

For more information, visit the [SYC Concussion Education Center](#). Thank you for working with SYC to keep our athletes safe in sports!

OPEN REGISTRATIONS

SPECIAL EVENT

[Legacy Run](#)
[Adopt a Highway Clean up](#)

ANNUAL SPORTS

[Annual All-Star Cheerleading](#)

SPRING SPORTS

[Spring Disc Golf - NEW!](#)
[Spring Field Hockey](#)
[Spring Flag Football](#)

Spring Kickball - JUST ADDED!
Spring Powerlifting
Boys Spring Rugby
Girls Spring Rugby
Spring Break Soccer Camp
Spring Rec Soccer - Some waitlisting
Spring Rec Soccer - GK
Spring Rec Soccer MNT
Spring Soccer - Pee Wee
Spring Soccer - U5 Cubs
Spring U6-U8 DA Soccer
Spring Softball
Spring UP Soccer

FEATURED SPORT



Join SYC for some
Spring Kickball
Grades 4-12
Boys & Girls

Join us for this spring for KICKBALL! It'll be great getting outside to play a super fun, easy to learn game. Registration is open to players from 4th grade through 12th grade. Sessions will be held on Sunday afternoons at 3PM at Lynbrook ES.

[Read More and Register Here](#)

NEWS AND SPECIAL EVENTS



Wednesday
March 16, 7PM

FLAG FOOTBALL PARENT MEETING

Coach meeting immediately following parent meeting.

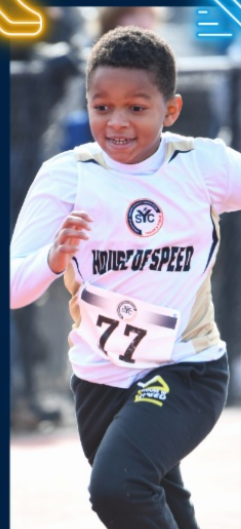
Irving Middle School
Barker Hall



2022 WINTER BASKETBALL PLAYOFFS FINISH UP THIS WEEKEND!



SYC TRACK AND FIELD WINTER CELEBRATION MEET



On Sunday, February 28 SYC Track & Field hosted their Winter Celebration Meet. Over 200 athletes participated and many achieved personal records across several events. It was a ton of fun!



Former SYC Rugby Player Joins Old Glory DC

Springfield's own John LeFevre earned an Old Glory DC jersey after years of work and lots of respect from the DMV rugby community. News4's Jim Handy reports.

[Read more](#)
www.nbcwashington.com



George Angulo
Scholarship Award

High School Seniors - [APPLY HERE!](#)

FAMILY AND COMMUNITY



CDC HEADS UP
SAFE BRAIN. STRONGER FUTURE.

Heads Up

A new CDC study reports youth tackle football athletes ages 6 to 14 sustained 15 times more head impacts than flag football athletes during a practice or game and 23 times more hard head impacts. Head impacts increase the risk for concussion and...

SYC SOCCER

GEAR UP FOR THE SEASON AT DICK'S SPORTING GOODS



Take 20% off your Entire Purchase at the Springfield store March 11 - 14
([CLICK HERE FOR 20% OFF IN-STORE COUPON](#))

And if you need something before or after 3/11 – 3/14, [CLICK HERE](#) for other coupons good in-store all season long -- (20% off and season-long coupons cannot be combined*)

We'd love your feedback! Send questions or comments to admin@sycva.com.



NEVER MISS AN EDITION OF THE TORCH!
The latest edition is always available at sycva.com.

Springfield/South County Youth Club | 7201A Lockport Pl, Lorton, VA 22079

703-339-3796 | www.sycva.com

