

Casselton Park Wellness Center Rules & Policies

- - Clean gym shoes are required.
- - Only WATER in bottles that can be capped are allowed in the Wellness Center.
- - Please clean the machines after each use.
- - During periods of high traffic volume, time on the machines will be limited to 15-20 minutes.
- - Wear clean, suitable, presentable clothing.
- - Children/students in grades 8th and below are not allowed in the Wellness Center without a parent/guardian.
- - Students in grade 9th-12th must have a workout buddy with them. This person must be a member of the Wellness Center.
- - If your student is a part of a weight class, in-season team lift or summer weights, they do not need to be members of the Wellness Center for these programs. It is only needed if they would like access to the Wellness Center outside of these programs.
- - Foul language and music with foul and/or inappropriate language will not be tolerated.
- - The participant will use the FOB issued to him/her solely for the purpose of physical exercise in the wellness center and will not allow anyone other than paid wellness center members listed on membership into the Wellness center.
- - Misuse of the FOB, the wellness center, or any school property will result in the revocation of the participant's wellness center membership and door FOB.
- - Violation of any of these rules will result in the revocation of the participant's wellness center membership and door FOB.
- - No photos or videos can be taken in the locker room.
- - Any other rules implemented by the Wellness Center.

FOB Guidelines

Please store FOB in a safe place. They are sensitive to extreme temperatures and water. Notify the parks office immediately if your FOB is lost so it can be deactivated.