

February Newsletter: Issue 2



Thank you Sandra Levy!

On Wednesday, February 24th, Field Hockey Ontario hosted Sandra Levy, Chief People Officer with the Canadian Olympic Committee and former Women's Field Hockey National Team player, for a Black History Month Q&A. The event was a huge success! Thank you to everyone who attended the event and a huge thank you to Sandra for joining us as our guest for the evening.

If you were not able to attend the event, you are able to view the recording of the event on our YouTube Channel. Enjoy!

[View the Recording of the Black History Month Q&A with Sandra Levy Here!](#)

True Sport and FHO

Field Hockey Ontario is proud to be a member of True Sport!

For the next few months, FHO would like to introduce True Sport and its practices to FHO's members and the field hockey



FHO is a proud member of True Sport!

WHY DOES TRUE SPORT MATTER?

True Sport exists to try to create the right conditions for individuals to experience good sport, to value it, commit to it, nurture it and stay connected to it all their lives. True Sport wants to create good sport communities from coast to coast because we know that good sport can make a great difference in the lives of our kids, and we believe that the way we play together shapes how we live together.

Learn more about True Sport
Here!

community in Ontario.

Today, we would like to share what True Sport is, who is True Sport, and why True Sport matters.

WHAT IS TRUE SPORT?

True Sport is a series of programs and initiatives designed to give people, communities, and organizations the means by which to leverage the many benefits of sport from a platform of shared values and principles.

WHO IS TRUE SPORT?

Anyone who has joined True Sport and continues to play, train, compete and/or offer a sport experience that is consistent with the True Sport Principles is part of True Sport.



Field Hockey Ontario's Executive Director, Shauna Bookal, was interviewed by Ainka Jess, the founder of She's4Sports, as part of their Black History Month Video Series.

Shauna "is a leader in sport who's helping to grow the game of field hockey for girls in Canada.

Where are they now?



Sharon Creelman



Field Hockey Ontario is happy to introduce the third post in a new series of content titled "Where are they now?" This series will highlight alumni from FHO, their playing, coaching, administrative, and umpiring careers, and what they are doing now. We are happy to introduce our third individual, Sharon Creelman.

Ainka sits down with Shauna to talk about her journey as a former high school #basketball player and her passion for organizing large sport events including the Pan Am Games, Invictus Games, North American Indigenous Games, and Ontario ParaSport Games."

Head over to our website to read more about Sharon's playing career, her accolades, and what she has been up to in recent years including her current involvement in field hockey at Appleby College.

Check out Shauna's Interview Here!

Where are they now? Sharon Creelman



Do you have Field Hockey Photos that you would like to share with the FHO Community?

Field Hockey Ontario is actively collecting Throwback Photos from its members. Each week, FHO shares photos on its Facebook and Instagram pages that highlight our history, our clubs' histories, past events, and current and past members, athletes, coaches, umpires, etc. Any and all photos are welcome!

If you have photos that you would like to share, please send an email to FHO at info@fieldhockeyontario.com. Feel free to let us know who is in the pictures, where they were taken, or any other fun facts we can share with our followers.

FHO's Program & Funding Partners



