

# NO LIMITS GIRLS 2019 BASKETBALL CAMP



The Elk River Girls Youth Basketball Association is offering its 12<sup>th</sup> annual basketball camp, titled No Limits. Brian Gilbertson and other basketball coaches will lead the camp. What's your Limit? We would like to find out.

Varsity basketball players will also interact, teach, and encourage each camper. The camp will focus on basketball fundamental skills in the areas of passing, dribbling, shooting, rebounding and defense. Skills used throughout the camp will be challenging, competitive and fun. This camp is a great opportunity to prepare for the upcoming basketball season. It also meets needs if trying basketball for the first time.

## **4 Day Camp Dates (based on 2019-2020 grade level) Enter Door A**

Grades 1 & 2 July 29 - Aug 1 (MTWTH) 6:00pm – 7:30pm at ERHS Fieldhouse

Grades 3 & 4 July 29 - Aug 1 (MTWTH) 7:30pm – 9:00pm at ERHS Fieldhouse

Grades 5 & 6 August 5 - 8th (MTWTH) 5:00pm – 7:00pm at ERHS Fieldhouse

Grades 7 & 8 August 5 - 8th (MTWTH) 7:00pm – 9:00pm at ERHS Fieldhouse

Cost: \$50 (1<sup>st</sup> – 4<sup>th</sup> Grade) \$60 (5<sup>th</sup> – 8<sup>th</sup> Grade) (Family Max: \$125)

Make checks payable to: No Limits Basketball Camp

Registration Deadline : July 22nd (Registrations will be taken at the door, but no t-shirt guarantee unless registration is received by July 22nd)

Mail Registration and Payment to: 6428 Manchester Avenue NE Otsego, MN 55301.

Any questions please contact Brian at 612-387-0055 or [brian.gilbertson@isd728.org](mailto:brian.gilbertson@isd728.org)

Name: \_\_\_\_\_

Grade (2019-2020): \_\_\_\_\_ Phone (C): \_\_\_\_\_

Youth T-Shirt Size (Circle One): M L Adult T-Shirt Size: S M L XL

Medical Condition or Allergies: Yes or No If Yes, Please Explain \_\_\_\_\_

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I hereby confirm that my child is in good physical health and may participate and compete in vigorous physical activity. I authorize No Limits Staff to secure emergency medical treatment deemed necessary and release No Limits Camp and staff from any liability for injuries or damage of any kind sustained by my child at No Limits Camp.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_