

Plymouth Regional Huskies Medical Clearance Form

Must be Completed, Signed, & Dated by Licensed State Examiner after January 1, Current Year

The following are examples of skills and abilities that a participant needs to have:

Cheer participant needs ability to support team members in a pyramid/stunt, lifting or pulling a team member up over their shoulders, pulling or lifting themselves up on another teammate, coordination to move in unison, able to be in cold weather, and to be able to stand for duration of 2-3 minutes for competition, follow direction of coaches.

Football participants need physical contact, short bursts of running, balance and coordination, leg and arm strength, and able to be in cold weather, follow direction of coaches. The section below must be complete and signed by any Licensed State Examiner: (i.e., Medical Doctor, Registered Physician Assistant, Registered Nurse Practitioner, etc.) so that the candidate is physically fit.

<p><i>I, hereby swear and attest, that I am licensed by the state and qualified in determining that: (Childs Name:) _____ is physically fit and I have found no medical or observable conditions which would contra-indicate him/her from participating in youth flag football, tackle football, cheer, dance, or athletic activities. I am therefore clearing this individual for athletic participation.</i></p>	
<p>Childs information on file: <i>To be completed by the Licensed State Examiner signing this form.</i></p> <p>DOB: _____</p> <p>Street Address: _____</p> <p>Town/City: _____ State: _____ Zip Code: _____</p>	
<p>Signature & Date: <i>(Must be dated after January 1st, current year)</i></p>	<p>Please Print - or - Use Office Stamp Here: <i>Print Name Clearly - Including Office Address:</i></p>