

SPECIFIC CRITERIA TO MEET FOR MOVE UP 10U TO 12U DIVISION

PLAYER NAME: _____ DATE OF ASSESSMENT: _____

COMPLETED BY: _____ MOVE UP: YES OR NO

Skating

Hockey Stops

- Two passes with stops at both blue lines and center ice: Yes / No
- Clean stops at 6 of 6 positions on each skate, ready position: Yes / No
 - Right Side: Yes / No
 - Left Side: Yes / No
 - Backward: Yes / No

Backward Skating

- Skate backwards from center ice to goal line: Yes / No
- Initiate backward skating from stop (ready) position: Yes / No
- Execute 180 degrees to backward skating with no more than 1 falls in 6 tries: Yes / No

Forward Crossovers

- Good crossovers on figure 8's around two face-off circles both ways: Yes / No
- Able to skate two circles, transitioning from forwards to backward skating with puck (face up ice) and must display ability for backward crossover in both directions: Yes / No
- Able to complete clean pivot turn with puck, in both directions, and must not lose control of the puck on more than 3 of 8 pivots: Yes / No
- Able to glide on one skate and execute a weave through cones – both skates: Yes / No
- Backward skating ability must allow player to stay with puck handler one-on-one from blue line in (use mid-skill level skater from division for drill): Yes / No
- Able to sprint to center ice and back with top one half of division: Yes / No

Puck Control

- Able to carry puck through a three-cone weave – does not lose control of puck more than once while completing the 2 sets of “weaves” (going and coming): Yes / No
- Able to show some ability to attack the triangle with head or shoulder shift in one-on-one attack (deke): Yes / No
- Able to demonstrate control and ability to attack by changing speed in one-on-one attack – use slip through or under to beat defenseman: Yes / No
- Able to use boards to make pass to self around cone and maintains control 3 of 4 times: Yes / No

Passing and Receiving

- Make cross ice pass on forehand and backhand, five times each, and puck must hit a 5' gap in cones – at least 3 of 5 times each: Yes / No
- Able to receive and control pass from coach with stick 4 of 5 times: Yes / No
- Able to receive and control pass from coach with skate 4 of 5 times: Yes / No
- Able to execute one touch pass to coach 3 of 5 times: Yes / No

Shooting

- Able to hit net with wrist shot from top of face-off circles 4 of 5 times: Yes / No
- Able to hit net with snapshot from top of face-off circles 4 of 5 times: Yes / No
- Able to lift puck to top half of net on both forehand and backhand shot 4 of 5 times: Yes / No
- Able to show some ability to deflect pass/shot from coach: Yes / No
- Able to execute one-time shot from pass 3 of 5 times: Yes / No

Goalkeeping

- Basic stance: Yes / No
- Parallel shuffle: Yes / No
- Lateral T-glide: Yes / No
- Forward and backward moves: Yes / No
- Stick save: Yes / No
- Body save: Yes / No
- Glove save: Yes / No
- Recovery: Yes / No
- Leg save: Yes / No
- Stacking pads: Yes / No
- “V” drop: Yes / No
- Rebounds: Yes / No

Evaluator Comments:

OCHA/MAHA Indemnification Agreement-Player Move-Up Effective September 28, 2020

To the extent authorized by the laws of the State of Michigan, I/We, _____ parent(s)/legal guardian(s) of _____, minor, shall indemnify and hold the Michigan Amateur Hockey Association and/or OCHA and its officers, directors, and agents, harmless from and against any and all claims, demands, damages, liabilities and costs incurred by the Michigan Amateur Hockey Association and/or OCHA which directly or indirectly result from, or arise in connection with, any act or omission of the Michigan Amateur Hockey Association and/or OCHA pertaining to the approval of minor, to participate at the _____ level for the season.

Signature of Parent(s)/Guardian(s)

Relationship to minor _____

Date Signed _____

Team Name _____

Association _____