

NATIONAL SPORTS CENTER – FALL 1

LEARN TO SKATE PLUS (LTS+) and ISI FREESTYLE CLASSES

Tuesday Learn to Skate PLUS (LTS+) On Ice Class

We will introduce many basic skating skills from various levels as well as introduce beginning jumps & spins. Skaters must have passed the ISI ALPHA test to participate in this class. The LTS+ program is for Learn to Skate students who are interested in adding additional training to their group class or private lessons to fast track through the learn to skate levels, and introduce skills more specific to figure skating sooner than the traditional learn to skate program. For this session we will waive the requirement that participants must also be enrolled in LTS classes or private lessons.

Tuesday ISI On Ice Freestyle Class

Group class for skaters who have passed at least the ISI Delta class.
Class levels Freestyle 1 – 4, skaters will be grouped by ISI Freestyle level

Tuesday FALL 1
September 15, 22, 29, October 6, 13 (a new session will start October 20)
6:15 – 7 p.m.
Fee: \$75
Rink #3

Skaters will be assigned a locker room (in Rink 3) to get skates on and leave belongings. Face coverings are required while in the building except while on the ice. Skaters will be able to enter the building 15 minutes prior to the class and ONE parent/guardian may enter with them to help tie skates. The parent/guardian must exit the building during class time as spectators are not allowed at this time during practice sessions.

- ◆ **There will be no refunds or session exchanges for ice sessions purchased September 15 – October 13, 2020**
- ◆ **Our facility is working in accordance to the guidelines provided by the Minnesota Department of Health. Please see the Superrink website for the latest guidelines.**
- ◆ BOTH waivers must be SIGNED and brought with your skater to the first sessions they skate, or emailed. **If you completed the waiver for ice time June 1 – August 28, 2020 you do not need to fill out another waiver.**
- ◆ This class will be filled on a first come first serve basis (25 skater/coach limit on full ice). Registrations will be accepted from August 20 – 30, 2020 for participants who were part of our Spring 2020 program. To register during this registration window, please call or email Anna Leik.
- ◆ On-line enrollment will start August 31 at 10 a.m. Registration will close once the class reaches capacity.

Anna Leik

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