



Iowa/USA Wrestling Junior and 16U National Qualifying procedures

Any Iowa/USA wrestler interested in qualifying for the boys Junior and 16U National Tournament in Fargo, ND, will have two chances to qualify this year. Individuals may qualify from the state tournament at Southeast Polk High School May 8-9. The top four place winners at each weight class in each style will qualify. Wrestlers must compete at Fargo at the weight they qualify for from the state tournament.

The second opportunity to qualify for Fargo will be at Ankeny Centennial at the Last Chance Qualifier on June 5th. This tournament will take the top 2 finishers at each weight and style. There will be a wrestle back for a true 2nd at this tournament. Again, wrestlers must compete at the national tournament at the same weight they qualified for at this tournament. A wrestler who qualified at the State tournament but wants to switch weights, would need to qualify again at the Last Chance Qualifier. Wrestlers competing at the Last Chance Qualifier will only be allowed to compete in one style at this tournament.

Please note, the regional tournaments are not automatic qualifiers for this competition season. Regionals will still be used for separation criteria in Fargo and points at the National Duals.

Questions, please contact Iowa/USA wrestling state chair, Mark Reiland at iowausawchair@gmail.com