



LAKEVILLE NORTH

VOLLEYBALL

FIND A WAY

Panther Volleyball 2020

≡ 2020 LAKEVILLE NORTH VOLLEYBALL

A NOTE FROM COACH JACKIE

*Panthers, Look how far we have come! If plan A doesn't work out, the alphabet has 25 more letters, so continue to **Find A Way** through every challenge and success both on and off the court in 2020. I am proud of your resiliency and adaptability throughout this historic season. You continue to demonstrate strength and poise through repeated challenges and transforming conditions. Taking this personal and program growth onto the court will only make the 2020 season that much more memorable. A Chinese proverb states that 'those who say it cannot be done should not interrupt those who are doing it.'*

Thank you coaches, boosters, parents, athletes, the LNHS administration and all the LN volleyball supporters for your relentless commitment to this memorable 2020 season. Go Panthers!!!

CAPTAIN'S CORNER

We are so excited for this unexpected season restart. This team has dedicated their time, talent, and energy all summer long attending ETS strength training, Panther Volleyball Camp, and fall training sessions. Everyone has shown an immense amount of hard work and growth throughout the past 4 months. It is clear we have a great program, and a strong group of girls. We cannot wait to see what the future holds for this volleyball season.

Continue to be the best version of yourself, and push the people around you. We are ready for a great season!

2020 FIND A WAY!

Ella, Abbey, and Maddy



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2020 LAKEVILLE NORTH VOLLEYBALL



Head Coach Jackie Richter, Assistant Coaches Taylor Hall, and David Laufenburger

VARSITY ROSTER

No.	Name	Pos.	Hgt.	Yr.	No.	Name	Pos.	Hgt.	Yr.
1	Ella Wheatcraft	LIB	5-7	Sr.	7	Abby Jandro	S	5-9	Jr.
2	Maddy Hornyak	OH	5-10	Sr.	8	Savannah Polzin	OH	5-7	Sr.
3	Lexie Petrick	RS/DS	5-7	Sr.	9	Emma Strozewski	OH/DS	5-9	Sr.
4	Ella Thompson	MB	6-1	Sr.	10	Kaitlynn Peterson	OH/RS	5-11	Jr.
5	Bailey Leeke	RS	5-10	Jr.	11	Abbey Milner	MB	6-3	Sr.
6	Sidney Wissbrod	DS	5-6	So.	13	Ava Blaszczek	S	5-8	So.
					15	Justine Bastyr	RS	6-3	Sr.

STATE TOURNAMENT HISTORY

State Championships:

2010, 2012, 2017

State Runner—Up:

1987, 1990, 2003, 2004, 2006, 2011

State Tournament Appearances:

1987, 1990, 2002, 2003, 2005, 2006, 2007, 2010, 2011, 2012, 2017, 2019

All Tournament Team:

2002—Vanessa Brown, Shelby Henriksen, Nicole Ulrich
 2004—Marlow Bruneau, Sarah Helson
 2005—Laura Barsness, Kelsey Brandl
 2006—Kelsey Brandl, Amy Braun
 2007—Kelsey Brandl, Amy Braun, Taylor Fieldsted
 2010—Alyssa Goehner, Kellie McNeil, Taylor McNeil
 2011—Alyssa Goehner, Sami Flattum, Jessica Wolff
 2012—Alyssa Goehner, Sami Flattum, Erica Handley
 2017—Kennedy Brady, Elizabeth Juhnke, Macy Winter
 2019—Halle Wolfe



2017 State Champions

Jackie Richter - Varsity Head Coach

Lakeville North head coach Jackie Richter is in her seventh season at the helm of the Panther program, following a 2017 Class 3A State Championship and fifth place in 2019. Along with being named the Section 1AAA Coach of the year in both 2016 and 2017, Jackie was named the Class AAA Coach of the Year in 2017. She earned her coaching license while attending the U of MN and began her high school coaching career immediately after graduation, taking over at Minneapolis Southwest in 2004, where she posted a winning record in each of her 10 seasons, including five 20-win seasons while compiling a record of 190-87. Jackie then came to Lakeville North, which had won its second Class AAA state title in three years, two seasons before her arrival. In 2008 Jackie joined the coaching staff at Northern Lights. She led her teams to AAU National Championships in 2009 and 2011, a National runner-up finish (2012), a Denver Crossroads Qualifier Championship (2011), two Northern Lights Qualifier Championships (2015,2016), 2nd place in USJO Nationals in Anaheim in 2018, and the club's only International Championship (2012) in Falconara, Italy. She and her husband Chad are the parents of four children; sons Tori (12) Riley (7) Jordan (1) and daughter Josie (10). They along with their family dog, Yogi, reside in Eagan.



Taylor Hall - Assistant Varsity Coach

Taylor graduated from Lakeville North High School where she played for coach Milan Mader from 2004-2007 and made four state tournament appearances. She played seven years of club volleyball for our LN Jrs, M1 and MN Select. Taylor graduated from Concordia University where she was a 4-time conference and National Champion as a Libero. From 2009-2012 Taylor was an assistant coach for Mizuno Northern Lights. In 2013, she was the Assistant Varsity Coach at Lakeville South High School. Taylor joined the LNHS coaching staff in 2014 where she helped lead the 2017 team to a state title. Taylor is a wife, a mother of two, and an Investigator/Senior Administrative Assistant in the Department of Community Corrections and Rehabilitation for Hennepin County. This will be Taylor's seventh season with LNHS.



Megan Williams - Head JV Coach

Megan graduated from Eagan High School. She played six years of club including three years with Northern Lights as a player. Megan graduated from Iowa State University with a bachelor's degree in Elementary education. She has 10 seasons as a head, and assistant coach for the Northern Lights club program in Burnsville. She's been an Assistant Varsity coach at both East Ridge and Eastview High Schools. This upcoming school year will be Megan's fifth year at Lake Marion Elementary School as a fourth-grade teacher and her fifth season with us at North. She is getting married in November and will be Megan Olson.



David Laufenburger - Assistant Varsity and JV Coach

David and his wife Kim have lived in Lakeville for 19 years and have three children. David completed 21 years of teaching math (and second year in ISD194) this past year. His volleyball career started in the late '90s playing for UW-Eau Claire. After graduation, he began coaching high school girls in 1999. Since then, he has coached at all levels of high school in the South Suburban Conference (SSC), including three years as the Head Coach of Eastview High School. This will be David's third season with our program at Lakeville North.



Brooke Swenson- 10A Coach

A 2009 Lakeville North graduate is joining the Panther coaching staff this year. Starting volleyball as a freshman in the Panther program, she ended her career with two volleyball letters and was a member of the 2007 Lake Conference Championship team, making the Class AAA state tournament where her team took third place. Throughout high school, she played club volleyball for Northern Lights, taking second place at nationals (2006) and Minnesota One. Swenson attended Augustana University, where she played four years as a Middle Blocker/Right Side Hitter. As a freshman, she started her coaching career and in her 9 years of coaching so far, she has experience with 12's-18 from a local to JO level. Most recently, she has been a part of the Lakeville North Juniors program as the 12 Black's assistant coach with head coach Jackie Richter. Swenson graduated college in 2013 with a double major in Business and Sports Marketing. Married to Charles, she currently works in marketing at Post Cereals



Bonnie Sperbeck - 9A Coach

Bonnie graduated from Mayer Lutheran High School (where her team won the Class A State Volleyball Championship) and continued her volleyball career at Mankato State University. She graduated from Mankato State with a Master's degree in Health Education, a Bachelor's of Science in Physical Education and minors in Health and Developmental Adaptive PE. She was the Varsity coach at Mayer Lutheran from '89-'94 and from '94 until today she has been coaching at Lakeville schools. She has coached juniors since 1990 and this is her 9th season as a head coach for Mizuno Northern Lights (13-1s). She is married with two daughters-Sarah and Anna who both attend Grand Canyon University in Phoenix, AZ. She has been a PE teacher for the past 29 years and currently works at KTMS teaching 6th and 7th grade PE. This will be Bonnie's second season with our LNVB coaching staff.



Brett Johnson - 9B Coach

Graduated from Robbinsdale Cooper High School. Thereafter, continuing his education, he Graduated from the U of MN in '88 with a Bachelor of Science in Business/Accounting. Brett's interest in volleyball started at the U where he played on an intramural team and in Korea where he watched the '88 Olympic team win the gold medal. Brett coached at Minnetonka High School in '94 and '95, at Lakeville North in 2012 and 2013, Century Middle School and was a co-head coach for the LN boys volleyball team 2017-2019. Brett is a realtor for Edina Realty and this will be his third season with our team.





Panther Varsity Game Schedule

Friday October 9 @ Eagan
 Tuesday October 13 @ Rosemount
 Thursday October 15 vs. Lakeville South (Home)
 Monday October 19 vs. Shakopee (Home) Senior Night
 Wednesday October 21 vs. Prior Lake (Home)
 Monday October 26 @ Apple Valley
 Wednesday October 28 vs. Burnsville (Home)
 Wednesday November 4 vs. Rosemount (Home)
 Friday November 6 @ Farmington
 Monday November 9 vs. Eastview (Home)
 Wednesday November 11 @ Lakeville South
 Tuesday November 17 @ Shakopee
 Thursday November 19 vs. Eagan (Home)
 Monday November 23 @ Prior Lake

All Matches 7pm

Conference Games

Section 1AAA
 December 1st,
 3rd, 8th, and
 11th

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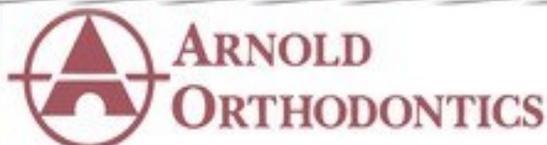
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11 Abbey Milner

Position: Middle Blocker, Captain

Parents: Heidi Kolden and Dean Milner

Plans after graduation: Attend Creighton University to play volleyball and hoping to go premed.

I will always remember: Ball wrestling over MEA weekend!

What has volleyball taught you: Volleyball has taught me to be a leader and make my life the best I want it to be.

Senior year goals: To have fun and live in the moment.

Favorite meal or dessert: Taco salad and cheese-cake

Three favorite apps on your phone: FaceTime, Instagram, and Chipotle app.

What or who make you laugh: Any Kevin Hart movie.

What have your coaches taught you: My coaches have given me so much, they have taught me to be a better version of myself everyday, to not back down from the sharks, and to make my bed everyday!

How would family and friends describe you: Funny, caring and curious.

What are some things you can't live without: My Bible, my cat Chi Chi, and volleyball of course.

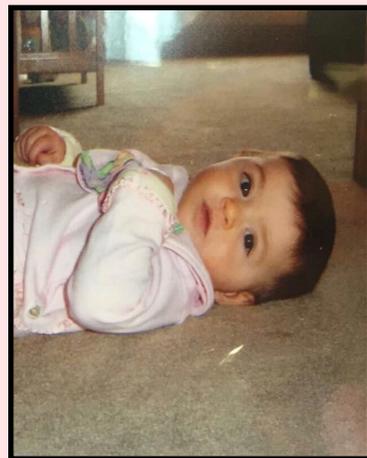
Favorite sport team: Packers

One thing on your "bucket" list: Sailing in Greece.

Advice for younger players: Take in every moment because they don't last long. Give everything you have even when you don't think you can give anymore. Always be grateful for where your feet are planted.

Message to my parents: I could not have done anything without you both. You amaze me everyday and I love you with my whole entire heart. Thank you for pushing me and loving me through everything.

CHOCOLATE OR VANILLA: **VANILLA**
 CRUSHED ICE OR CUBED: **CRUSHED**
 PEN OR PENCIL: **PEN**
 SPICY OR MILD: **SPICY**
 FICTION OR NON FICTION: **FICTION**
 TRUTH OR DARE: **DARE**
 BOARD GAMES OR VIDEO GAMES: **BOARD**
 SILVER OR GOLD: **GOLD**
 BAGELS OR WAFFLES: **BAGELS**
 FRUITS OR VEGGIES: **FRUIT**
 TWITTER OR INSTAGRAM? **INSTAGRAM**



4 Ella Thompson

Position: Middle Blocker

Parent's names: Steve and Kari Thompson

Plans after graduation: I will be furthering my education, volleyball career, and joining my sister (Alum) at South Dakota State University.

I will always remember: The game day energy of the Panther gym. This is my happy place.

What has volleyball taught you: Patience, and eye for new things, being social, new opportunities come at anytime, and appreciation.

Senior year goals: Give my all, leaving this program having made a difference.

Favorite meal or dessert: Pasta and Vital Nutrition shakes.

Three favorite apps on your phone: Snapchat, Instagram, Apple Music.

What have your coaches taught you: Love the game and how to be a good teammate.

What or who makes you laugh: Abby J & Ella W.

How would others describe you: Energetic, funny, tall (I get that a lot).

What are some things you can't live without: Vital Nutrition and my sister.

One thing on your "Bucket" list: Visiting Hawaii and skydiving.

Advice for younger players: Trust the process. Where you start is not where you finish.

Message to my parents: I can never thank you guys enough. My Dada for being my constant support, and hype man. For never letting a day go by without telling me how beautiful I am and how tall I've gotten or how much of a stronger player I've become. To my mommy for being a listener, big hug giver, supportive back rubbing, BEAUTIFUL, constant person in my life. Thank you for working your tail off in the boosters to make things happen. Thanks for when you were a lunch lady and gave me free cookies. Thank you for loving me, taking care of me, and giving me everything. I'm beyond grateful, and I LOVE YOU GUYS!

CHOCOLATE OR VANILLA: **BOTH**
 CRUSHED ICE OR CUBED ICE: **CRUSHED**
 PEN OR PENCIL: **PENS**
 SPICY OR MILD: **MILD**
 FICTION OR NON FICTION: **FICTION**
 TRUTH OR DARE? **DARE**
 BOARD GAMES OR VIDEO GAMES? **BOARD**
 SILVER OR GOLD? **GOLD**
 BAGELS OR WAFFLES? **WAFFLES**
 FRUITS OR VEGGIES? **FRUITS**
 TWITTER OR INSTAGRAM? **INSTAGRAM**



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"Our Panther Volleyball program is proud of our success on the court. Just as important to us is the success of our girls off the court. Our players participate in year-long leadership training and take an active part in charitable services. Every season our program volunteers at Feed My Starving Children and in 2019, we packed 28,080 meals."

— Jackie Richter, Head Girls Volleyball Coach

Seniors

2020 LAKEVILLE NORTH VOLLEYBALL



2 Maddy Hornyak

Position: Outside Hitter, Captain
Parents: Chris and Sarah Hornyak
Plans after graduation: Playing volleyball at the University of North Dakota, Majoring in physical therapy.
Honors: 3 All American Awards
I will always remember: The good times spent with family and friends along with the competitive spirit we had in the gym.

What has volleyball taught you: How to push myself through challenges because you never know what you are capable of accomplishing.

Senior year goals: My goal is to make the most of our senior year.

Favorite meal or dessert: Teriyaki chicken with mini potatoes and green beans. A side of fruit and a sparkling water, best pre game meal.

Three favorite apps on your phone: Instagram, Snapchat, and Twitter

What or who makes you laugh: My friends and family always make me laugh.

What have your coaches taught you: Never give up. Push my limits and always reach for the next level. There is no ball that is untouchable if you give your max effort.

How would family and friends describe you: Positive and happy. Peppy once described by The Jackie Richter.

What are some things you can't live without: My Family, they are my biggest joy!

Do you have any superstitions: Gameday Starbucks

Do you have any favorite sports teams or athletes: Go Hawks! University of North Dakota

One thing on your "bucket" list: Traveling the world with the people I love.

Advice for younger players: Don't take anything for granted. Cherish your time on and off the court with your teammates. Give your all everyday, while being the best player and person you can be. Smile!

Message to my parents: I would like to thank you for all the endless love and support on and off the court. Without you guys I would not be who I am or where I am today. Thank you for always being there for me, I love you to the moon and back.

CHOCOLATE OR VANILLA: **CHOCOLATE**
 CRUSHED ICE OR CUBED: **CRUSHED**
 PEN OR PENCIL: **PENCIL**
 SPICY OR MILD: **MILD**
 FICTION OR NON FICTION: **FICTION**
 TRUTH OR DARE: **DARE**
 BOARD GAMES OR VIDEO GAMES: **BOARD**
 SILVER OR GOLD: **SILVER**
 BAGELS OR WAFFLES: **BAGELS**
 FRUITS OR VEGGIES: **FRUITS**
 TWITTER OR INSTAGRAM: **INSTAGRAM**



#1 Ella Wheatcraft

Position: DS/Libero, Captain
Parent's names: Amy and Aaron Wheatcraft
Plans after graduation: Attending the University of St. Thomas to play volleyball. My major is undecided, but something in the medical field.
Honors: JAV Watchlist player 2018-2020, National Honors Society
I will always remember: The moment I found out I made Varsity for the first time.

What has volleyball taught you: Volleyball has taught me to go out of my comfort zone. Always push myself to do more than I think I can.

What are your goals for your Senior Year: I want to be the best leader I can be for the team and lead by example. I also want to finish out the school year strongly to be ready to move on to the next steps in my life.

Favorite meal or dessert: Enchiladas or Tacos.

Three favorite apps: Instagram, Snapchat, Tik Tok
What or who makes you laugh: My friends, family and teammates

Organizations you enjoy: Faith Club and NHS.

What have your coaches taught you: My coaches have taught me to always believe in myself, and to be a leader in everything I do. Challenge myself and push my comfort zone to accomplish great things.

How would others describe you: Hardworking, kind, silly, and honest

What was your favorite Halloween Costume: Little Red Riding Hood and my dog was the wolf.

What are some things you can't live without: My family and my dogs.

Any favorite sports teams or athletes: I love to watch the Vikings and Gopher Volleyball.

One thing on your "Bucket" list: I want to go skydiving in Hawaii.

Advice for younger players: My advice for younger players is to learn to trust the process in volleyball and life. Not everything will work out, and life will bring you challenges. Work hard and good things will come.

Message to my parents: Thank you for always believing in me, and helping me be the best version of myself. I am so grateful for everything you have done for me and supporting me at everything I do. I love you guys and am so blessed to have you as my parents. Love you <3

CHOCOLATE OR VANILLA: **CHOCOLATE**
 CRUSHED ICE OR CUBED ICE: **CRUSHED**
 PEN OR PENCIL: **PENCIL**
 SPICY OR MILD: **MILD**
 FICTION OR NON FICTION: **FICTION**
 TRUTH OR DARE? **TRUTH**
 BOARD GAMES OR VIDEO GAMES? **BOARD**
 SILVER OR GOLD? **GOLD**
 BAGELS OR WAFFLES? **BAGELS**
 FRUITS OR VEGGIES? **FRUIT**
 TWITTER OR INSTAGRAM? **INSTAGRAM**





2020 LAKEVILLE NORTH VOLLEYBALL

Seniors



15 Justine Bastyr

Position: Right Side Hitter
Parents: Connie and Ed Bastyr
Plans after graduation: I plan to study accounting.
Honors: 2017 AAU All American, 2017 LNHS championship and 2019 5th place teams. 3 time letter winner for academics and 1 year volleyball.

What has volleyball taught you: Volleyball has taught me the importance of relying on and trusting your teammates. Everyone on the team plays such an important role in the overall success.

Senior year goals: To enjoy my last year here at North as much as I can.

Favorite meal or dessert: Grilled Cheese
Three favorite apps on your phone: Spotify, YouTube & Twitter.

What or who make you laugh: My friends
What have your coaches taught you: My coaches have taught me to work hard and that we are capable of more than we think.

Favorite Sports team: Gopher Volleyball
Activities: Fashion Institute of Design and Merchandising club, Drawing and Art.

Favorite Halloween Costume: When I was a baby I was a dalmatian, and my brothers were firemen.

How would family and friends describe you: Kind, hardworking, and responsible.

What are some things you can't live without: Family, Friends, and my phone.

Do you have any superstitions: I have to put my left shoe on first.

One thing on your "bucket" list: Travel Europe.
Advice for younger players: Work hard and enjoy your time at LNHS because it goes by really fast. I can't believe I am already a Senior!

Message to my parents: Mom and Dad thank you for all you have done over the years! I really appreciate all your support, and I already know I will miss you a lot when I head off to college next year!

CHOCOLATE OR VANILLA: **VANILLA**
 CRUSHED ICE OR CUBED: **CUBED**
 PEN OR PENCIL: **PENCIL**
 SPICY OR MILD: **MILD**
 FICTION OR NON FICTION: **FICTION**
 TRUTH OR DARE: **TRUTH**
 BOARD GAMES OR VIDEO GAMES: **BOARD**
 SILVER OR GOLD: **SILVER**
 BAGELS OR WAFFLES: **WAFFLES**
 FRUITS OR VEGGIES: **FRUITS**
 TWITTER OR INSTAGRAM? **TWITTER**



8 Savannah Polzin

Position: Outside Hitter
Parent's names: Michelle and Mark Polzin Van-Waes
Plans after graduation: To graduate college with a degree in exercise science.
Honors: Honor role, 2017 LNHS championship and 2019 5th place teams, lettered in volleyball 2019.

I will always remember: To put your heart and soul into everything you do.

What has volleyball taught you: To be a fierce competitor and always give to the people around you.

Senior year goals: To finish the year strong and have fun. Not to take anything for granted.

Three favorite apps on your phone? Instagram, Messages, Tik Tok.

Favorite meal or dessert: Lasagna
What or who makes you laugh: My Grandma
Activities or organizations you enjoy: Best Buddies and golf.

What have your coaches taught you: You can measure height, but you can't measure heart.

How would others describe you: Honest, good listener, ambitious, funny.

What was your favorite Halloween Costume: Gabriella Montez in High School Musical.

What are some things you can't live without: Family, friends, and my blanket.

Do you have any superstitions: I always put on my left sock first.

One thing on your "Bucket" list: Visit Bora Bora.

Advice for younger players: Do not give up when things get hard. Believe in yourself, and be in the moment.

Message to my parents: Mom, thank you for always believing in me. You have always pushed me to do my best, and stand up for what I believe in. I would not be the person I am today if it wasn't for you. I love you forever, I like you for always as long as I'm living my mommy you'll be.

CHOCOLATE OR VANILLA: **CHOCOLATE**
 CRUSHED ICE OR CUBED ICE: **CRUSHED**
 PEN OR PENCIL: **PEN**
 SPICY OR MILD: **MILD**
 FICTION OR NON FICTION: **FICTION**
 TRUTH OR DARE? **DARE**
 BOARD GAMES OR VIDEO GAMES? **BOARD**
 SILVER OR GOLD? **SILVER**
 BAGELS OR WAFFLES? **WAFFLES**
 FRUITS OR VEGGIES? **FRUITS**
 TWITTER OR INSTAGRAM? **INSTAGRAM**





#3 Lexie Petrick

Position: Right Side / DS

Parents: Amy and LeRoy Petrick

Plans after graduation? I plan to attend St. Catherine's University, where I will major in dietetics and continue my volleyball career.

I will always remember: My teammates, coaches, and family for supporting and encouraging me.

What has volleyball taught you: Volleyball has taught me that hard work pays off, and to try new things because you never know what might happen.

Senior year goals: My goals for my senior year are to enjoy the little things, and make the best out of anything that comes my way.

Other activities: Model United Nations, Spanish Club, and I a peer tutor. I also disc golf with my family, even competed in a few tournaments this year.

Favorite meal or dessert: Homemade pizza

Three favorite apps on your phone: Netflix, Spotify, and Snapchat.

What or who make you laugh: My friends and family make me laugh the most.

What have your coaches taught you: To step outside my comfort zone in order to try new things, and they taught me that hard work pays off.

How would family and friends describe you: Easy going, funny, and positive.

What are some things you can't live without: Family & Friends.

What was your favorite Halloween Costume?

Pink Panther, because a lot of the houses I went to told me that they liked my costume so much they gave me extra candy.

One thing on your "bucket" list: Travel out of the country.

Advice for younger players: Work hard, have fun playing, be open to anything that comes your way, and be willing to adapt.

Message to my parents: Thank you for always supporting me no matter what I am doing, and always being there for me when I need you!

CHOCOLATE OR VANILLA:

VANILLA

CRUSHED ICE OR CUBED:

CUBED

PEN OR PENCIL: **PENCIL**

SPICY OR MILD: **MILD**

FICTION OR NON FICTION:

FICTION

TRUTH OR DARE: **TRUTH**

BOARD GAMES OR VIDEO

GAMES: **BOARD**

SILVER OR GOLD: **SILVER**

BAGELS OR WAFFLES:

WAFFLES

FRUITS OR VEGGIES:

FRUIT

TWITTER OR INSTAGRAM?

INSTAGRAM



#9 Emma Strozewski

Position: Outside Hitter / DS

Parent's names: Sheri Peterson and Joel Strozewski

Plans after graduation: Play volleyball for Ohio Northern University and plan to study biology.

Honors: National Honor Society 2 years
Presidential academic award

Senior year goals: To do well in the classroom, push myself to be better on the volleyball court, and enjoy my last year of high school with my friends.

Three favorite apps on your phone? Netflix, Spotify, Snapchat

I will always remember: When there was a huge spider in the gym, and Megan put a cone over it because she was too scared to kill it. Jackie comes over and stomps on it and walks away like it's nothing!

What has volleyball taught you: to always give effort into everything. Failure is OK because it means your improving.

Favorite meal or dessert: Cannoli

What or who makes you laugh: My friends

Activities or organizations you enjoy: NHS, Faith Club, and Table Tennis

What have your coaches taught you: So much more than volleyball, they have taught me how to manage my time well. If your not early, your are late (very important one) and to push myself to be better everyday.

How would others describe you: Kind, funny, helpful, organized

Do you have any superstitions: My hair tie always has to be wrapped 3 times before I play.

One thing on your "Bucket" list: Travel the world.

Advice for younger players: Take in every moment and make the most of your time left. Push yourself and others around you to be better everyday. Work hard to reach your goals!

Message to my parents: I cannot thank you enough for the countless hours you have put into helping me to get where I am today. All the late night meals, drives to practice, pep talks, and post match hugs wil forever be appreciated. I love you both so much!

CHOCOLATE OR VANILLA:

CHOCOLATE

CRUSHED ICE OR CUBED

ICE: **CRUSHED**

PEN OR PENCIL: **PENCIL**

SPICY OR MILD: **MILD**

FICTION OR NON

FICTION: **FICTION**

TRUTH OR DARE? **DARE**

BOARD GAMES OR VIDEO

GAMES? **BOARD**

SILVER OR GOLD? **GOLD**

BAGELS OR WAFFLES?

BAGELS

FRUITS OR VEGGIES?

FRUITS

TWITTER OR INSTAGRAM?

INSTAGRAM



2020 LAKEVILLE NORTH VOLLEYBALL



PANTHER JV TEAM - Coaches Megan Williams & David Laufenburger

FRONT ROW

- 1 Chloe Conner
- 6 Kate Bergsten
- 9 Hannah Rich

MIDDLE ROW

- 3 Carlyn Holland
- 8 Sydney Carlson
- 10 Brooke Zweber
- 14 Emily Ramsay

BACK ROW

- 5 Sydney Timm
- 2 Lexi Barrieau
- 7 Abigail Wherland

BACK ROW

- 11 Abby Kelly
- 12 Ella Matheis

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2020 LAKEVILLE NORTH VOLLEYBALL



PANTHER 10A TEAM - Coach Brooke Swenson

FRONT ROW

14 Sammy D'Arrigo
6 Madi Renz
16 Chanel Shroyer

MIDDLE ROW

8 Gretchen Gebhard
2 Ava Firm
4 Emily Patullo
5 Macie LeMere

BACK ROW

13 Carolyn McNutt
3 Rachel Stoltman
11 Mary Hughes

BACK ROW

10 Aliyah Driver
7 Sarah Hughes



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Mike Butler

Janis Goehner

A special thank you to a few of our LN Junior Program Coaches

2020 LAKEVILLE NORTH VOLLEYBALL



PANTHER 9A TEAM — Coach Bonnie Sperbeck

FRONT ROW

6 Kassi Patterson
2 Analise Werwie
9 Teah Major

MIDDLE ROW

3 Addison Craig
5 Abbie Allen
14 Morgan Drent
8 Savannah Grange
11 Erin McLeod

BACK ROW

12 Cadence Engelmann
10 Elle Dahl
7 Lindsay Conner
4 Rayna Christianson
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2020 LAKEVILLE NORTH VOLLEYBALL



PANTHER 9B TEAM - Coach Brett Johnson

FRONT ROW

- 10 Mia Nerison
- 6 Rylee Schoeller
- 5 Peyton Pogue
- 12 Emma Lewis

MIDDLE ROW

- 3 Ilyse Le
- 4 Tanaya Rager
- 8 Elizabeth Fladhammer
- 11 Ella Peter

BACK ROW

- 14 Annika Swenson
- 2 Laina McGunnigle
- 1 Jade Nelson
- 15 Jordyn Bakke
- 13 Kate Montbriand
- 16 Brynn Larson

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