

Matcat F.A.Q. 2021/2022 Folkstyle Season - Begins the Week of November 1st - Ends early April.

Note – Last season saw many changes in wrestling. Each league modified their entire structure to adapt to a new Covid world. We anticipate many of these changes will continue to evolve as we get closer to competition. Rest assured, we'll share all information as it develops. These FAQ are meant to help answer questions, but information is subject to change!

What will my wrestler need for practice?

1. Shorts and a t-shirt (no zippers or metal)
2. Wrestling shoes (Dicks, Dunham's or online, Asics, Nike, Rudis...) Gripper socks (Airtime/SkyZone) will work until you find shoes
3. Headgear
4. Water!!!!
5. Wrestler's need to utilize the hooks in the back hallway for their wrestling bags and street shoes
6. Parents are no longer permitted in the wrestling room during practices. Please be sure to add your cell number to your SportsEngine profile, (more information below).
7. Do not attend practice if your wrestler is ill or has been directly exposed to someone who is.

What practice should my wrestler attend?

Black Practice Group - ages 5-6 years old
Yellow Practice Group - ages 7-9 years old
Blue Practice Group - ages 10-14 years old

Note - Coaches may move a wrestler to a different practice group to provide the best practice experience. Please do not change practice groups without first discussing with a Coach or Board Member. Practice days/times will be released prior to November 1st.

Are the League membership cards included in my Matcat Registration?

Yes! Your **USA Membership card** and **NUWAY (MYWAY)** cards are included in your registration cost.

How do I receive team communication? - We communicate in the following ways -

Note - Please allow up to 24 hours after registering to be added to the team roster allowing full access to the **Website**, **SportsEngine App** and **Facebook** page.

1. **Our Website www.michiganmatcats.com**. Once you are on the homepage you will need to login to have access. Your login is the email address and password you used to register your wrestler. Here you will see the team roster under the Matcats Team tab and staff contact info on the home page along with lots of other info. You can update your wrestlers' information and add a picture, you'll see the team calendar with links to any events or tournaments that come up. ***Note we are still adding information for this season so check back regularly.

2. **Our Sport Engine App**, please be sure to download this today, you will need to log in with email and password used to register your wrestler. Once you have, click "Teams" and the new team will show as "Matcats Team" **If you already have the app from our Folkstyle or Greco Freestyle season, you will see the new team when you click "Teams". The App is used frequently!**
3. **Email**. General info emails usually go out on a Monday, Tournament emails on Tuesday.
4. **Facebook** - Please ask to join our page Michigan Matcats.

NOTE: The parent who registered the wrestler has access to the app, if you would like to add a parent or guardian so they can receive communications please click here for directions to do so, https://community.sportsengine.com/news_article/show/622624.

You can manage your Sport Engine notification settings through the app or on our website.

Is there a way to sell or buy gently used wrestling gear?

Yes! Please ask to join our swap page on Facebook, Matcat Wrestling Gear Buy/Sell/Swap

Are Practices and Tournaments required?

No. We encourage both but it's not required to attend all practices or compete in tournaments.

What is the definition of a Novice (Newer) Wrestler? – Due to Covid these policies may have changed. Each League has their own definition of a Novice (Newer) wrestler. We will keep families updated as new information comes in!

NEMWA - <http://www.nemwa.net/>

MMWA - <http://www.mmwawrestling.com/>

MYWAY - <https://www.mywaywrestling.com/>

What tournaments do we do? – Due to Covid there may be changes to the tournaments we have traditionally done, as well as the possibility of fun new events!

Our Team Calendar will be posted on our Website and App. These are tournaments where we provide coaching. Each tournament will be labeled with what league it is and whether it is "Open" or "Novice" so you can plan accordingly. Please note we do our best to provide coaching, all of our coaches are certified and volunteers. **Click here for Cliff notes on Wrestling Rules - <https://www.michiganmatcats.com/rules>**

I keep hearing about Trackwrestling. What is it?

Trackwrestling.com is used to manage the tournaments we attend. Once the information is available (typically the morning of the tournament) you will be able to view your wrestler's bracket, mat assignment and bout numbers. Our Coaches, Board Members and Parents will be there to help as families get used to Trackwrestling!!

Does my wrestler need a Trackwrestling account?

Yes, but you do NOT need to pay, creating their profile is FREE! First go to Trackwrestling.com and click "Browse" then "search athletes" to be sure your wrestler does not already have a

profile. Then, click "Register" (top right), click "To have a Trackwrestling profile" and create their free account.

How do I register for a tournament?

The Matcat Board handles all online tournament registration.

Every Tuesday you will receive an email with instructions for the week.

Your first step will be to RSVP **(in the APP)** "Yes" or "No" for the tournament by Noon on Wednesday. (If you make a change after this time please email Jamie Honiss at jamiehoniss@gmail.com).

IF we are permitted a home weigh-in those will be held during practice 6:30-8:30pm. Please click here to view our full weigh in procedure, <https://www.michiganmatcats.com/weighin> (you will need to be logged in to view this info).

Payment will be made at weigh-in typically under \$20 depending on the league. Cash, check or charge (\$1.00 fee to charge). (Fees are set by the league, and have not been released yet).

Offsite weigh-ins are typically on Friday nights locations and all details will be emailed to the team.

I would like to be a Coach, how do I become certified?

Please email Coach Shinkonis at shinkonisnation@gmail.com to learn more.

I would like to become a Matcat Sponsor! How do I get started?

Please email Sarah Riggs for more information, sarah@sdrfamilylaw.com

Click here to learn more about our Sponsorship, <https://www.michiganmatcats.com/sponsors>.

Are there ways I can reduce my registration cost or receive financial assistance?

Yes! If financial assistance is needed please reach out to South Lyon Youth Assistance they are amazing! 248-573-8189, http://www.slcs.us/youth_assistance.php.

Matcats also offer an incentive if you bring in a Matcat sponsor! Your registration fee will be reduced, or refunded 50% of the sponsorship amount you bring in! Example, \$300.00 registration fee. Bring in a \$250.00 sponsor, get \$125.00 off your registration fee, or refunded. Email Sarah for Jamie Honiss for more info, jamiehoniss@gmail.com.

Are the Matcats a for profit organization?

NO! All of the funds generated from tournaments we host, registration costs and fundraisers are used to enhance and maintain the club. We strive to keep registration costs as low as possible. All of our board members and coaches are volunteers and paying members.