



FIGURE SKATING NEWS

EGF Parks & Rec with Northern Lights FSC

Learn to Skate Update

from our LTS Coordinator

Crazy to think the 2019-2020 Learn to Skate season has already come and gone! It was such a fun season and so many skaters accomplished new and exciting things! Now as we transition into preparing for this year's ice show, All Year Round – March 23 -24, 2019, please keep in mind the show is to celebrate our skaters and all they have accomplished over the past skating season. The Ice Show Committee, Coaches, and East Grand Forks Parks and Rec, have all been working extra hard to insure this year's Ice Show is one to remember! Please keep an eye on your email over the next few weeks for updates about T-shirt/DVD orders, Dibs, and Week of Show Practice times. Thank you again for letting our program help spark a love for skating by being a part of the Learn to Skate program!!!

CONGRATULATIONS LEARN TO OUR SKATE COMPETITORS!

THE FOLLOWING SKATERS COMPETED AT THE NLFSC LTS COMPETITION IN FEBRUARY:

KINZLEY GEORGE
 AVERY LIZAKOWSKI
 QUINN OLSON
 EMBERLY NOYES
 LILLY SIMMONS
 CECE KORYNTA
 CALLIE JOHNSTON
 KIERA TRUEDSON
 JAYNES HANSEN
 TEAGAN LEEHAN
 REESE ABBEY
 KYLIE NOYES
 LINDSAY GAHLON
 ADDY WAWRZYNIAK
 JOSIE WAWRZYNIAK
 KYNZLIE WAWRZYNIAK

— LEARN TO —
SKATE
 — USA —

Individual Skating Update

from our Individual Skating Coordinator

Our individual skaters and competitors had a busy start to 2019. Following the Northern Star competition, many of our competitors traveled to Moorhead, MN to compete at the Red River Valley Figure Skating Competition, Feb. 8-10. Our skaters represented well and for many was the last individual competition of this skating season.

NLFSC hosted a USFS Test Session on March 1-3. The club flew in three judges as well as professional dance partner, Andrew Beck. Our own "dance partner", Mallory Olson, also partnered dances with the lower level dances for practice. It was a successful weekend with one NLFSC member and coach, Aly Boman, passing her last dance, the Westminster Waltz, earning the title of USFS Gold Medalist in Dance, one of the highest testing honors a skater can receive. Aly has been working on achieving this since she started testing as a young tike!

As we near the end our 2018-2019 season, private ice will continue after the ice show at the Blue Line Arena. This is a continuation of our regular private ice. Dates and times will be posted on the arena schedule. There is no additional charge for our current private ice skaters (must have registered via P&R earlier in the season).

CONGRATULATIONS COMPETITORS WHO COMPETED AT THE RRV COMPETITION:

GRAYCIE WELSH
ABBY BATKO
ALLYSON BATKO
JENNA PETERSON
GRACE STASSEN
BROOKE BOMAN
KINLEY ANDERSON
ABBY MCWALTER
QUINN OLSON
KAYLIE BIES
BRIANNA ANDERSON
LEAH JUNDT
GABBY THORESON
GRACIE COULTER
TATUM SPOKELY
AVA LAUGHLIN
AUBRIANNA GARCIA
GRACIE HELLAND
KAELA HELLAND



Synchronized Skating Update

from our Synchro Coordinator

The Intermediate and Open-Juvenile teams traveled to Kalamazoo, MI at the end of January to compete at the Midwestern Synchronized Skating Sectional Championships. Both teams skated with great passion. The Open-Juvenile team placed 1st in their qualifying round, which advanced them into the final round. The Intermediate team hit a new level of 'performance' execution and placed 11th among all Intermediate teams in the Midwest.

All of our competitive teams, SS1, SS2, PJ, OJ, and Intermediate all traveled to Moorhead for the RRV competition in February. All teams had great skates! Results are posted to the right.

With the conclusion of our competitive synchro season, the teams are still practicing and preparing for the ice show as well as spring placements (tryouts). The teams have also been participating in 'cross-over days' which we implemented into our program two seasons ago. 'Cross-over days' allows teams to participate in the next team up's practice for 15-20 minutes. Skaters are able to see what it's like to skate at the next level which has been challenging and rewarding for the skaters.

Spring placements (tryouts) for the 2019-2020 season will take place April 5-7 at the Blue Line Arena. If interested in joining our teams, please come! All are invited!

CONGRATS TEAMS!

RRV RESULTS:

SYNCHRO SKILLS 1 - 4TH

SYNCHRO SKILLS 2 - 3RD

PRE-JUVENILE - 4TH

OPEN JUVENILE - 3RD

INTERMEDIATE - EXHIBITION

*Come Try
Synchro!*

ALL ARE INVITED TO JOIN
OUR TEAMS FOR THE 2019-
2020 SEASON!

TEAM REQUIREMENTS (SKILL
LEVELS) CAN BE FOUND
ONLINE AT
NORTHERNLIGHTSFSC.COM

HAVE QUESTIONS?
CONTACT OUR SYNCHRO
COORDINATOR:

MALLORY OLSON
MALLORYOLSONFSC
@GMAIL.COM

See you March 23 & 24 for the

ICE SHOW

Saturday 6PM
Sunday 2PM