



Pitching Rules

Please see the below chart for pitching. As coaches it is your responsibility to record the pitches properly. Age is the players actual age and not their league age, so coaches should be aware of any players playing outside the normal division for their age.

PITCHING RULES					
Age	Daily Max (Pitches in a day)	Rest Period			Weekly Max
		0 Days	1 Day	2 Days	
7-8	50	1-20	21-35	36+	60
9-10	75	1-40	41-65	66+	85
11-12	85	1-40	41-65	66+	125

*Weekly Pitching goes from Monday to Sunday. All pitch counts must be signed off post-game on the pitch count sheet by both head coaches. Failure to do so will result in a 6-0 forfeit.

If a player pitches over the daily max or the weekly max the following will happen:

1st Offense we will talk to the coach and the game where the pitcher over pitched will be a 6-0 forfeit (Or the bigger run differential example 10-2)

2nd Offense- Game where the pitcher over pitched will be a 6-0 forfeit (Or the bigger run differential example 10-2) AND the head coach will be suspended for 1 game

3rd Offense- Game where the pitcher over pitched will be a 6-0 forfeit (Or the bigger run differential example 10-2) AND the Head coach will be removed from the team

As a reminder, pitchers in each division are allowed to throw **up to their daily max per game**. If a pitcher reaches their game limit while in the middle of an at-bat, they are permitted to finish that

batter, provided they do **not exceed the weekly maximum**. **The weekly maximum may never be exceeded** under any circumstances.