

San Diego Wrestling Association

covers: Chula Vista, La Jolla, Oceanside, San Diego, Vista, and surrounding areas. Association Contacts:

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Follow SDWA Wrestling

(www.sdikwa.org/springseason)



SDIKWA FS/GR Kickoff Tournament #1

Saturday, March 23, 2019

Del Norte High School
16601 Nighthawk Ln
San Diego, CA 92127

SDIKWA FS/GR Tournament #2

Saturday, March 30, 2019

Del Norte High School
16601 Nighthawk Ln
San Diego, CA 92127

SDIKWA FS/GR Tournament #3

Saturday, April 20, 2019

Poway High School

15500 Espola Road

Poway, CA 92064

SDIKWA FS/GR Tournament #4

Saturday, May 4, 2019

Poway High School

15500 Espola Road

Poway, CA 92064

SDIKWA FS/GR Tournament #5

Saturday, May 11, 2019

Poway High School

15500 Espola Road

Poway, CA 92064



SDIKWA FS/GR Spring Championships #6

Saturday, May 25, 2019

Poway High School

15500 Espola Road

Poway, CA 92064

TOURNAMENT REGISTRATION

www.trackwrestling.com (Search events under "SDIKWA")
- Athletes must register by 8pm Friday evening prior to the tournament - Athletes must have a valid USA Wrestling Card to compete
- All athletes must weigh-in Saturday morning tournament day

REGISTRATION FEES

High School
Pre-Registration on TrackWrestling: \$20 for 1 style, \$25 for 2 styles Late Registration/Walk-Ups: \$25 for 1 style, \$30 for 2 styles
Kids
Pre-Registration on TrackWrestling: \$20
Late Registration/Walk-Ups: \$25

WRESTLING STYLES

High School: Freestyle & Greco Roman
Kids: FRECO (1st period: FK, 2nd period: FS, 3rd period: GR)

WEIGHT CLASSES

USA Wrestling Age & Weight Divisions

MEDALS

Top 3 per weight class for Freestyle Only (HS) and FRECO (Kids)

DIVISIONS

6 & Under (6U) Birth Year: 2013 - 2014
8 & Under (8U) Birth Year: 2011 - 2012
10 & Under (10U) Birth Year: 2009 - 2010
12 & Under (12U) Year: 2007 - 2008
14 & Under (14U) Birth Year: 2005 - 2006
16 & Under (16U) Birth Year: 2003 - 2004
USA Junior: 09/01/1999 - 12/31/2004

TOURNAMENT SCHEDULE

Session 1 (16U & USA Junior)

6:30am - 8:00am: Check-in, Weigh-ins, Skin Check
9:00am: Wrestling Starts for 16U and USA Junior Divisions

Session 2 (6U, 8U, 10U, 12U, 14U)

10:30am - 12:00pm: Check-in, Weigh-Ins, Skin Check
1:00pm: Wrestling Starts for 6U, 8U, 10U, 14U Divisions