



# Simi Valley Baseball League

## *Cal Ripken and Babe Ruth Pitching Rules*

*Board Approved February 5, 2025*

**All Divisions shall be played in accordance with the rules stated in the Babe Ruth Rule Book and the SVBL Local Rules with the following exceptions:**

### 1. Purpose

- 1.1. These pitching rules are designed for the primary reason of keeping the players healthy by avoiding arm injuries.
- 1.2. Managers should always be on the lookout for signs of fatigue. Every pitcher is different, and the manager and coaches need to identify when a player may be at risk of injury. Watch for the following signs of fatigue and remove the pitcher as soon as possible:
  - 1.2.1. Loss of focus
  - 1.2.2. Drop in Velocity
  - 1.2.3. Elevated pitches (pitches high in the zone or above the zone)
  - 1.2.4. Loss of command
  - 1.2.5. Loss of delivery control (consistency)
  - 1.2.6. Visual signs of decreased effort.
  - 1.2.7. Taking more time in between pitches(laboring).

### 2. Pitching Rules

AGE	DAILY MAX	0 DAYS	1 DAY	2 DAYS	3 DAYS	4 DAYS
FARM	50	1 - 10	11 - 20	21 - 40	41+	—
MINOR	60	1- 15	16 - 25	26 - 40	41 - 50	51+
MAJOR	75	1 - 20	21 - 30	31 - 45	46 - 60	61+
HSP	90	1 - 25	26 - 35	36 - 50	51 - 65	66+

\*PLAYOFF RULE: Pitch count rules will remain per the above chart.

- 2.1. Each player may not exceed the maximum number of pitches or innings in one game according to the chart outlined above.
  - 2.1.1. If the pitcher reaches the maximum DAILY pitch count while facing a batter, the pitcher may continue to pitch until the batter reaches base safely or is put out. Once the at bat has ended the pitcher must be replaced.
- 2.2. There is no WEEKLY maximum pitch count.
- 2.3. A pitcher may not exceed his/her Daily Max in any number of consecutive DAYS. If a pitcher has had at least two (2) days of rest the pitcher may pitch up to his/her daily max in any one game.
  - 2.3.1. For example, if a Major pitcher throws 20 pitches on Friday, the pitcher cannot exceed 55 pitches on Saturday.
  - 2.3.2. If a Major pitcher throws 20 pitches on both Friday and Saturday, the pitcher cannot exceed 35 pitches on Sunday or Monday.
- 2.4. A player may not pitch in two different games in the same day whether it be for the same team or another team.
- 2.5. We anticipate games to be rained out and rescheduled. These pitching rules apply to when the games are played and NOT according to when the games were originally scheduled. Thus, if a game is postponed and thus continues at a later date, the pitcher of record may continue the game only if the pitcher is eligible based on the chart above and has met his/her amount of rest days between games.
- 2.6. Pitch count examples:
  - 2.6.1. If a Major pitcher whose age is 11 or 12 throws more than 21 pitches on Friday, he/she may not pitch again until Sunday (one day rest).
  - 2.6.2. If a pitcher throws at 8:00 AM on a Saturday morning and is required to rest one day, he/she is not allowed to make a pitch on Sunday. Thus he/she is not available to pitch until Monday. Even though a 24-hour period has surpassed from 8am Saturday through 8am Sunday, the pitcher must cease from pitching on Sunday.

2.7. Managers (or coaches acting as managers) will receive a verbal warning and will be put on notice should any one pitcher exceed his Daily Maximum pitch count. A one (1) game suspension will be imposed upon the subsequent infraction. More than 2 infractions will be subject to termination by a board vote.

**These rules may not be changed by any manager, coach, or umpire without the consent of the SVBL Board of Directors. Recommendations for rule changes should be forwarded to your Player Agent. The Local Rules Committee and/or the Board of Director's reserves the right to make changes to these rules during the season should it is deemed necessary.**