FIELD HOCKEY ONTARIO
Box# 80030
Appleby Line, Burlington, ON
L7L 6B1

tel: 1 (877) 605-0855
info@fieldhockeyontario.com

Field Hockey Ontario Board of Directors Expression of Interest Package

Name: Hannah Meyer

Hometown: Kitchener

Affiliated Club: KW Dragons

# of Years Involved in Field Hockey: 10 years

I have served on FHO's Board before: ☐ **YES** ☒ **NO**

If yes to above, please list years and role: _____

I am a current FHO Member (Sep 1/2024-Aug 31/2025): ☒ **YES** ☐ **NO**

The following positions are up for election at the 2024 AGM (February 10, 2025):

☐ **Chair (President) (1 Position – 3 Years)**

☐ **Treasurer (1 Position – 2 Years)**

☐ **Secretary (1 Position – 1 Year)**

☐ **Director-at-Large (3 Positions – 3 Years)**

☒ **Director-at-Large (2 Positions – 2 Years)**

☒ **Director-at-Large (2 Positions – 1 Year)**

I am interested in serving on the FHO Board of Directors in the following position (check above).

Nominated By (Name & Club): Alison Saunders, KW Dragons

Seconded by (Name & Club): Jennifer Escobar, KW Dragons

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In 100 words or less, please provide background on your current or prior professional experience relevant to being on the Board of Directors.

I currently serve on the Board of Directors for KW Dragons Field Hockey Club. My responsibilities include sitting on meetings, helping plan and run tournaments, running KW Dragons social media, helping plan and run program (skill sessions, practices, teams, tryouts). My experience on this board has been great as I have been able to collaborate with a group of people from different field hockey backgrounds, and learn from everyone as well.

In 100 words or less, please provide background on any previous Board and/or committee experience.

During my undergraduate studies at Mansfield University of Pennsylvania, I was on the Executive Board of the Student-Athlete Advisory Committee (SAAC) and I served as Treasurer and Secretary for 3 years. On this board I was responsible for budgeting, fundraising, taking minutes, emailing members, planning and running events for the school, planning and running fundraising events for SAAC and Make-A-Wish, and planning and running Mansfield's athletic banquet.

This was a great opportunity to help bring together athletes from different sports together to collaborate on important events for our school and the programs we fundraised for.

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In 100 words or less, please provide background on any relevant Field Hockey or other sport industry experience.

I was a member of KW Dragons, A&C Field Hockey Club (2015-2019), Field Hockey Ontario (2016-2019), Field Hockey Canada Indoor (2018-2021). I played NCAA Division II Field Hockey at Mansfield University for four and a half years. During my career at Mansfield I was a 3x All-Conference PSAC Athlete, A 2x Division II All-American, 2x Female Athlete of the Year, a PSAC Top 10 Athlete, as well as multiple academic awards (PSAC Scholar Athlete), every year. I have coached at KW Dragons since 2019 (U14, U16, and U18). I have also been an umpire (both indoor and outdoor) since 2015.

Please list your skills and competencies related to field hockey or sport. (i.e. Knowledge of member structure within field hockey clubs and FHO, community level field hockey in Ontario, coaching or officiating requirements, volunteer sport-based organizations, Long Term Athlete Development (LTAD), high performance athlete development, etc.)**.**

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- Volunteer coach at KW Dragons since 2019, multiple age levels and types of training
- Long-term umpire (indoor and outdoor) at different skill and age levels
- Long-term member of FHO and FHC organizations as a player

Please list your skills and competencies related to your business or professional background. (i.e. Specific industry experience, not-for-profit governance, strategic planning, risk management, accounting/financial analysis, previous board/committee experience etc.).

- Executive Board Member of the Student-Athlete Advisory Committee for 3 year at Mansfield University
- Currently a Masters Student in the Masters of Applied Nutrition at the University of Guelph – involves multiple types of professional and academic experience
- Graduated from my Undergraduate program with a dual degree in Dietetics and Sports Nutrition – I have taken multiple courses on Sports Nutrition, Anatomy and Physiology, and Exercise Physiology

As a Board of Director or FHO Officer, the top three things I would like FHO to focus on in the next year are:

1. More FHO run tournaments for all clubs in Ontario and more playing opportunities for athletes
2. Improved relationships and communication between clubs to provide better opportunities for athletes and coaches to collaborate.
3. Growing the game as much as possible by introducing the sport to more athletes in Ontario, and developing more love for field hockey in the current athletes

Declaration:

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I hereby confirm that all information submitted in this package is accurate and correct. I also confirm that I comply with all the requirements for a Board of Director member and the additional requirements of a Chair (President), Secretary or Treasurer (if apply for one of these FHO Officer positions). I understand that the first meeting of the Board of Directors will be held sometime in February 2025, meetings are held monthly/bimonthly (and ad hoc as required) and that I must be in attendance.

Signed: Hannah Meyer

Date: January 8th, 2024