



PRIOR LAKE | SAVAGE

2020-21 Season Parent Info



KEY POINTS

- The PLSHA brand (page 4-6)
- Season Info (7-14)
- SafeSport (15-18)
- COVID Preparedness (19-21)
- 2020-21 registration numbers & predicted teams (22-25)
- Tryouts (26-30)
- Volunteer Requirements (31-32)
- Equipment (33-37)
- Mite program (38-60)

GOOD TO KNOW

- Communications (62-63)
- Financials/Sponsorships (64-70)
- SafeSport FAQs (71-74)
- Coaches (75-76)
- More tryout info (77-86)
- We need volunteers (87-89)
- Player and Parent Conduct (90-93)
- Governance (94-96)



PRIOR LAKE | SAVAGE

PRIOR LAKE SAVAGE HOCKEY ASSOCIATION



PRIOR LAKE | SAVAGE



This is our brand!



PRIOR LAKE | SAVAGE

Mission Statement

Prior Lake/Savage Hockey Association is a volunteer organization. Our **objective** is to teach our players respect for; team mates, coaches, the game, and to take pride in being a Laker community.

We are guided by the **values** of: perseverance through adversity, personal integrity, discipline, and good sportsmanship.

Our **success** will be measured by our players reaching their potential while having fun and loving the game of hockey. It's about the kids!

Dedication to our mission will ensure PLSHA is represented at the highest level possible.

PLSHA Board

- President/HDC Board Liaison: [Dave Lavigne](#)
- Vice President/D6 Rep: [Chris Jones](#)
- Vice President of Administration: [Jill Christopherson](#)
- PLSHA Tournaments/Event Directors/Recruiting: [Aaron Wollenberg & Jeff Bernard](#)
- Equipment/Pictures: [Tony Bianchi](#)
- Sponsorships: [Scott Bloom](#)
- Treasurer: [Karsten Williams](#)
- Mite Program Director: [Kevin Ingvalson](#)
- Girls Program/Recruitment: [Karl Hovde](#)

A blue, wavy banner with the word "NEW" in white, bold, sans-serif capital letters.

- Governance Director: [Greg Guimont](#)



PRIOR LAKE | SAVAGE

2020-21 SEASON INFO



PRIOR LAKE | SAVAGE

Mark your calendars

- Sun Sept 27: Bantam & Pee wee goalies begin + Squirt/10U Laker training begins
- Mon Sept 28: Bantam & Pee wee tryouts begin
- Fri Oct 2: 12U goalies begin
- Sat Oct 3: Mite evals 9:30-4:00 + 12U girls tryouts begin
- Fri Oct 9: Squirts tryouts & goalies begin
- Sat Oct 10: 10U tryouts & goalies begin
- Oct 14-19: MEA weekend, optional practices
- Sat Oct 24: Pictures
- Thur Oct 31: Jr Gold registration closes
- Nov 27-29: Squirt Wishbone Tournament
- Dec 24-27: Extended Christmas break, optional practices (to be confirmed)
- Jan 15-17: Bantam Laker Shootout Tournament



PRIOR LAKE | SAVAGE

D6 PLAYOFF DATES



Playoff Dates:

District 6 AA/A/B1 Playoffs: 2/12 – 2/21

District 6 B2/C Playoffs: 2/16 – 2/28

MH Regions: 2/26 – 2/28 *Host: Bantam AA East – Eden Prairie*

Junior Gold Playdowns: 2/23 - 2/28

Girls Play-In Games: 2/22 – TBD

State Banquets: 3/11

MH State: 3/12– 3/14

District 6 Squirt Tournament: 3/4-12 Bloomington (OPT OUT DATE 12/15 by President only)**

District 10U Tournament: 3/4-11 Minnetonka (OPT OUT DATE 12/15 by President only)**

***This season the tournament fees will include guaranteed gate .*

PLSHA will host 12UB1/12UB2 playoffs

Laker Fall Training

Included in your PLSHA registration, ***NEW*** for 2020-21 PLSHA Pre-season training camps have been designed with the intention of preparing our athletes for the upcoming season, prior to and after tryouts, to ensure that players are prepared for their evaluations and also for after tryouts to help each individual and team prepare for their season. Focus will be on: Skill Development, Skating Dynamics and Physical Development.

ON ICE: Our primary focus of Skill Development and Skating Dynamics will focus on skating, stickhandling, passing and shooting which are the fundamental skills necessary to become a good hockey player. Hockey players at every level focus on these fundamental skills. It is our hope to push players outside of their comfort zone on a daily basis to help develop their game.

OFF ICE: Our secondary focus is Physical Development. This fall we will be improving player performance as an athlete away from the ice that will have a direct impact on each player's ability to execute at their highest level on the ice. This will come from Sprint/Speed Drills, Agility Drills, Explosiveness Drills and body strength activities.

A dark blue, multi-pointed starburst graphic with a white outline, containing the text "NEW THIS SEASON" in yellow, bold, sans-serif font.

**NEW
THIS
SEASON**

Consistent Monthly Billing

In response to the pre-season survey regarding costs for the 2020-21 season PLSHA will be working with traveling team treasurers for consistent payment amounts.

- Monthly “ice” bills will be determined based on average costs from the 2018-19 and 2019-20 seasons
- “Ice” bills include items such as: practice ice, tournaments booked by PLSHA, Butch training, 1 conference room rental, annual D6 fees
- “Ice” bills do NOT include discretionary costs; such as buses, slush funds
- The final “ice” bill will be a reconciliation bill for any overages or shortages

A dark blue, multi-pointed starburst graphic with a white outline, containing the text "NEW THIS SEASON" in yellow, bold, sans-serif capital letters.

**NEW
THIS
SEASON**



PRIOR LAKE | SAVAGE



YOUTH HOCKEY HUB



DANGLEFEST YHH Hosted at Dakotah

December 10-13, 2020

Level: Girls 10A and 12A

Format: Pool to Bracket

Danglefest teams can expect:

- Fair pools and brackets
- Live scoring, stats and profiles
- Music between whistles
- Public address announcers
- Starting Line-ups
- Custom championship trophy
- Full coverage on YHH & social media
- Live Streamed Championship games

**NEW
THIS
SEASON**



PRIOR LAKE | SAVAGE

Continuing/Discontinuing in 2020-21

Laker Training: will continue into the beginning of the season

- **On Ice:** skills training with Butch Kaebel will return with 45 minute sessions on Wednesday nights
- **Off Ice:** will continue after tryouts with focus on shooting, stick handling and biometrics

DEVENIRgoaltending: 5 group sessions + team hours

In House goalie program: Sunday night sessions

NO ice draw: We will continue with scheduled practice ice for the 2020-21 season.

hudl: will be discontinued this season

Off Ice @ Dakota: will be suspended this season due to COVID regulations



PRIOR LAKE | SAVAGE



rule reminders

D3/5/6 Checking Pilot Program – Checking from Behind

- For 2019/20 season and Peewee/12U and above will pilot a program that all check from behind will be an automatic 5 & 10 and could be elevated to 5 & Game Misconduct. Previously it was a 2 & 10 and could be elevated from there
- The pilot program will only apply during district games
- Squirts and 10U checking from behind will remain as is currently in place

Squirt/10U Rules (reminder from last year)

- Squirt/10U teams will be limited to a maximum of 35 games (league, invitational tournament and exhibition), excluding district playoffs

Coach Helmet Rule

- Mandatory 30-day suspension for any coach not wearing a helmet during an on-ice activity. Minnesota Hockey has long had a policy of “up to 30 day suspension” so the primary change is the penalty will now be automatic



PRIOR LAKE | SAVAGE



Age classification change for 2020-21

- The change is designed to provide **players born in June with the ability to play with their classmates.**
 - The modification will align June birthdays with July and August birthdays, ensuring **more players have a positive youth hockey experience** and providing a smoother transition to high school hockey.
- Hockey President-elect Steve Oleheiser. “The action of changing the cutoff birthdate by the Minnesota Hockey Board of Directors reaffirms the commitment of the board to our model and **allowing players to play with their classmates and friends.**”
- Minnesota Hockey has **historically aligned its age classifications with school age cutoffs**, rather than the birth year age range (Jan. 1 – Dec. 31)
 - Originally, the classification cutoff date was Sept. 1, which mirrored school age classifications.
 - When USA Hockey moved its classification dates to July 1 during the 1990’s, Minnesota Hockey adjusted to July 1 as well, with the purpose of aligning with the national classifications.
 - USA Hockey later reverted to using birth years for age classifications, but Minnesota chose to stay with the July 1 cutoff as it accommodated players with birthdays in August and July.
 - Surveys of current hockey players with summer birthdays have now shown the more natural breaking point for a cutoff is June 1 as a significant percentage of June birthdays



PRIOR LAKE | SAVAGE

SAFE SPORT

What is SafeSport?

USA Hockey has **ZERO TOLERANCE** for abuse and misconduct.

The **SafeSport Handbook** includes **policies that apply to all USA Hockey Member Programs**.

Those Policies address

- Sexual Abuse
- Physical Abuse
- Emotional Abuse
- Bullying, Threats and Harassment
- Hazing

The Policies also address areas where misconduct can occur and are intended to reduce the risk of potential abuse, including:

- Locker Room Policy
- Electronic Communications Policy
- Travel Policy
- Billeting Policy



SafeSport recommendations

SafeSport Training is **required for all adults/volunteers that have regular contact with minors** which also includes adult-aged players on the same team with minor athletes.

All **players seventeen (17) years of age or older on or before December 31** of that playing season, and that play on a team in a classification that allows minor age players, shall be required to complete SafeSport Training before being added to such team and prior to participation (on-ice or off-ice).

Training must be **completed before a person begins having regular contact** with minor athletes, or if they do not have regular contact with minors, no more than 45 days after beginning the role that requires them to complete training.

Volunteers and employees that have **less than regular**, routine or frequent access to minor Participants are strongly **encouraged to complete the SafeSport Training**.





PRIOR LAKE | SAVAGE

SafeSport Reporting Requirements

- Every employee or volunteer of any USA Hockey Member Program must report
 - (1) actual or perceived violations of the USA Hockey SafeSport Program Handbook,
 - (2) any violations of the policies prohibiting Sexual Abuse, Physical Abuse, Emotional Abuse, Bullying, Threats and Harassment, and Hazing,
 - (3) suspicions or allegations of child physical or sexual abuse to the appropriate USA Hockey representatives.
- **ALL cases involving suspicions or allegations of child physical or sexual abuse,** every employee or volunteer of USA Hockey Member Programs **must also report to the appropriate law enforcement** authorities.
- To make a report to USA Hockey, you may do so either by:
 - (1) clicking on "[Report to USA Hockey](#)" and completing the Reporting Form,
 - (2) emailing to SafeSport@usahockey.org,
 - (3) calling 800-888-4656.
- Reports may also be made to the Affiliate SafeSport Coordinator. To make a report to your Affiliate SafeSport Coordinator, please click on the link for the contact information for each [Affiliate's SafeSport Coordinator](#).



PRIOR LAKE | SAVAGE

THE COVID-19 PREPAREDNESS



PRIOR LAKE | SAVAGE

CORONAVIRUS

PREPAREDNESS PLAN

[See details >](#)



COVID Contact Tracing:

The PLSHA has also implemented a policy to inform PLSHA families and coaches if they have been exposed to a person with COVID-19 at a PLSHA event. Should anyone be exposed directly to the COVID-19 virus, they will be notified immediately of exposure.

Player and/or Team Quarantine – “Rule of 3”

The PLSHA Association and each team will work with a “Rule of 3” COVID-19 approach when PLSHA athletes report a positive COVID-19 testing.

Player:

- 1st athlete with a confirmed positive test must quarantine for 14 days
- 2nd athlete with a confirmed positive test must quarantine for 14 days
- 3rd athlete with a confirmed positive test will result in a team 14 day quarantine

Association:

- 1st team with 3 positive COVID-19 testing athletes must quarantine for 14 days
- 2nd team with 3 positive COVID-19 testing athletes must quarantine for 14 days
- 3rd team with 3 positive COVID-19 testing athletes, the PLSHA Board of Directors will evaluate appropriate action based on guidelines established by the State of MN, MN Hockey, USA Hockey, District 6, CDC, MDH, and PLSHA



PRIOR LAKE | SAVAGE

CORONAVIRUS

PREPAREDNESS PLAN

[See details >](#)



FOR TRYOUTS

- Arrive as fully dressed as possible
- Enter via the sliding door no more than 15 minutes prior to session
- Parents NOT to enter the arena during tryouts
- 1 parent per player for mite evals
- Temp checks upon arrival
- Be alert for signs of illness



PRIOR LAKE | SAVAGE

THE NUMBERS

Traveling Registration Numbers

- 351 registered travel players: ↑ 4%
- 102 Bantam = 91 + 11 goalies ↑ 7%
 - 94 Peewee = 88 + 6 ↓ 5%
 - 90 Squirt = 82 + 8 goalies ↑ 1%
 - 32 U12 = 28 + 4 goalies → flat
 - U10 = 31 + 2 goalies → flat
- Mite & U6/U8 & - registration closes 9/30
- Jr Gold/Jr Gold 16U – registration closes 10/31



Planned Traveling Team Formation

Anticipated Traveling Teams

- Bantam = 6
 - AA, B1, B2, B2, C, C (*+ C team from 2019-20*)
- Pee wee = 6
 - AA, B1, B1, B2, B2, C (*same as 2019-20*)
- Squirt = 6
 - A, B1, B2, B2, C, C (*same as 2019-20*)
- 12U = 2
 - A & B1
- 10U = 2
 - A & B2

JR Gold and 15U

JR GOLD planning to host

- 1 Jr Gold B teams (composed of mostly Seniors & Juniors)
- 1 Jr Gold 16U team (composed of mostly Sophomores)

15U planning to host

- 1 B team co-op with Lakeville

More information to come based on the MSHSL decisions



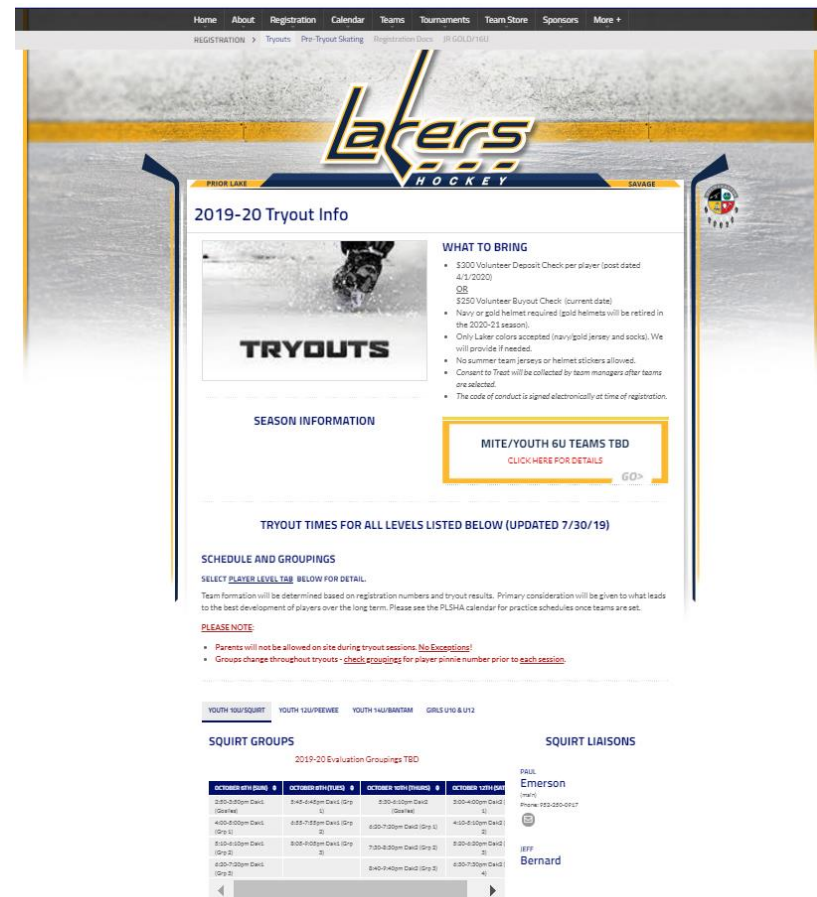


PRIOR LAKE | SAVAGE

TRYOUTS

Tryout General Information

- Tryouts are stressful for all!
- Do our best to avoid fall sports and homecoming.
- Continuous improvement - no perfect system.
- Tryout Information:
 - **REGISTRATION TAB**
 - [2020 Tryout Information](#)



Check the website each night following tryouts – your players group may change

Tryout check-in

1. \$600 Volunteer Deposit OR \$500 Buyout check
 - Note players name and level in memo line
2. For new players to PLSHA:
 - non-returnable copy of child's birth certificate (if not e-mailed to Registrar or uploaded at registration)

Parents: Please make sure your child has everything for check-in! Otherwise, **they cannot get on the ice until turned in.**

REMINDER! Consent to Treat & Code of Conduct will not be collected at tryouts.

- We no longer collect “Consent to Treat” forms
- The code of conduct is signed at registration

Tryout Evaluation

Staff

Our tryout staff of 6-7 non-parent evaluators has experience as coaches, players, evaluators at one or more of the following levels; D1, D3, Junior, High School, and Youth.

- A list of evaluators can be found in the appendix

What is being evaluated in tryouts?

- Skating
- Hockey sense
- Core hockey skills
- Play with puck
- Play without puck
- Effort

**NOT # of goals
scored in
tryouts!**

Consistency matters!

*The best players will be selected for each respective team regardless of position previously played. The evaluators will identify appropriate strengths and weaknesses regardless of position.

*Last year's team is used as supplemental information as needed when determining bubble picks (all things being equal)...



PRIOR LAKE | SAVAGE

Tryout Liaisons by Level

- **Bantam:** Scott Bloom (calls) + Dave Lavigne
- **Peewee:** Jeff Bernard (calls) + Greg Guimont
- **Squirt:** Dave Lavigne (calls) + Chris Jones
- **12U:** Karl Hovde(calls) + Karsten Williams
- **10U:** Aaron Wollenberg (calls) + Chris Jones

** Due to the volume of work at tryouts other board members are likely to be present*



Tryout Dates & Times

BANTAM GROUPS - SESSION 1 MON 9/28 ONLY

- Group 1 6:00-7:00 PM: skaters A-G and goalies A-G
- Group 2 7:10-8:10 PM: skaters H-Pi and goalies H-Q
- Group 3 8:20-9:20 PM; skaters Po-Z and goalies R-Z

The above groups are for **MON 9/28 ONLY**. Groups will change following each night. You will need to know your player's pinnie and [check this page following each tryout session](#).

*subject to change: goalie session time on 9/30 + session times on 10/4 were updated on 9/14

GOALIE ONLY SESSIONS

DATE	TIME
September 27th (rink 2)	5:20-6:20 pm
September 30th (rink 1)	5:00-6:00 pm

ALL PLAYER SESSIONS

	GROUP 1	GROUP 2	GROUP 3	GROUP 4
September 28th (rink 2)	6:00-7:00 pm	7:10-8:10 pm	8:20-9:20 pm	
September 29th (rink 1)	6:00-7:00 pm	7:10-8:10 pm	8:20-9:20 pm	
October 1st (rink 1)	6:00-7:00 pm	7:10-8:10 pm	8:20-9:20 pm	
October 4th (rink 1)	4:00-5:00 pm	5:10-6:10 pm	6:20-7:20pm	7:30-8:30 pm

"AA" team closed scrimmage - October 5th, 6:00-7:30 PM RINK 1
(no parents or public allowed)

PEEWEE GROUPS - SESSION 1 MON 9/28 ONLY

- Group 1 5:30-6:30 PM: skaters A-Gre and goalies A-G
- Group 2 6:40-7:40 PM: skaters Gro-O and goalies H-O
- Group 3 7:50-8:50 PM; skaters P-Z and goalies P-Z

The above groups are for **MON 9/28 ONLY**. Groups will change following each night. You will need to know your player's pinnie and [check this page following each tryout session](#).

*subject to change: goalie time on 9/30 was updated on 9/14

GOALIE ONLY SESSIONS

DATE	TIME
September 27th (rink 2)	4:10-5:10 pm
September 30th (rink 1)	6:10-7:10 pm

ALL PLAYER SESSIONS

DATE	GROUP 1	GROUP 2	GROUP 3	GROUP 4
September 28th (rink 1)	5:30-6:30 pm	6:40-7:40 pm	7:50-8:50 pm	
September 29th (rink 2)	5:30-6:30 pm	6:40-7:40 pm	7:50-8:50 pm	
October 1st (rink 2)	5:30-6:30 pm	6:40-7:40 pm	7:50-8:50 pm	
October 4th (rink 2)	4:40-5:40 pm	5:50-6:50 pm	7:00-8:00 pm	8:10-9:10 pm

"AA" team closed scrimmage - October 5th, 7:40-9:10 pm RINK 1
(no parents or public allowed)

SQUIRT GROUPS - SESSION 1 FRI 10/9 ONLY

- Group 1 5:30-6:30 PM: skaters A-G and goalies A-K
- Group 2 6:40-7:40 PM: skaters H-P and goalies L-Pi
- Group 3 7:50-8:50 PM; skaters Q-Z and goalies Pu-Z

The above groups are for **FRI 10/9 ONLY**. Groups will change following each night. You will need to know your player's pinnie and [check this page following each tryout session](#).

*subject to change: session times on 10/9, 10/10 and 10/11 updated on 9/14

DATE	GROUP 1	GROUP 2	GROUP 3	GROUP 4
October 9th (all players rink 2)	5:30-6:30 pm	6:40-7:40 pm	7:50-8:50 pm	
October 10th (goalies only rink 2)	4:00-5:00 pm			
October 10th (all players rink 2)	5:10-6:10 pm	6:20-7:20 pm	7:30-8:30 pm	
October 11th (goalies only rink 2)	4:00-5:00 pm			
October 11th (all players rink 2)	5:10-6:10 pm	6:20-7:20 pm	7:30-8:30 pm	
October 13th (all players rink 2)	5:00-6:00 pm	6:10-7:10 pm	7:20-8:20 pm	8:30-9:30 pm

"A" pool closed scrimmage - October 14th @ 6:00-7:30 pm rink 2
(no parents or public allowed)

15UU GIRLS SESSIONS AND LOCATIONS

All players to attend as noted in the chart below.

	DAKOTAK RINK 1	AMES RINK 2
SAT 10/31 (all players)	3:30-4:30 PM	
SUN 11/1 (all players)		4:15-5:15 PM

Jr Gold tryouts will take place mid-November following HS tryouts.

U12 GIRLS

DATE	TIME
October 2nd (Goalie Only)	6:00-7:00 pm
October 3rd (All Players)	4:20-5:20 pm
October 4th (All Players)	3:00-4:00 pm
October 5th (All Players)	4:50-5:50 pm

U10 GIRLS

DATE	TIME
October 10th (Goalies Only)	11:40 am - 12:40 pm
October 10th (All Players)	12:50-1:50 pm
October 11th (All Players)	12:50-1:50 pm
October 12th (All Players)	5:00-6:00 pm

Mite evals are scheduled for Sat 10/3 from 9:30AM-4:00 PM. Times will be posted upon the close of mite registration.



PRIOR LAKE | SAVAGE

VOLUNTEERS



PRIOR LAKE | SAVAGE

Volunteer Policy

- **Volunteer Deposit**
 - **\$600 per player** (*increased from 2019-20*)
- **Buyout Option** - For those families choosing not to volunteer PLSHA/D6 hours
 - **\$500 per player** (*increased from 2019-20*)
- **Hours**
 - **Team hours:** are expected and will be rotated by the team manager in order to successfully operate the team
 - **PLSHA/D6 (DIBS) hours:** will be designated year-to-year by the Board based on needs and PLSHA Commitments
 - 2020-21 there will be a minimum of **8 PLSHA/D6** hours required per traveling player and **4 PLSHA/D6** hours required per traveling player
 - Hours will be **capped at 15** for families with multiple players
- **Exemptions**
 - Please check the policy. Don't assume.
- **Compliance**
 - The deposit check(s) **WILL BE CASHED** if the volunteer requirements are not fulfilled by the end of the current hockey season, or there are balances due. Final determination will be made by the board.



PRIOR LAKE | SAVAGE

EQUIPMENT

Jerseys and Socks

- **Home Jerseys:** will include the players last name and kept each year by the player
- **Away Jerseys:** will not include the players name and returned at end of season. New jerseys every other year.
- **Garment bag** – please keep your jerseys looking good
- **Jersey's & socks:** will be distributed to team managers at the managers meeting (date TBD).
- **3rd jersey:** N/A

2020-2021 Season Jerseys

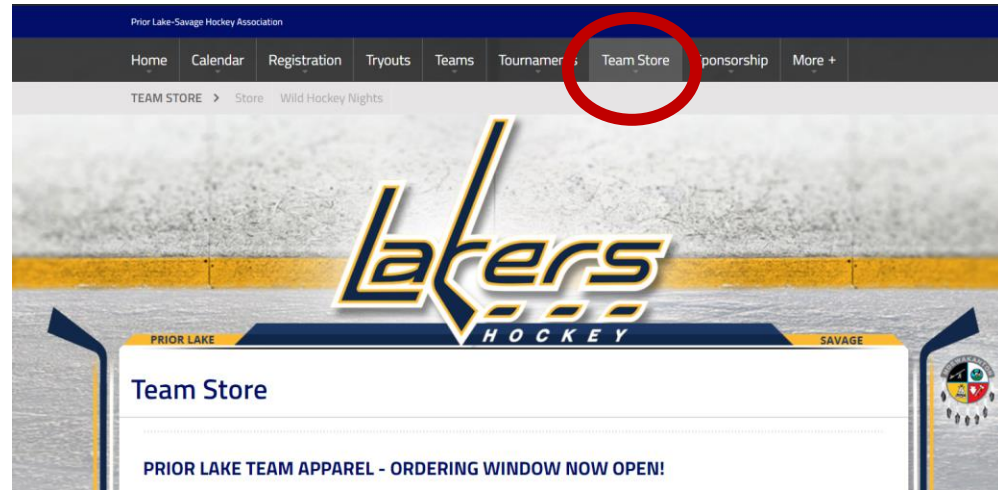




PRIOR LAKE | SAVAGE

Lettermen Sports/Team Store

- 2nd ordering window NOW OPEN closes 10/4
- Orders will be shipped for a fee of \$9.99
- Orders will ship the week of 10/26-11/1
- Other items available @ the “Team Store”
- PL Hockey & Jersey Bags



SUBLIMATION PERSONALIZE IT!



SCREEN PRINT



SCREEN PRINT WATERCOLOR!



EMBROIDERY PERSONALIZE IT!



The [team store](#) can be found in the top nav of the PLSHA website

Navy Equipment

- Navy helmets, navy pants (breezers), navy and gold trimmed, or navy and white trimmed gloves will be required for all 10U, 12U, 15U, Squirts, Peewees, and Bantams by **10/15 of the 2020-21 season**.
- Navy CCM helmets purchased through this program can be used at the HS level
- Jr Gold and goalies are exempt

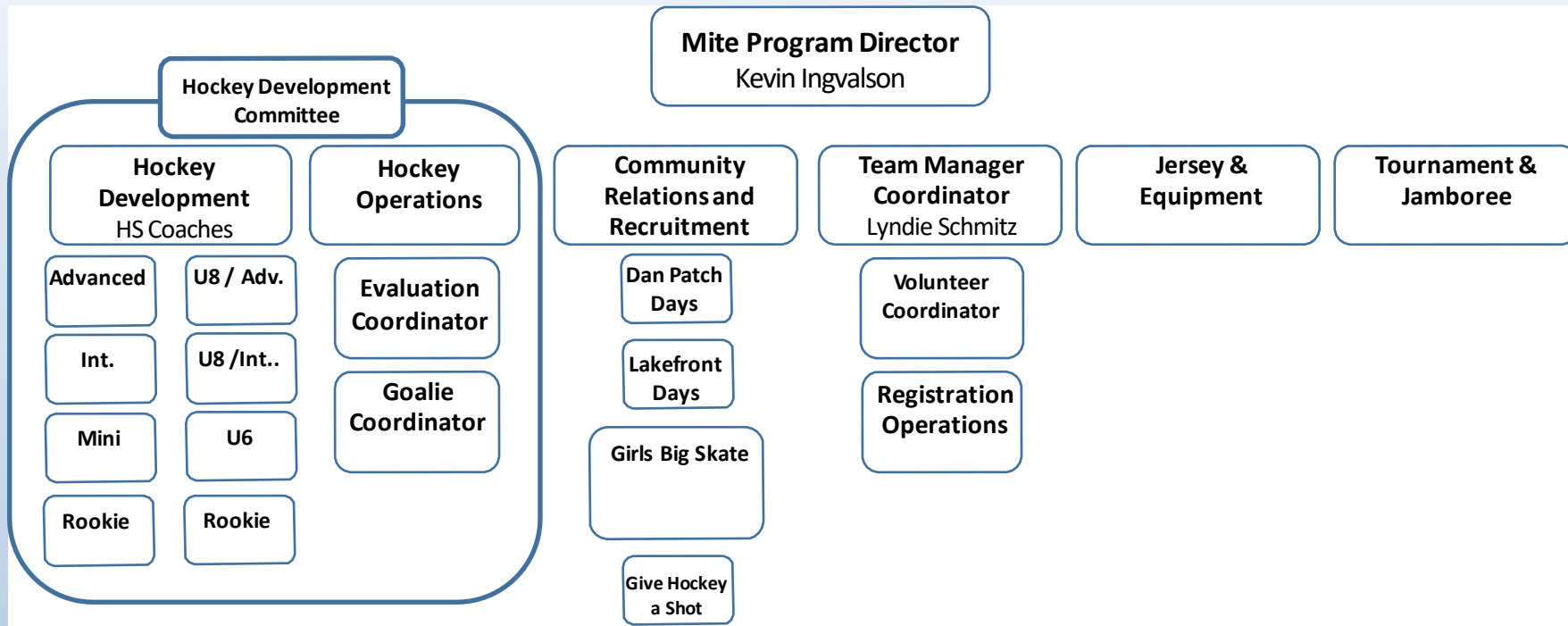


10/15
DEADLINE



PRIOR LAKE | SAVAGE

MITTE PROGRAM



Mite Program Team
Get Involved Early



www.plsha.com/mites

Become Educated



PRIOR LAKE | SAVAGE

PLSHA Mite Equipment List

Required:

Helmet with full face shield
Mouth Guard
Neck Guard
Shoulder Pads
Elbow Pads
Hockey Gloves
Protective Cup (Boys) Pelvic Protector (Girls) –
Shorts with pad and Velcro to hold up socks
Shin Pads
Breezers
Skates
Hockey Stick – Junior
Hockey Bag

Recommended:

Skate Guards
Hockey Tape

Equipment Provided by PLSHA

Hockey Jersey
Hockey Socks



Parent Responsibilities - Team

Intermediate Team 7		Intermediate Team 8		Intermediate Team 9		Intermediate Team 10		Intermediate Team 11		Intermediate Team 12	
Date	Task	Date	Task	Date	Task	Date	Task	Date	Task	Date	Task
1-Nov	Boards	25-Oct	Boards	18-Oct	Boards	18-Oct	Boards	1-Nov	Boards	25-Oct	Boards
1-Nov	Boards	25-Oct	Boards	18-Oct	Boards	18-Oct	Boards	1-Nov	Boards	25-Oct	Boards
1-Nov	Timeclock	25-Oct	Timeclock	18-Oct	Timeclock	18-Oct	Timeclock	1-Nov	Timeclock	25-Oct	Timeclock
1-Nov	Equipment	25-Oct	Equipment	18-Oct	Equipment	18-Oct	Equipment	1-Nov	Equipment	25-Oct	Equipment
4-Nov	Boards	28-Oct	Boards	21-Oct	Boards	21-Oct	Boards	4-Nov	Boards	28-Oct	Boards
4-Nov	Boards	28-Oct	Boards	21-Oct	Boards	21-Oct	Boards	4-Nov	Boards	28-Oct	Boards
4-Nov	Boards	28-Oct	Boards	21-Oct	Boards	21-Oct	Boards	4-Nov	Boards	28-Oct	Boards
4-Nov	Boards	28-Oct	Boards	21-Oct	Boards	21-Oct	Boards	4-Nov	Boards	28-Oct	Boards
4-Nov	Timeclock	28-Oct	Timeclock	21-Oct	Timeclock	21-Oct	Timeclock	4-Nov	Timeclock	28-Oct	Timeclock
4-Nov	Equipment	28-Oct	Equipment	21-Oct	Equipment	21-Oct	Equipment	4-Nov	Equipment	28-Oct	Equipment
4-Nov	Equipment	28-Oct	Equipment	21-Oct	Equipment	21-Oct	Equipment	4-Nov	Equipment	28-Oct	Equipment
5-Nov	Boards	29-Oct	Boards	22-Oct	Boards	22-Oct	Boards	5-Nov	Boards	29-Oct	Boards
5-Nov	Boards	29-Oct	Boards	22-Oct	Boards	22-Oct	Boards	5-Nov	Boards	29-Oct	Boards
5-Nov	Boards	29-Oct	Boards	22-Oct	Boards	22-Oct	Boards	5-Nov	Boards	29-Oct	Boards
5-Nov	Boards	29-Oct	Boards	22-Oct	Boards	22-Oct	Boards	5-Nov	Boards	29-Oct	Boards
5-Nov	Timeclock	29-Oct	Timeclock	22-Oct	Timeclock	22-Oct	Timeclock	5-Nov	Timeclock	29-Oct	Timeclock
5-Nov	Equipment	29-Oct	Equipment	22-Oct	Equipment	22-Oct	Equipment	5-Nov	Equipment	29-Oct	Equipment
5-Nov	Equipment	29-Oct	Equipment	22-Oct	Equipment	22-Oct	Equipment	5-Nov	Equipment	29-Oct	Equipment
22-Nov	Boards	8-Nov	Boards	22-Nov	Boards	15-Nov	Boards	15-Nov	Boards	8-Nov	Boards
22-Nov	Boards	8-Nov	Boards	22-Nov	Boards	15-Nov	Boards	15-Nov	Boards	8-Nov	Boards
22-Nov	Timeclock	8-Nov	Timeclock	22-Nov	Timeclock	15-Nov	Timeclock	15-Nov	Timeclock	8-Nov	Timeclock
22-Nov	Equipment	8-Nov	Equipment	22-Nov	Equipment	15-Nov	Equipment	15-Nov	Equipment	8-Nov	Equipment
25-Nov	Boards	11-Nov	Boards	25-Nov	Boards	18-Nov	Boards	18-Nov	Boards	11-Nov	Boards
25-Nov	Boards	11-Nov	Boards	25-Nov	Boards	18-Nov	Boards	18-Nov	Boards	11-Nov	Boards
25-Nov	Boards	11-Nov	Boards	25-Nov	Boards	18-Nov	Boards	18-Nov	Boards	11-Nov	Boards
25-Nov	Boards	11-Nov	Boards	25-Nov	Boards	18-Nov	Boards	18-Nov	Boards	11-Nov	Boards
25-Nov	Timeclock	11-Nov	Timeclock	25-Nov	Timeclock	18-Nov	Timeclock	18-Nov	Timeclock	11-Nov	Timeclock
25-Nov	Equipment	11-Nov	Equipment	25-Nov	Equipment	18-Nov	Equipment	18-Nov	Equipment	11-Nov	Equipment
25-Nov	Equipment	11-Nov	Equipment	25-Nov	Equipment	18-Nov	Equipment	18-Nov	Equipment	11-Nov	Equipment
26-Nov	Boards	12-Nov	Boards	26-Nov	Boards	19-Nov	Boards	19-Nov	Boards	12-Nov	Boards
26-Nov	Boards	12-Nov	Boards	26-Nov	Boards	19-Nov	Boards	19-Nov	Boards	12-Nov	Boards
26-Nov	Boards	12-Nov	Boards	26-Nov	Boards	19-Nov	Boards	19-Nov	Boards	12-Nov	Boards
26-Nov	Boards	12-Nov	Boards	26-Nov	Boards	19-Nov	Boards	19-Nov	Boards	12-Nov	Boards

Every Practice

- 4 Cross Ice Boards
- 2 Equipment
- 1 Clock Operators

**Coaches will direct to need*

It takes more than just coaches for this program to be successful.



PRIOR LAKE | SAVAGE

PROGRAM OBJECTIVES

- To provide an enjoyable introduction to youth hockey for players of all abilities. Prior Lake/Savage Youth Hockey Association (PLSHA) will aim to teach the fundamentals of hockey that will include individual skill development such as skating, balance, agility, shooting and puck control. PLSHA encourages participation and commitment and will provide a healthy and fun environment to encourage development and learning. PLSHA Mite program will provide an opportunity for all to play at an appropriate level to strengthen your child's development.



PRIOR LAKE | SAVAGE

PHILOSOPHY

- The PLSHA Mite program is the first rung in the development ladder of the PLSHA youth hockey program. Building a positive and enjoyable environment for the youngest members of PLSHA is essential to a player's long-term participation, growth and successful experience in hockey. The PLSHA Mite program will focus on individual age appropriate skill development for all players.



PRIOR LAKE | SAVAGE

PROGRAM STRUCTURE

The structure of the PLSHA Mite program is an important component in creating a successful experience for all players and parents. PLSHA is committed to creating an affordable, safe and family-friendly environment for all participants. The PLSHA Mite program will be divided into 5 levels in order to serve the various range of age, skill and ability of our players. **Team placement is determined by age and on-ice evaluation** for Mite 4, Mite 3, Mite 2, Mite 1 **but not** for the Rookie Mite program.

- Following our evaluation session(s), participants in the PLSHA Mite program will be placed onto teams based on age and ability.
- In order to ensure that every player possesses the basic fundamentals of skating, balance, agility, shooting and puck control, a minimum level of proficiency will be expected before players are able to move onto the next level.
- The importance of skating, balance, agility and edges will be stressed at every level.
- Our goal is to ensure that every player is able to reach their full potential as they grow and develop.

We all realize that not every player will have the opportunity to play High School Hockey, but the skills and lessons that we are able to teach our kids on and off the ice will lead to a life long passion for the sport.



PRIOR LAKE | SAVAGE

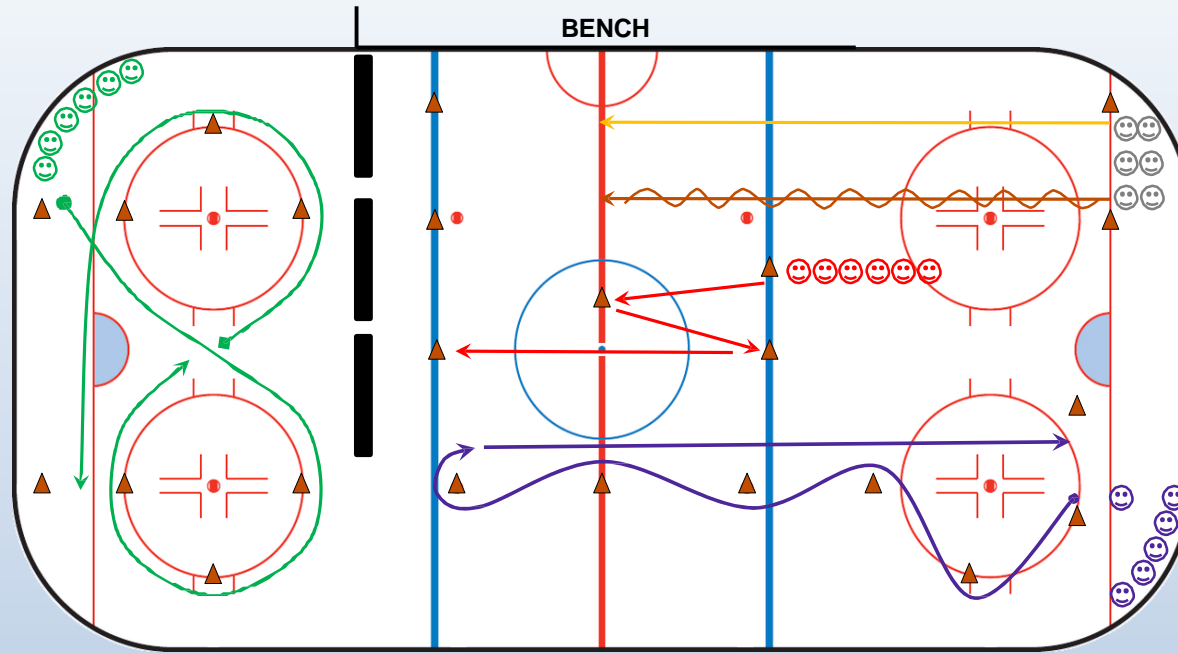
PLSHA Mite Program Structure

Rookie Mites	(Rookie Mites)	players new to hockey in Pre-K - 1st grade first year of PLSHA Mites
Mite 1	(Mini Mite)	players who have completed Rookie Mites primarily K-1st grade based on evaluations
Mite 2	(Intermediate Mite)	players with 1 year previous Mites experience primarily 1st-3rd graders new to hockey based on evaluations
Mite 3	(Intermediate Mite)(Adv Mite)	players with 1-2 years previous Mites experience primarily 2nd-3rd graders based on evaluations
Mite 4	(Adv Mite)	players with 2-3 years of previous Mites experience 2nd-3rd graders, based on evaluations



Off Ice Structure & Expectations

Skills Challenge Skating and Puck Control



Remember Volunteer Check!

Evaluations

What to Expect

PLAYER	Score	PLAYER	Score
Player 1	59.68	Player 24	88.46
Player 2	61.95	Player 25	92.51
Player 3	63.34	Player 26	92.71
Player 4	63.77	Player 27	94.25
Player 5	66.48	Player 28	94.62
Player 6	68.40	Player 29	97.66
Player 7	70.22	Player 30	98.16
Player 8	70.54	Player 31	99.66
Player 9	71.37	Player 32	101.61
Player 10	72.50	Player 33	101.73
Player 11	73.65	Player 34	101.90
Player 12	75.11	Player 35	104.59
Player 13	75.34	Player 36	106.51
Player 14	76.56	Player 37	108.07
Player 15	80.64	Player 38	108.50
Player 16	81.48	Player 39	108.73
Player 17	81.57	Player 40	108.78
Player 18	82.04	Player 41	108.94
Player 19	83.53	Player 42	111.14
Player 20	84.43	Player 43	112.93
Player 21	86.25	Player 44	115.79
Player 22	86.74	Player 45	117.86
Player 23	87.96		



792.05 797.84 797.00 800.59 811.18

Parent Coach

	Cross over			Puck control weave			Forward Accel			Backward Accel			Starts & Stops			CUMM
	Time 1	Time 2	BEST	Time 1	Time 2	BEST	Time 1	Time 2	BEST	Time 1	Time 2	BEST	Time 1	Time 2	BEST	BEST
Player 1	18.78	17.28	17.28	20.30	20.88	20.30	5.87	5.82	5.82	11.88	9.88	9.88	10.06	10.06	10.06	63.92
Player 2	19.67	18.33	18.33	23.02	22.24	22.24	5.65	5.40	5.40	8.25	8.50	8.25	9.81	9.81	9.81	64.03
Player 3	23.44	-	23.44	28.04	-	28.04	7.00	-	7.00	14.09	-	14.09	11.50	-	11.50	84.07
Player 4	25.12	24.53	24.53	33.06	38.92	33.06	7.90	7.28	7.28	29.31	24.62	24.62	13.91	13.91	13.91	103.40
Player 5	40.50	39.05	39.05	64.00	70.12	64.00	12.24	11.50	11.50	30.00	45.44	30.00	18.06	18.06	18.06	162.61
Player 6	16.77	16.12	16.12	22.23	20.82	20.82	5.56	5.44	5.44	8.09	8.00	8.00	9.03	9.03	9.03	59.41
Player 7	17.56	-	17.56	23.15	-	23.15	5.75	-	5.75	9.34	-	9.34	11.28	-	11.28	67.08
Player 8	25.83	24.66	24.66	35.00	37.68	35.00	7.31	7.21	7.21	25.00	15.07	15.07	12.97	12.97	12.97	94.91

Evaluations

Team Placement

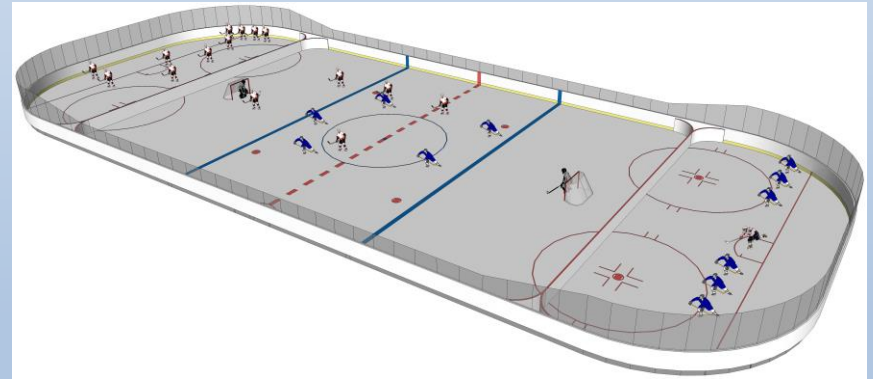
Teams & Ranking

Cross Ice Games



Half Ice Games

Modified Full Ice



Ice Structure & Layout



PRIOR LAKE | SAVAGE

Practice Structure

Mite 4

Start October 10th-March 1st 50+ hours of ice.

Weekday Ice Starting in Nov

Weekday Ice – Small Area and Cross Ice Games

Sat Ice – Butch and Skating

Sun Ice – Skill Development

Off-ice Program – Lakers Training Center

Mite 2

Start October 10th-March 1st 40+ hours of ice.

Sat Ice – Skill Development

Sun Ice – Butch or Skating and Skill Development

All Teams on Ice Together

Mite 3

Start October 10th-March 1st 50+ hours of ice.

Weekday Ice Starting in Nov

Weekday Ice – Small Area and Cross Ice Games

Sat Ice – Butch and Skating

Sun Ice – Skill Development

Off-ice Program – Lakers Training Center

Mite 1

Start October 10th-March 1st 40+ hours of ice.

Sat Ice – Skill Development

Sun Ice – Butch or Skating and Skill Development

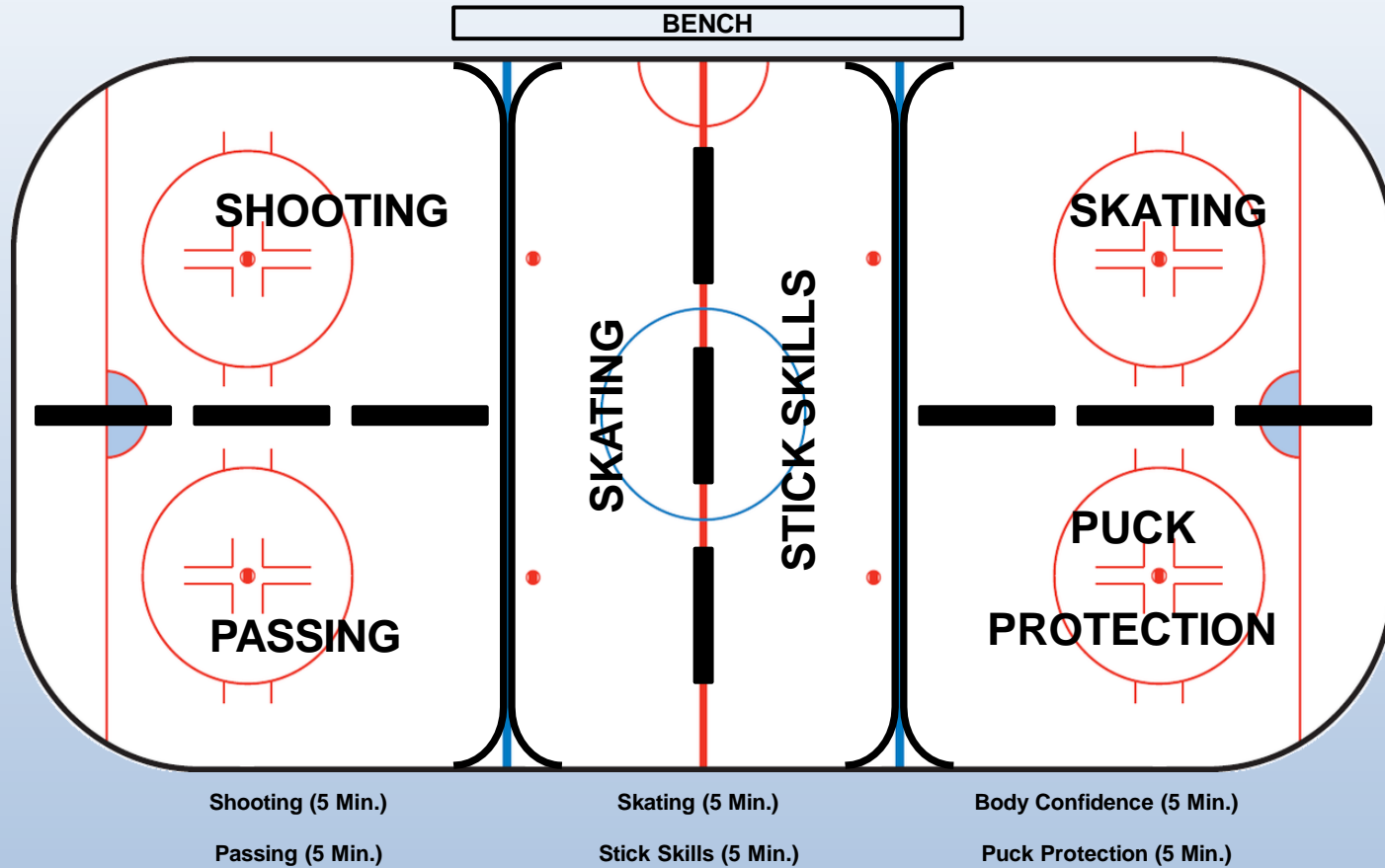
All Teams on Ice Together

Learn to Skate starting in November



Vision of On Ice

Saturday RINK 1 - Mite Practice Plan



Sample Practice Plan

1/3 Skating | 1/3 Skills | 1/3 Game

Passing Progression

Description

-Split the Players 1/3rd's

(1) Coach passing with tire, ball, puck.

(2) Players partner up passing to each other.

1)Tire

2)Tennis ball

ball

3)Pucks

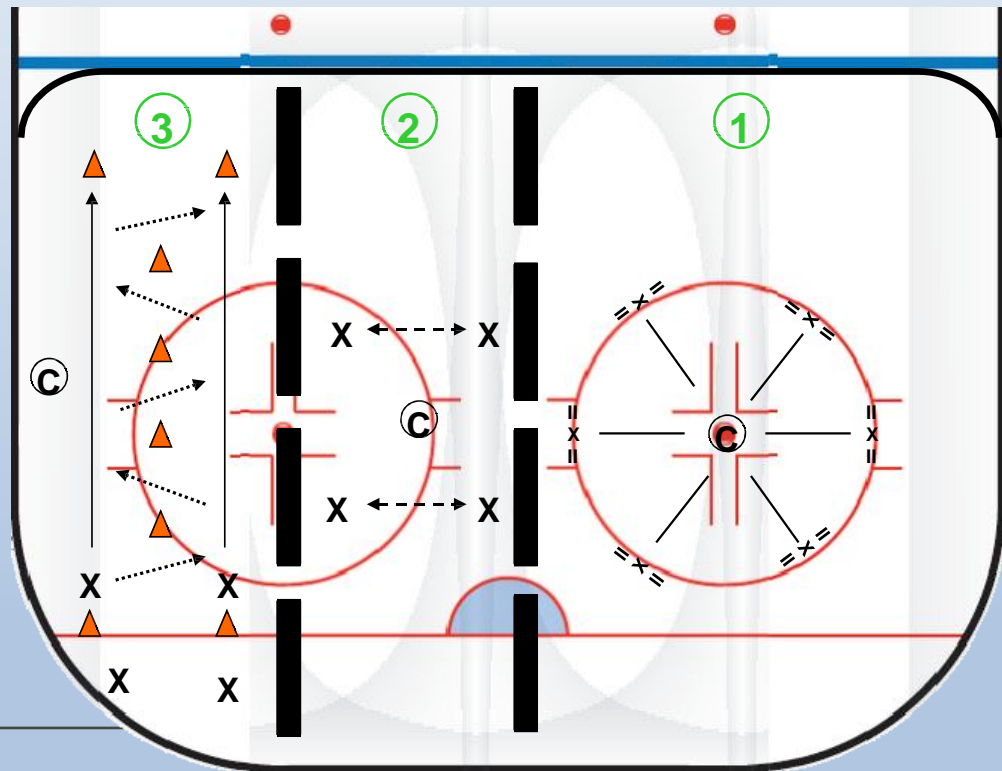
(3) Skating and Passing

Coaches Emphasize

- Passing square to target
- Correct hand position

Equipment Needed

- Bumpers
- Cones
- Pucks
- Markers
- Tires



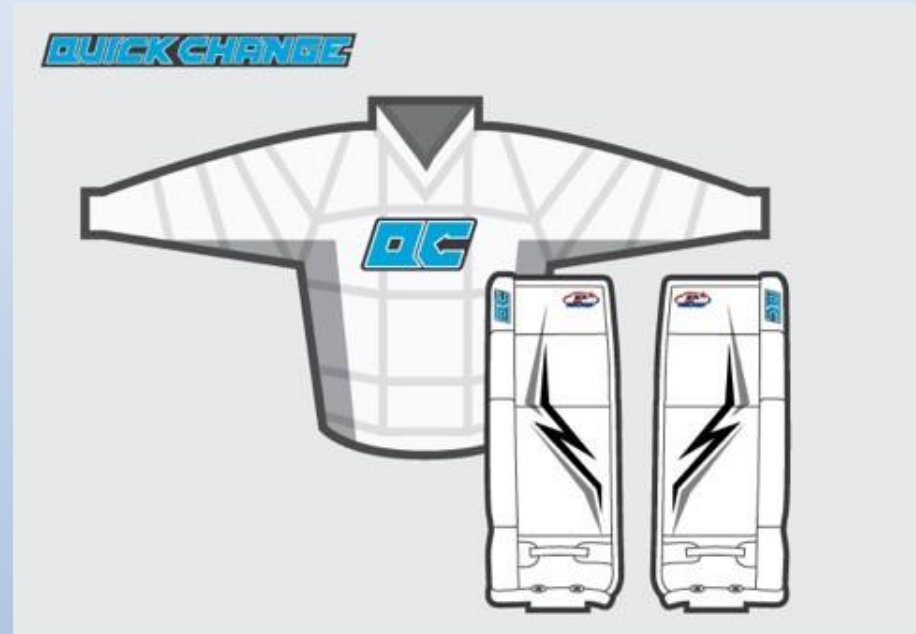
Sample Practice Plan

1/3 Skating | 1/3 Skills | 1/3 Game

Develop Goalies

Develop Goalies Now

Mite Focused Goalie Clinic's



Please watch www.plsha.com/mites to sign up



sportengine

- Team Messaging
- Schedules
- RSVP
- Quick Score
- Rosters

se YOUR TEAM
ON THE GO




Staying Connected

Stay Connected



PARENTS AND ATHLETES

Parents and athletes need to manage their SportsEngine accounts to ensure they get the most out of their Prior Lake-Savage Hockey Association experience during each sporting season. With their accounts properly configured, athletes and their families will receive communications according to their preferences and be able to complete registrations more efficiently. SportsEngine has created a Team Management Guide for Parents and Athletes that will help our members with frequently asked questions about our website and mobile app.

 [Download Guide](#)

STAY CONNECTED TO YOUR TEAM

Keep connected to your team(s). Get schedules and team updates for every athlete in the house, plus a way to message other members on your team and a way to give coaches a heads up about practice. Enjoy unlimited access to scores & stats, photo/video sharing, and more.

ESSENTIAL PARENT HOW-TO'S

<p>Adding a Mobile Phone</p> <p>Once you've created your account, add your mobile phone so you can receive text messages from your team manager or coach.</p> <p>Enabling Text Messaging</p> <p>Now that you have your mobile phone on your account, make sure you enable text messaging.</p> <p>Following a Team on the SportsEngine Mobile App</p> <p>Are you a family friend, grandparent or fan that wants to follow a specific team on the SportsEngine platform? Here is a quick guide to follow teams on the mobile app.</p> <p>Forwarding Athlete Messages</p> <p>Do you need a second parent, other family member or nanny to get messages about schedule changes or game times? Add a second email address to forward all communications.</p> <p>Linking Accounts</p> <p>Linking two SportsEngine accounts together allows both account</p>	<p>New to SportsEngine?</p> <p>Here is your quick start guide to creating an account and using the SportsEngine platform as an athlete or parent.</p> <p>Sending a Message</p> <p>Do you need to send a question to your team manager or another parent about a ride? Follow these instructions on how to send messages using the mobile app.</p> <p>RSVP to Game or Event</p> <p>Coaches and team managers need to know if you are going to be able to attend a game or practice. You can easily RSVP using the mobile application.</p> <p>Team Management Guide for Parents & Athletes</p> <p>Is your team using SportsEngine Team Management to manage RSVPs, schedules and communication? This is a quick how-to guide for parents and athletes</p>
--	---

Education

www.plsha.com/connect



PRIOR LAKE | SAVAGE

Key Program Additions

Continued Program Structure

- Levels of Play

Professional Skating Instruction

- Butch skating sessions

Schedule Modification

- Focused practice plans and progressions
- Focus on skating and skill development

Shooting Off Ice Sessions

- Off Ice Dryland



PRIOR LAKE | SAVAGE

Important Dates

October 3rd

Evaluations

Bring Your Volunteer Checks!

October 10th

First day of practice

We need Coaches for Evaluations & Rookie Camp!

Please see us after for details

Mite Questions?

Kevin Ingvalson

ingvalsonk@gmail.com

952-454-4665



PRIOR LAKE | SAVAGE

ADDITIONAL INFO



PRIOR LAKE | SAVAGE

COMMUNICATIONS



PRIOR LAKE | SAVAGE

Staying In Touch with PLSHA

PLSHA.COM

The screenshot shows the PLSHA website homepage. At the top, there is a navigation menu with links for Home, About, Calendar, Teams, Tournaments, Registration, Team Store, Sponsors, and More+. Below the menu is a secondary navigation bar with links for HOME, Coaches, Managers, Volunteers, Mite Program, Girls Program, Resources, New Players, SCHEDULE, and NON-PUBLIC. The main content area features the Lakers Hockey logo and several sections: 'DAKOTA! MASK POLICY - EFFECTIVE 7/25' with details on face covering requirements, 'OUR MISSION STATEMENT' describing the organization's goals, a 'CORONAVIRUS PREPAREDNESS PLAN' section, and a 'JR GOLD, MITE AND EVENT REGISTRATIONS OPEN!' banner. There are also buttons for 'PRE-TRYOUT TRAINING' and 'SEASON TRYOUT INFORMATION'. A sidebar on the right contains 'PLSHA EVENTS' with a calendar listing events like 'High School Boys Hockey Golf Fundraiser' and 'GIVE HOCKEY A SHOT', along with 'Minnesota Hockey Return To Play Guidelines' and a 'BECOME A LAKERS SPONSOR' button.

The graphic is an email notification from the PLSHA Comm Director, Jill Christopherson. It features the Lakers Hockey logo at the top. The text reads: "PLSHA Comm Director - Jill Christopherson (Prior Lake-Savage Hockey Association) sent you a message." Below this is a yellow smiley face with a hand pointing to it, with the text "Don't FORGET!". The notification contains two sections: "MANDATORY TRAVELING PARENT MEETING" and "MANDATORY TRAVELING PLAYER MEETING". The parent meeting is scheduled for Sunday, September 23, at 6:15 PM in the Prior Lake HS auditorium. The player meeting is also on Sunday, September 23, at 6:15 PM in the Prior Lake HS commons area. The notification ends with "We will end by 7:00-7:15." and "First time traveling parents are welcome to stay for a Q/A session with the Board."

Email

**If you are not receiving email please check your NGIN account settings – it is not updated via registration info*

FACEBOOK

<https://www.facebook.com/pages/Prior-LakeSavage-Youth-Hockey>

The screenshot shows the Facebook page for the Prior Lake/Savage Youth Hockey Official Page. The page header includes the name of the page, a search bar, and navigation links for Page, Inbox, Manage Jobs, Notifications, Insights, Publishing Tools, More, Settings, and Help. The main content area features the Lakers Hockey logo, a large photo of the arena interior with various team banners hanging from the ceiling, and the text "Prior Lake/Savage Youth Hockey - Official Page" with a "Create Page @Username" link. At the bottom, there are buttons for "Home" and "About", and a "Like" button with options for "Following" and "Share".



PRIOR LAKE | SAVAGE

FINANCIAL & SPONSORSHIPS

Ice/Team Bills

- Each Team will have a Team Treasurer (Team Manager will assume duties if no volunteers)
- A monthly team bill will be sent to Team Treasurer
 - E.g. Ice time, tournament fees, D6 fees, team specific
- Team Manager/Treasurer responsible for collecting from parents and paying ice bills

PLSHA - Financial Operations



- We are a non profit association & 501(c)(3)
 - \$850k in last year; \$815k out in expenses
- We are your cost facilitator
- It is our intention to not build an excess cash reserve, rather use excess cash to reduce the cost of hockey and/or offer additional training
- Charitable gaming will start helping reduce our costs. Thank you to our gambling sponsors.



PRIOR LAKE | SAVAGE

Budget for 2019-2020: \$900k

PLSHA Association 2018-2019 Expenses	Amt.
Ice time	\$325k
Mites including Mite Jamboree	\$135k
Tournaments including running two of our own	\$100k
Admin: Insurance, D6 Fees, Level Coordinators, Professional Fees, HOC, Goalie Reimbursement, Fundraising, Development	\$85k
Off-ice Training (Dryland and Dakotah Trainers)	\$65k
Equipment - jerseys, socks, pucks, etc.	\$45K
Coaches & Specialized Training (Skating, Goaltending)	\$65k
Tryouts	\$7k



PRIOR LAKE | SAVAGE

Sponsorship Program

- Any business owners or decision makers for sponsorships are APPRECIATED
 - We will entertain any sponsorship opportunity
- See our Sponsorship tab on the website (plsha.com/sponsorship) and reach out to Scott Bloom for questions
 - Current Options: jersey, tournament, website, other



PRIOR LAKE | SAVAGE

Please support our Sponsors



SPECIAL THANKS to our Pull Tab Sponsors



BUFFALO WILD WINGS





PRIOR LAKE | SAVAGE

SAFESPORT QUESTIONS?

SafeSport FAQs

Do I need to take the SafeSport Training every season?

- **YES.** As of 4/1/2020, SafeSport Training and the Refresher Course Training are valid for only one (1) season.
 - **PLEASE NOTE: If you are a 2003 birth year or earlier, you will be required to take the SafeSport Core Training or Refresher Course prior to participation for the 2020-21 season.**

Why can't I just take Refresher Training again?

- There is new and updated content for the Core SafeSport Course. Everyone **must** complete the Core SafeSport course before being eligible to complete the Refresher course.
 - **PLEASE NOTE:** A person must **first take the course known as “Core Center for SafeSport Training,”** which is taken online and takes approximately 90 – 120 minutes to complete. After that a **“Refresher Course” is available each subsequent year for a person that has completed the Core Center for SafeSport Training.** The Refresher Course take 30 minutes or less to complete. There is no cost to members of USA Hockey to complete either training course.

SafeSport FAQs

How do I register for the SafeSport Training?

- You will need to access/register for SafeSport Training using the link provided on our site under "Register for SafeSport Training" or "How to Register for SafeSport." Instructions on how to register and access the training courses can be found [here](#).
 - PLEASE NOTE that you will need your own (current) USA Hockey Confirmation Number or Referee Number and your own email address to access the training. You can locate your number OR obtain a number here www.usahockeyregistration.com. If you will not be participating as a player, coach or referee, you can register at no cost under the ice manager/volunteer category to obtain your USA Hockey Confirmation Number. If you don't know your USA Hockey confirmation number you can access it by [clicking here](#)

Can I use the same email address as someone else in my family to complete the SafeSport Training?

- **No**, since an email address can be used to login for training, the same email address cannot be used to register multiple persons for SafeSport Training. You will need to use a separate email address for the training.

SafeSport FAQs

How do I obtain a copy of my SafeSport Trained certificate?

- Log in on website: <https://www.safesport.org/authentication/signin>
- Click on Menu
- Click on SafeSport Trained
- Click on the green Certificate button
- Save and print certificate
- Please note that certificates of completion cannot be downloaded on tablets or mobile devices.

How will my program know that I completed SafeSport Training?

- Information from the training site is automatically downloaded to the USA Hockey database on a nightly basis. Local program registrars will also be able to check (through the USA Hockey Registry) to see if athletes/coaches/managers/volunteers in their association have completed SafeSport Training and it will be indicated on team rosters. If you are a referee, SafeSport Training will be indicated on your referee profile, though it can take a few days for this to appear on your profile



PRIOR LAKE | SAVAGE

COACHES



Coach Requirements 2020-2

If you are interested in coaching this season please complete the following **Online Registration Steps** (found on the PLSHA 'Coaches' tab):

1. Submit a coaching application. This requires you first register with USA Hockey
2. Complete the Background Screening
3. Possess a current CEP Certification
4. Complete the Age-Specific Modules for ALL levels you are coaching
5. Complete the SafeSport training
6. Submit receipts for all classes/modules in one request to the PLSHA Treasurer by 12/31/2020 for reimbursement of eligible expenses. Background fees will NOT be reimbursed.

Please refer to the "Coaches" Tab on the PLSHA website for additional information or contact Paul Sterling (plshacoaches@gmail.com)

CEP Classes:

Level 4:	Aug 24 th -25 th	Bloomington
Level 1-3:	Sept 14 th , Oct 27 th	EPCC
Level 1-3:	Nov 9 th , Dec 8 th	EPCC
Junior Gold:	Dec 7 th & 8 th	Location TBD
Mite Coaches Seminar (Request Only)		

Mite Coaches Training
Available upon request
PATWESTRUM@msn.com

*All others listed on www.usahockey.com



PRIOR LAKE | SAVAGE

MORE TRYOUT INFO



Youth and Girls HDC

Hockey Development Committees (HDC): administers all PLSHA on-ice activities. The Hockey Development Committee meets as needed and reports to the PLSHA Board at their monthly meetings.

Hockey Development Committee (HDC):

- Joe Pankratz (Boys HDC Director & Boys Varsity Coach)
- Tony Bianchi (Bantam AA Coach)
- Todd Kennedy (former Boys Varsity Assistant)
- Kevin Ingvalson (Boys Varsity Assistant)
- Matt Sartor (Boys Varsity Assistant, Former Peewee AA Asst)
- Glenn Walker (Boys JV Assistant, Former Bantam AA Asst)

Girls Hockey Development Committee (HDC):

- Kiersten Nelson (Girls HDC Director & Girls Varsity Coach)
- Karl Hovde (PLSHA Girls Coordinator)
- Joey Larson (Girls Varsity Assistant)
- Joel Pykkonen (Girls Varsity Assistant)
- Kristen Henry (12U A Coach)
- Kailey Dahlberg (Girls Varsity Assistant)
- Andrea Peterson (Girls Varsity Assistant)
- Garrett Moselle (Girls Varsity Assistant)
- Jim Bodick (10U A Coach)



PRIOR LAKE | SAVAGE

HDC / Board Tryout Principles

- **Be thorough:** Have multiple sessions and evaluators; Use previous coach input where needed
- **Be consistent:** Board Liaisons utilized to monitor integrity of process
- **Be as transparent as possible:** Evaluation criteria posted
- **No Distractions:** Tryouts are closed to parents – Please respect this!
- **Skill Drills vs. Scrimmages:** skills are what is evaluated, from the time the athlete hits the ice until they step off. Goals and winning does not matter.
- **Positions and fairness of shifts:** Squirt Liaison and additional volunteer positions on the bench to ensure more fairness and equal distribution of positions .
- **No outside or AAA jerseys:** all players must wear gold or navy helmets + jerseys + socks. PLSHA will provide as needed.
- **“C” team placement:** Allow a family to skip tryouts if desire



PRIOR LAKE | SAVAGE

Examples of Eval sheets

Scoring System 1 To 5 (1 = Lowest 5 = Highest)

GROUP 1: 6:00-7:00 Wed Oct 4 (SKATERS)

Jersey #	Color	Skating	Hockey Sense	Overall Effort	Play w/ Puck	Play w/o Puck	FINAL SCORE	Comments
	LIGHT	1	2	1	1	1	1.2	improve skating & skills
	DARK	4	4	5	4	4	4.2	good skater & really good effort
	LIGHT	2	2	2	2	2	2	play the body
	DARK	2	2	2	2	2	2	improve skating
	LIGHT	2	1	1	1	1	1.2	improve effort & puck skills
	DARK	1	1	2	1	1	1.2	improve skating & puck skills
	LIGHT	5	5	5	5	5	5	very nice player
	DARK	5	4	5	5	4	4.0	good everything
	LIGHT	1	2	1	1	1	1.2	improve skating & puck skills
	DARK	2	3	3	3	3	2.8	improve quickness
	LIGHT	3	3	3	3	3	3	ok at everything
	DARK	2	2	3	3	3	2.6	improve quickness & strength
	LIGHT	4	3	3	3	2	3	improve strength, more puck control
	DARK	4	4	3	5	4	4	good skating & skills
	LIGHT	1	2	1	1	1	1.2	improve skating & puck skills
	DARK	4	4	4	5	4	4.2	good skating skills
	LIGHT	1	2	1	2	2	1.6	improve skating & strength
	DARK	1	2	1	1	1	1.2	improve skating
	LIGHT							INJURED
	DARK	1	1	2	1	1	1.2	improve skating
	LIGHT	2	2	2	2	2	2	improve skating & effort
	DARK	2	1	1	1	2	1.4	improve puck skills
	LIGHT	2	2	2	2	2	2	improve skating & puck skills
	DARK	2	2	3	3	2	2.4	improve skating, pass, puck control

P 1: 6:00-7:00 Wed Oct 4 (GOALIES)

0	3	3	3	3	3	3	3	improve Angles
6	2	2	1	1	1	1	1.5	challenge shooter more
6	2	2	3	2	2	2	2.2	

Scoring System 1 To 5 (1 = Lowest 5 = Highest)

GROUP 1: 6:00-7:00 Wed Oct 4 (SKATERS)

Jersey #	Color	Skating	Hockey Sense	Overall Effort	Play w/ Puck	Play w/o Puck	FINAL SCORE	Comments
	LIGHT	1	1	1	2	1	1.2	slow skater, ok position
	DARK	3	3	3	3	3	3	good hockey sense
	LIGHT	1	1	1	2	1	1.2	good effort, more strength
	DARK	1	2	1	1	1	1.2	slow skater
	LIGHT	2	2	1	1	1	1.4	good skater
	DARK	2	2	2	2	2	2	good skating, slow skater
	LIGHT	5	5	5	5	5	5	AP last year
	DARK	5	5	5	5	5	5	is complete, smart, good skater
	LIGHT	2	3	2	2	2	2.4	good hockey sense
	DARK	3	3	2	2	2	2.4	good skater
	LIGHT	3	2	3	3	2	2.4	good, with puck, slow skater
	DARK	2	4	2	2	1	1.6	good natural looks effort, speed
	LIGHT	4	4	3	4	4	3.8	good skater, smart player
	DARK	4	4	4	3	3	3.6	good player, effort
	LIGHT	2	2	2	2	2	2	good effort
	DARK	4	4	3	3	3	2.8	good skater, good looks
	LIGHT						2	good position
	DARK	2	2	2	2	2	1.4	looks skating, effort
	LIGHT							INJURED
	DARK	2	2	1	1	1	1.4	good skater
	LIGHT	2	2	2	2	1	1.8	good position, looks speed
	DARK	1	1	1	1	1	1	plays second, doesn't get much
	LIGHT	1	1	1	1	1	1	slow skater, minimal puck control
	DARK	2	2	2	2	2	2	good effort, skater

P 1: 6:00-7:00 Wed Oct 4 (GOALIES)

	3	3	2	3	2	3	3	good movement
	2	2	2	2	2	2	2	slow skater
	3	3	3	2	2	3	3	good fundamentals

Tryout Process

DAY 1	<u>A-H*</u>	<u>I-R*</u>	<u>S-Z*</u>	All levels together
DAY 2	Lower	Middle	Top	Rank vs competition
DAY 3	Lower	Middle	Top	Focus on “bubble kids”
DAY 4	Lower	Middle	Top	Divide pool into teams

** Example of groupings are for illustration purposes only*

DAY 1 and 2

- Every evaluator scores every player **1-5 (5 is best)**
- Player notes
- Scores are entered in PC
- Establishes player ranking
- Posted each night

DAY 3 and 4

- Pools are created
- Looking for outliers
- Players ranked 1-5
- Scores entered into PC
- Bubble players discussed at depth in war room
- Coaches attend as needed for draft purposes

Draft process

2 main goals of the draft

As equal of teams as possible

Do our best to put kids with a coach where they will have a good experience

Draft Process:

- **Attendance** – only the Head Coach and one assistant
- **Liaison/Level Coord fill out white board:** (top/middle/bottom rated groups) with both Pinny number and 1st or 2nd year player at the level
- **Goalies first:** 4 goalies – coin flip for 1st pick 3 goalies – coin flip for 1st, highest rated goalie required to be the solo goalie
- **Coin flip to starts full draft:** Winner can chose - first pick of players or tourneys
 - Whomever picks the player first - the other team gets the extra player coming down from the A pool (if applicable)
 - Draft starts with picks from top rated group 2nd year players, top rated group 1st year players, middle rated group 2nd year players and down the list until draft is complete
- **Closed door:** discussions in the room should not be made public



PRIOR LAKE | SAVAGE

Experienced Evaluators YOUTH

All levels; D1, D3, Junior, High School, and Youth. They also have significant experience as evaluators and coaches with the Minnesota High Performance 18's, 17's, 16's, 15's, as well as numerous USA Hockey Festivals, and the Great 8 program. They are highly qualified and have been involved in this game a long time.

- Brad Thompson – Former HS Assistant Coach, Top Level Coach Bantam Coach at Centennial and Jefferson, Minnesota HP Evaluator, 20+ years experience
- Tom Bjornberg – Former Squirt A and Bantam AA Assistant Coach, Years of Eval experience
- Tony Bianchi – Peewee AA and Bantam AA Coach, 20+ years experience, College Player
- Andy Kranz – Prior Lake Bantam AA Assistant Coach
- Joe Kanz – PL JV Assistant Coach
- Kevin Ingvalson – Laker HS Assistant Coach, College Goalie, 20+ years eval experience
- Jack Pexa – Laker Squirt A Assistant, Varsity Hockey Player
- Joe Pankrantz – PL Varsity Head Coach
- Todd Kennedy - former PL varsity assistant coach and Bantam AA assistant coach
- Rob Bloomer - former PL Squirt A level coordinator and head coach
- Brooks Holscher – former Squirt level coordinator and A head coach
- Matt Crist – Laker HS Assistant Coach, Former Laker Player and Captain
- Matt Sartor – Laker HS Assistant Coach, High School Player, 10+ years experience
- Brent Eisenach - Squirt level coordinator and A head coach



PRIOR LAKE | SAVAGE

Experienced Evaluators GIRLS

All levels; D1, D3, Junior, High School, and Youth. They also have significant experience as evaluators and coaches with the Minnesota High Performance 18's, 17's, 16's, 15's, as well as numerous USA Hockey Festivals, and the Great 8 program. They are highly qualified and have been involved in this game a long time.

- Kiersten Nelson, PLHS Head Coach, Experienced Evaluator
- Joey Larsen- HS Asst. Coach, Experienced Evaluator
- Joel Kanz- HS Asst. Coach, Experienced Evaluator
- Joel Pykkonen- HS Asst. Coach, Experienced Evaluator
- Taylor Barsness- HS Asst. Coach, Experienced youth/HS Coach
- Jim Bodick - 10U A Coach, Experienced evaluator
- Kristen Henry- 12U A Coach, Experienced Evaluator

Contacting Tryout Liaisons

- Observe 24 Hour “Cooling Off Period”
- **PHONE CALLS ONLY – If you have a QUESTION in regards to player placement please contact the appropriate level liaison; Emails will not receive a response**
- Acceptable reasons for contacting a liaison
 - Injuries or Illness
 - To clarify anything where there may be some confusion
 - To report inappropriate behavior by players or parents during the tryout process
- Unacceptable reasons for contacting a liaison (call level coordinator)
 - Debate player placement or evaluations





PRIOR LAKE | SAVAGE

Level Coordinators Tryout Responsibilities

Level Coordinator responsibilities include:

- Tryout evaluations
- B and C coach selection/placement
- Conduct draft when needed
- Monitor conduct of players and coaches - Discipline
- First level arbitrator for on ice issues / concerns

Youth Level Coordinators

- Bantam "AA" coach (Tony Bianchi) oversees all Bantams
- PW "AA" coach (Corey Martinson) oversees all Peewees
- SQ "A" coach (Rob Bloomer) oversees all Squirts

Girls Level Coordinators

- 12UA coach Kristen Henry oversees all 12Us
- 10UA coach Jim Bodick oversee all 10Us



PRIOR LAKE | SAVAGE

WE NEED VOLUNTEERS

BOARD MEMBER COORDINATORS

Required to attend meetings as needed.
Coordinators help in planning and executing.



<p>SARAH Thoeny Safe Sport Coordinator</p> <p></p>	<p>CHRIS Lake Travel Team Manager Coordinator</p> <p></p>
<p>PAUL Sterling Coaches Coordinator</p> <p></p>	<p>NICOLE Jacques PLSHA Board Apprentice</p> <p></p>
<p>LYNDIE Schmitz Mite Team Manager Coordinator</p> <p></p>	<p>CODY Bodin Mite Equipment Co-Coordinator</p> <p></p>

Still seeking

- Volunteer coordinator
- Website Coordinator
- Travel Jersey Coordinator

BART
Sheffield
Gambling Coordinator
Phone: 612-889-2800



OPEN
POSITION
Volunteer Coordinator

JON
Volp
Goalie Coordinator

DEANNA
Hawke
Mite Equipment Co-Coordinator



OPEN
Position
Travel Jersey Coordinator

BRENDA
Kimmes
Website Coordinator Interim





PRIOR LAKE | SAVAGE

PLAYER & PARENT CONDUCT



PRIOR LAKE | SAVAGE

10 things that Require ZERO talent

1. Being on time
2. Work Ethic
3. Effort
4. Body Language
5. Energy
6. Attitude
7. Passion
8. Being Coachable
9. Doing Extra
10. Being Prepared



PRIOR LAKE | SAVAGE

Player Attendance Policy

- Players are required to attend ALL games and practices.
- There **will be** tournaments **Thanksgiving Weekend**.
- **Acceptable absences include religion, illness, and family emergencies.**
The need to finish school work is not acceptable; players must balance their schedules and learn how to become student-athletes. It will be required if they wish to play high school hockey and beyond.
- MEA weekend (**Oct 16-18**) & Christmas (**Dec 24-27**) will be OPTIONAL practices only for all PLSHA teams for this season. Other holidays and vacations will not be excused from your obligation to your team.
- The following are the **consequences of missing a practice or game**; the same policy will be standard on ALL teams.
 - Players missing practice due to an unexcused absence will be required to sit one (1) period in the next game.
 - Players missing a game due to an unexcused absence will be required to sit the entire next game.



PRIOR LAKE | SAVAGE

Parent Conduct Policy

Following USA Hockey "Zero Tolerance" policy applies to both tryouts and in season

INFRACTIONS:

For the **first infraction** during tryouts or current season, the parent shall be removed from all PLSHA events, home or away, for a period of **30 days**

For the **second infraction** during tryouts or current season, the parent shall be removed from all PLSHA events, home or away, for a period of **90 days**

The **parent may appeal** the above stated suspensions after 7 days with a written appeal to the PLSHA Board Officers (President, VP, Treasurer, and Secretary); however, exceptions to the consequences will be rare in accordance with the zero tolerance nature of this policy.

The PLSHA Board of Directors and/or D6 **reserves the right to institute greater penalties** than outlined above as they deem appropriate.

Any parental/guardian/spectator misconduct not specifically alluded to above, will be dealt with on an individual basis by the PLSHA Disciplinary & Grievance Committee.

Bench **coaches are exempt** from this policy as they are **governed by specific District 6 rules** for coaches.



PRIOR LAKE | SAVAGE

GOVERNANCE



PRIOR LAKE | SAVAGE

Disciplinary & Grievance Meetings

- Continued bi-weekly disciplinary hearing meetings
- Meetings will be cancelled if non-applicable
- Disciplinary/Grievance Committee – 5 person panel from 9 participants
 - Greg Guimont (GOVERNANCE BOD MEMBER)
 - Teddie Lehman
 - Todd Lervick
 - Paul Emerson (EBOD)
 - Dave Lavigne (EBOD)
 - Karsten Williams (EBOD)
 - Jill Christopherson (EBOD)
 - Chris Chayer (NEW MEMBER)

Proper Protocol...

BEFORE YOU TAKE ACTION

- wait 24 hrs
- be honest and objective when reflecting on the issue
- try to view it from all angles
- talk to your child to see if they agree with your perception

BEST COURSE OF ACTION

- Accurately document the situation in writing
- Call a board member to discuss the situation prior to sending your email – and be clear about what you are asking for
- Submit your formal complaint/comment
- Understand your email WILL BE FORWARDED / can't be un-sent



PRIOR LAKE | SAVAGE

THANK YOU

If you have any questions please
contact a board member,
committee chair, coordinator, or
level coordinator.