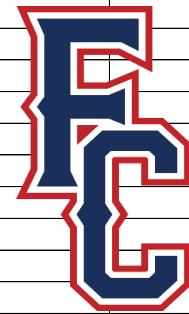


Force Baseball / Fort Collins Baseball Club		Program Overview	
Ages: 9-14	AAA and AA		
<b>Program Pillars / Requirements</b>			
All players must be involved in at least one other activity (school sport or other, such as Band, Swimming, Tennis, Karate, Chess, Odyssey, etc.)			
No official baseball activities from November 1 - December 31 (strongly encourage a fall sport)			
<b>School Matters / Intellectual Development</b>			
Teacher/Mentor Recognition Program ... Gratitude			
Community Service activities (organized by TA/Program)			
Bi-Weekly or Monthly Reflection piece (2-3 paragraphs) required ... Life & Baseball (journaling)			
Umpire Training Clinic required			
Field Prep/Maintenance training/clinic required			
Playing Time ... nobody buried on bench / develop roles ... each player should be at least 2-dimensional / prefer 12 "Pitchers"			
<b>Play the Game the Right Way</b>			
Examples...			
Run through 1B every at-bat with ball in play (or dropped third)			
Run to 1B when walked or HBP (drop bat at home plate and GO)			
Jog back to dugout with head up after Strikeout (as batter)			
Glove and Hat delivered from dugout to teammate who ends offensive half on the diamond (batter or runner)			
Absolutely no whining, crying, or responding to Umpire calls ... focused, classy approach			
Slide to bases when a play is being made			
Batter: pick-up catcher's mask when applicable			
Catcher: hand bat to batter when applicable			
Arrival Time and Pre-Game Flow			
Dugout Demeanor / Conduct ... <i>no Chanting!</i>			
Bleacher Demeanor / Conduct ... no sound systems, no artificial noise-makers, positive tone			





	September	October	November	December	January 15	February	March	April	May	June	July	August	2022 Games (approx.)
9u	League	League	Off	Off	Workouts	Workouts	Workouts	League/Practice	League/Practice	League/Practice			36-40
10u	League	League	Off	Off	+ Individual	Workouts	Workouts	League/Practice	League/Practice	League/Practice	Tournament (1-2)		36-40
			Individual	Individual	+ Individual	Workouts	Host: Four in the Fort	Tournament (1)	Tournaments (2)	Tournaments (2)	Tournament (1-2)		
11u	League	League	Off	Off	Workouts	Workouts	Workouts	League/Practice	League/Practice	League/Practice			36-40
			Individual	Individual	+ Individual	Workouts	Host: Four in the Fort	Tournament (1)	Tournaments (2)	Tournaments (2)	Tournament (1-2)		
12u	League	League	Off	Off	Workouts	Workouts	Workouts	League/Practice	League/Practice	League/Practice			40-44
			Individual	Individual	+ Individual	Workouts	Host: Four in the Fort	Tournament (1)	Tournaments (2)	Tournaments (2)	Tournament (1-2)	FCBC Stars / Coop	
13u	League	League	Off	Off	Workouts	Workouts	Workouts	League/Practice	League/Practice	League/Practice			40-44
			Individual	Individual	+ Individual	Trip	Host: Four in the Fort	Tournament (1)	Tournaments (2)	Tournaments (2)	Tournament (1-2)		
14u	League	League	Off	Off	Workouts	Workouts	Workouts	League/Practice	League/Practice	HS Summer Program (likely)			25-28
			Individual	Individual	+ Individual	Trip?	Host: Four in the Fort	Tournaments (2)	Tournaments (2)				
<b>Most tournaments are "sleep in your own bed" tournaments</b>													
												page 2 of 3	

