

## LIVERMORE BULLS FOOTBALL AND CHEER ATTENDANCE POLICY

The LJFL Bulls are committed to providing a safe and effective learning environment for all players participating in our youth tackle football and cheer program. Regular attendance is crucial for achieving this goal and ensuring the safety and well-being of every player and cheerleader. This policy outlines the importance of attending practices and games and outlines the consequences of missed sessions.

### Importance of Attendance:

- **Safety:** Missing practices can hinder an athlete's ability to properly learn and execute techniques, potentially leading to increased risk of injury for themselves and others. Consistent attendance allows athletes to build muscle memory, coordination, and situational awareness, all of which contribute to safer play.
- **Skill Development:** Each practice session builds upon the previous one, forming a progressive learning experience. Missing practice can lead to gaps in understanding and skill development, impacting an athlete's performance and confidence on the field.
- **Teamwork:** Football & Cheer is a team sport, and consistent attendance fosters strong communication, collaboration, and trust among teammates. Missing practices can disrupt team cohesion and negatively impact the overall performance and morale of the team.
- **Game Preparation:** Regular attendance at practices ensures athletes are adequately prepared for upcoming games, both physically and mentally. This preparation is crucial for optimal performance and reduces the risk of injury during game situations.

### Attendance Expectations:

- Players and cheerleaders are expected to attend all scheduled practices and games.
- In the case of unavoidable absences, players or guardians must notify the coaching staff as soon as possible.
- Absences for illness, injury, or other unforeseen circumstances will be considered on a case-by-case basis.
- Absences for other reasons may result in disciplinary action, including:
  - Reduced playing time
  - Suspension from practice or games
  - Dismissal from the program

### Communication and Collaboration:

We understand that unforeseen circumstances may arise. We encourage open communication between players, cheerleaders, guardians, and coaches regarding any potential attendance concerns. We are committed to working collaboratively to find solutions that prioritize both athlete safety and participation.

### Conclusion:

Regular attendance is paramount for ensuring a safe and enriching experience for all athletes in our youth tackle football and cheerleading program. We believe that by understanding the importance of attendance and working together, we can create a positive and successful season for everyone involved.