



August 30, 2021

MCRD Participants and Community,

The MCRD office and facilities are open and operating as normal with a few stipulations effective Tuesday, August 31, 2021.

OFFICE & STAFF

The department office will be requiring the public to wear a mask when entering. MCRD staff will be wearing a mask while interacting with the public.

OUTDOOR ACTIVITIES

Masks are not required, but are recommended when you are unable to physically distance 6' from those not in your household.

INDOOR ACTIVITIES

Masks are not required while actively participating in programs, but are recommended at all other times especially when physically distancing 6' from those not in your household is not possible.

The MCRD office will be following guidelines consistent with our employee positive/exposure guidelines for participants and teams. See attached. If you are feeling sick or have symptoms please stay home. If you have tested positive please notify the individuals you have come in contact with so that they can take appropriate action. For quick updates on activities please keep an eye out on our Facebook page and website: www.madcorec.com.

Thank you for your understanding and continue to take the necessary precautions to keep you and your family safe.

A handwritten signature in red ink that reads 'Shelley Parham'. The signature is written in a cursive, flowing style.

Shelley Parham
Director



If you have been in close contact (within 6 feet of someone for a cumulative total of 15 minutes or more over a 24-hour period) with someone who has COVID-19, **UNLESS YOU HAVE BEEN FULLY VACCINATED**, please follow one of the two guidelines below for quarantine:

1. Quarantine can end after day 10 without testing and if no symptoms have been reported during daily monitoring. You may return on day 11.
2. Quarantine can end after day 7 if a negative PCR or antigen test is taken and if no symptoms were reported during daily monitoring.

If you have been confirmed by a health care professional that you are positive for COVID-19 follow these guidelines for quarantine if you had symptoms:

1. Home isolation for at least 10 days has passed since symptoms first appeared and
2. At least 24 hours have passed since last fever without the use of fever-reducing medications and
3. Symptoms have improved.

If you have been confirmed by a health care professional that you are positive for COVID-19 follow these guidelines for quarantine if you had no symptoms:

1. At least 10 days have passed since the positive laboratory test and you remain asymptomatic. (*Note: If you later develop symptoms, you should follow the guidance for symptomatic persons above.*)

People who are fully vaccinated do NOT need to quarantine after contact with someone who has COVID-19 unless they have symptoms. However, fully vaccinated people are recommended to get tested 3-5 days after their exposure even if they don't have symptoms.

People are considered fully vaccinated:

- 2 weeks after their second dose in a 2-dose series, such as the Pfizer or Moderna vaccines, or
- 2 weeks after a single-dose vaccine, such as Johnson & Johnson's Janssen vaccine