

**RT**  
**Rumble**



# ROCKET TRAINED

## OPEN / NOVICE

HOSTED BY	ROCKET TRAINED WC
WHERE	WESTLAND JOH GLENN HS ~ 36105 MARQUETTE ST, WESTLAND MI 48185
WHEN	SUNDAY, 1/18/2026 – <b>SPLIT START</b> <b>1<sup>ST</sup> SESSION: 2021- 2017 WRESTLERS 9:00AM</b> <b>2<sup>ND</sup> SESSION: 2016-2015 WRESTLERS NO SOONER THAN 12:00PM</b> <b>3<sup>RD</sup> SESSION: 2014-2011 WRESTLERS NO SOONER THAN 2:00PM</b>
WEIGH-INS & REGISTRATION	<b>WRESTLERS MUST DECLARE THEIR WEIGHT CLASS WHEN REGISTERING. EAST FOLLOWS NO WEIGH-IN/AUDIT PROCEDURE</b> ALL WRESTLERS MUST BE PRE-REGISTERED ON OR BY THURSDAY EVENING AT 10:00 PM PRIOR TO THE TOURNAMENT. CLUB DIRECTORS OR INDIVIDUAL MEMBERS WILL LOGIN INTO THEIR PERSONAL ACCOUNT TO REGISTER. ALL WRESTLERS MUST BE A MYWAY MEMBER IN ORDER TO COMPETE IN ANY MYWAY SANCTIONED EVENT.
AWARDS	CUSTOM MEDALS 1 <sup>ST</sup> -4 <sup>TH</sup> PLACE: TEAM TROPHIES 1 <sup>ST</sup> -3 <sup>RD</sup>
ENTRY FEE	<b>\$20.00</b>
MEMBERSHIP	<a href="http://WWW.MEMBERSHIPWAYWRESTLING.COM">WWW.MEMBERSHIPWAYWRESTLING.COM</a>
ADMISSION	\$6.00 ADULTS, \$3.00 CHILD
AGE GROUPS	<b>AGE GROUPS ARE DETERMINED BY YEAR OF BIRTH. (A WRESTLER'S BIRTHDAY AS OF DECEMBER 31, 2025)</b> <i>PROOF OF AGE WILL BE REQUIRED IF WRESTLER IS CHALLENGED WITHIN THE FIRST TWO ROUNDS OF COMPETITION. A BIRTH CERTIFICATE IS THE ONLY FORM OF VALIDATION THAT WILL BE ACCEPTED.</i>
RULES	<b>MODIFIED HIGH SCHOOL RULES</b> <ul style="list-style-type: none"><li>• MUST BE IN GRADE 8<sup>TH</sup> OR UNDER. ANYONE BORN IN 2010 MUST SEND PROOF WHEN REGISTERING FOR MYWAY.</li><li>• ALL MICHIGAN RESIDENTS <b>MUST</b> BE A MYWAY MEMBER TO COMPETE IN POST SEASON EVENTS.</li><li>• AGE GROUPS 2021-2019 &amp; 2018-2017: THREE, 1 MINUTE PERIODS</li><li>• AGE GROUPS 2016-2015, 2014-2013 &amp; 2012-2011 (2010 8<sup>TH</sup> GRADE ONLY) THREE, 1:30 MINUTE PERIODS</li><li>• SINGLET'S OR T-SHIRT AND SHORTS ARE REQUIRED.</li><li>• MOUTH GUARDS <b>MANDATORY</b> FOR WRESTLERS WITH BRACES</li><li>• <b>*WHEN OFFERED NOVICE IS FOR 2018-2017, 2016-2015, &amp; 2014-2013 DIVISIONS ONLY</b></li><li>• ONLY TWO COACHES PER WRESTLER WILL BE PERMITTED IN A CORNER.</li><li>• <b>NO VIDEOGRAPHY PERMITTED MAT SIDE. ANYONE WITH CAMERA MUST BE IN THE STANDS.</b></li></ul>
COACHES	SEE <b>MANDATORY REQUIREMENTS</b> - <a href="http://WWW.MYWAYWRESTLING.COM/COACHESCORNER">WWW.MYWAYWRESTLING.COM/COACHESCORNER</a>
OPEN/NOVICE WEIGHTS	<b>2021-2019:</b> 37, 40, 43, 46, 49, 52, 55, 58, 61, 64, 67, 77, HWT <b>2018-2017:</b> 43, 46, 49, 52, 55, 58, 61, 64, 67, 72, 77, 82, 97, 112, HWT <b>2016-2015:</b> 54, 57, 60, 63, 66, 69, 72, 75, 78, 81, 85, 90, 95, 100, 110, 130, 150, HWT <b>2014-2013:</b> 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 119, 126, 133, 158, 183, HWT <b>2012-2011:</b> (2010-8 <sup>TH</sup> GRADE ONLY): 80, 85, 90, 95, 100, 107, 114, 122, 130, 138, 145, 155, 170, 195, 220, HWT

**PAIRING QUESTIONS/ISSUES EMAIL JIM ~ [MYWAYEASTPAIRING@GMAIL.COM](mailto:MYWAYEASTPAIRING@GMAIL.COM)**