

San Juan Hills High School Emergency Action Plan – TENNIS COURTS

Call 911 for life-threatening emergencies. If unresponsive and not breathing normally, begin CPR and get the AED

| 911 | |
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| Local EMS Number | OCFA Station 56 (714) 573-6000 |
| School Address | 29211 Stallion Ridge San Juan Capistrano, CA 92675 |
| Cross Streets | Stallion Ridge & Avenida La Pata |
| EMS Access Point | Turn onto Stallion Ridge Rd. Proceed straight ahead to the front of the campus to the last access gate located at the end of the main Student Parking Lot. |
| Caller | Provide location, an explanation of services needed, and victim's name |
| Athletic Trainer | Javier LeBrija Office: 949-234-5900 ext 16630 |
| Athletic Director | Farrel Moore Office: 949-234-5999 |
| Principal | Cina Abedzadeh Office: 949-234-5957 |
| School Nurse | Kerry Coryell Office: 949-234-5900 ext 16006 |

| AED | |
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| GET THE AED | |
| Closest AED | Tennis court storage shed |
| GET THE ATHLETIC TRAINER | |
| Typical Location | 5th / 6th Period: Athletic Training Room After School: Stadium, gym, other athletic areas on campus |

| CPR / AED |
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| START CPR |
| <ol style="list-style-type: none"> 1. Position person on back. 2. Put one hand on top of the other on middle of person's chest. Keeping arms straight, push hard and fast. 100 presses/minute. Let chest completely recoil after each compression. 3. Take turns with other responders as needed. |
| WHEN AED ARRIVES, TURN IT ON AND FOLLOW VOICE PROMPTS |
| <ol style="list-style-type: none"> 4. Remove clothing from chest. 5. Attach electrode pads as directed by voice prompts 6. Stand clear while AED analyzes heart rhythm 7. Keep area clean if AED advises a shock 8. Follow device prompts for further action 9. After EMS takes over, give AED to Athletic Administrator for data download |

| ROLE OF FIRST RESPONDERS |
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| <ol style="list-style-type: none"> 1. Provide Care <ul style="list-style-type: none"> • Check ABCs (airway, breathing, circulation) 2. Call 911 <ul style="list-style-type: none"> • Give the appropriate information and give directions directly to your location/SJH stadium 3. Get AED <ul style="list-style-type: none"> • Retrieve closest AED and/or necessary emergency equipment 4. Direct EMS to scene <ul style="list-style-type: none"> • Unlock / open all necessary gates and flag down emergency rigs 5. Notify parent of student or emergency contact <ul style="list-style-type: none"> • Designate someone to ride in ambulance 6. All additional personnel should assist with crowd control around the scene to make way for EMS |



| MEDICAL FACILITIES |
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| <p>Providence Mission Hospital Trauma Hospital – Open 24 Hours 26800 Crown Valley Pkwy Mission Viejo, CA 92691</p> |
| <p>Kaiser Irvine Medical Hospital – 24 Hr Emergency Room 6640 Alton Pkwy Irvine, CA 92618</p> |
| <p>MEDHERO Urgent Care Hours: 8:00am – 8:00pm 905 Calle Amanecer #115 San Clemente, CA 92673</p> |