



COVID-19 Safety Action Plan & Camp Structure

Last Updated: July 9, 2020

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Introduction & Goals

Introduction

San Mateo Youth Softball Association (SMYSA) is concerned about the psychological and physical aspects of the recent shelter-in-place orders on children, which have now surpassed 90 days in duration. We are eager to offer a community activity, in a safe environment, for our members in any way possible. In addition, there is widespread support from our members to get back on the field in a safe manner.

Thus, SMYSA desires to hold Summer Softball Camps for our members that were registered in the pandemic shortened 2020 Spring Softball Rec Season. The following is an outline of the safety measures to be employed by SMYSA Softball when we are using the field(s). These guidelines will be modified to align with the City of San Mateo requirements and San Mateo County Health Orders allow on an ongoing basis.

Goals

The goal of these guidelines is to make sure San Mateo Youth Softball provides comprehensive, understood and thought out safety protocols that will afford our members a fun and productive social and physical activity while keeping our members and the community safe.

SMYSA Guidelines

League Expectations

- All members (players and volunteers) follow all expectations and protocols set forth by SMYSA, the city and the county
- Create clear safety guidelines for all members and camp guidelines oversight based on the most up to date orders of the city and county
- Communicate safety guidelines to all members and post it on the SMYSA website
- Educate volunteers and parents on safety guidelines
- Provide adequate field space for camps adhering to all current social distancing requirements
- Safety and disinfecting: provide hand sanitizer stations, disinfecting wipes/cleaners for softballs and equipment
- Coordinate with the city to provide appropriate waste receptacles at fields providing regular field cleaning; leftover water bottles, clothes and equipment will not be stored and will be thrown away

Camp Participant Expectations

- If a camp participant has a temperature exceeding 100.4, they are asked to stay home. This will include our staff using a touchless thermometer at start of each session to verify current body temperature. They should also not come to the camp if they are known to have been recently exposed to someone with COVID-19.
- Wash hands before and after camp sessions
- Bring own hand sanitizers and sanitize your hands before and after the training. League shall also supply hand sanitizers for use
- No sharing of water/drinks or equipment (other than softballs)
- No greetings, high-fives, handshake, hugs or group celebrations during the camps
- Place your own bag, water bottle and equipment at least six feet apart from other camp participants
- Respect and follow all Staff guidelines and social distancing
- Camp participants shall wear a face covering as required by Public Health Orders or requested by the governing bodies.
- Follow all safety guidelines (enter/exit plans, no huddles, etc.)

Parent/Guardian Expectations

- Proactively monitor their own and all household member's health status. If anyone is not feeling well in the household or has a temperature exceeding 100.4, they should reconsider attending the camp session.
- Provide COVID-19 questionnaire to be completed before start of first camp participation. See exhibit "A" for form
- Notify your camp staff or a SMYSA board member immediately if your child becomes sick for any reason
- Supply your child with individual hand sanitizer, face covering and water bottles
- Remind your child to follow camp and SMYSA protocols before they come to a camp session
- Ensure your child has plenty of water with their name on the water bottle
- Follow all safety guidelines (enter/exit protocols, etc.) developed by SMYSA and approved by City of San Mateo
- Adhere to social distancing requirements during drop off and pick up of child. If leaving your car for drop off/pick up, parent(s) should wear a face covering

Volunteer Expectation

- Follow all return to play protocol Established by: Governing bodies, Health authorities, the City of San Mateo & SMYSA
- Remind camp participants to wash hands before and after training
- Create and implement lesson plans that encourage safe physical distance
- No huddles, high fives, handshakes, etc. Create a new way to greet each other and celebrate
- Bring hand sanitizer (SMYSA to supply with camp equipment). Each camp participant shall bring their own hand sanitizer
- Wipe down and sanitize all gear/equipment after each session
- Wipe down and sanitize restrooms after each session including restocking restroom supplies
- Volunteer staff shall wear a face covering as required by County or State Public Health authorities

Summer Camp Structure

SMYSA opened registration on Monday, June 21, 2020 and it will remain open through the summer months for additional camps. As of July 8th, we have 26 registered members/camp participants.

The following is an outline of the structure of summer camps SMYSA intends on holding starting in early July, including anticipated participation, and can be used to estimate SMYSA's expected request for field and cage usage. Preferred times to hold camp sessions are 9:00 AM to dark on weekdays and 9:00 AM to 5:00pm on weekends.

Based on using Chanteloup fields 1, 2, 3 plus batting cages

8U Division

- 2-3 pods
- Camps start July 13, 2020 and end no sooner than August 15, 2020
- 3 camp sessions per week that are 3 hours per camp session

10U Division

- 2-3 pods
- Camps start July 13, 2020 and end no sooner than August 15, 2020
- 3 camp sessions per week that are 3 hours per camp session

12U Division

- 2-3 pods
- Camps start July 13, 2020 and end no sooner than August 15, 2020
- 3 camp sessions per week that are 3 hours per camp session

14U Division

- 1-2 pods
- Camps start July 13, 2020 and end no sooner than August 15, 2020
- 3 camp sessions per week that are 3 hours per camp session

Facility Guidelines

All Facilities: Beresford Park – Chanteloup Fields 1/2/3 & Batting Cage

Water Fountains

- Drinking fountains, and use thereof, will be under City control and will not be used by SMYSA participants & volunteers
- Participants shall bring their own clearly marked water bottles

Bathrooms

- SMYSA will utilize public bathrooms at the Beresford Park next to Field #1 (only unlocked during our clinic times)
- Disinfecting wipes & hand sanitizer will also be provided by SMYSA to each pod leader and will be available to all camp participants.
- Restrooms will be sanitized (toilets/sinks/paper towel dispenser/common touch points) by staff at the conclusion of each pod's use of the field or batting cage.

Ingress & Egress

- Fields 1/2/3 & Batting Cage - In the event that multiple fields are utilized at the same time, SMYSA will stagger camp start and end times by a minimum of 15 minutes so that camp pods are not arriving or departing at the same time.
- Parents shall use parking lot off Alameda de Puglas for drop off and pickup practicing social distancing.

Dugouts

- SMYSA Staff will sanitize dugouts in between clinics/camps by wiping down benches and other high touch areas with disinfecting wipes/sprays.
- Also ensure to practice social distancing between players when in use.

General

- o Complex/COVID-19 recommendations are posted throughout all city facilities
- o SMYSA Staff and camp participants will be instructed that if they are exhibiting symptoms of possible exposure to COVID-19, such as fever, that they should not come to events until such time as the participant has been tested and/or cleared.
- o League insurance as per city requirements shall be in effect
- o Follow USA Softball Association guidelines as imposed

Batting Cage Guidelines

- o Time slots (1-2 hours each) for use of the batting cage at Chanteloup will be established with a minimum of 15 minutes between slots to ensure a pod has completely vacated the area prior to the next pod's arrival.
- o Batting Cage will be monitored by at least one trained staff member at all times when in use by SMYSA.
- o No more than one (1) pod of camp participants shall be present at any given time.
- o Cage shall be divided into 2 sections and a maximum of 2 people (1 staff and 1 participant) shall be allowed in each section at any given time
- o Staff and participants will be encouraged to social distance and to wear a face mask while outside of the cage waiting.
- o Only designated staff and participants will be allowed within the fenced batting cage area.

SMYSA Contacts & Resources

Please direct any inquiries regarding this Plan to the following SMYSA Contacts:

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Resources

- [Centers for Disease Control: Considerations for Youth Sports](#)
- [San Mateo County Health Orders](#)



EXHIBIT "A"

CONFIDENTIAL

Participant COVID-19 Questionnaire

We at San Mateo Youth Softball Association (SMYSA) are focused on the health and well-being of our youth clinic/camps and volunteers. In view of the novel COVID-19 outbreak, we are taking precautionary measures to keep our clinic/camps safe for everyone. Please help us maintain a safe environment by completing this Questionnaire for your participant & family residing within the same household.

Pursuant to the SMYSA COVID-19 Safety and Health Policy, in the event you answer "Yes" to any of the below questions, you will be excluded from the clinic/camp.

Questionnaire

Question# 1: Within the last 14 days, have your participant & family been in close contact with anyone who has been diagnosed as infected with, or is being screened or monitored for, COVID-19?

Yes No

Question# 2: Within the last 14 days, have your participant & family been in close contact with anyone who has been advised to self-quarantine by a healthcare provider?

Yes No

Question# 3: Have your participant & family tested positive for COVID-19 or been diagnosed as COVID-19 positive by a healthcare provider?

Yes No

Question# 4: Is your participant & family currently experiencing symptoms of COVID-19 which include, but are not limited to, cough, fever, shortness of breath, difficulty breathing, chills, repeated shaking with chills, muscle pain, headache, sore throat, new loss of taste or smell?

Yes No

Signature: _____

Print Name: _____

Participant Name: _____

Date: _____