



Ashburn Youth Basketball League: COVID 19 Return to Play Plan – Rev 1 of the 2021-22 Season

This document outlines the policies and practices that AYBL will implement and mandate for all board members, directors, coaches, players, spectators and participants of our league. This plan will be implemented at the start of the 2021-22 season and will be required of all involved until further notice as directed by the League President and Board of Directors. Our plan follows that of other organizations such as LCPS, the Governors Phase Guidance and executive orders as well as the Virginia High School League.

IF YOU ARE SICK...STAY HOME!!

Player Responsibilities:

- Players are required to wear a mask or face covering when arriving and departing from practice and traversing the hallways of any LCPS facility.
 - AYBL prohibits the use of masks with exhalation valves or vents.
- While engaged in physical activity, players are permitted to remove their mask while on the court of play. A player is permitted to play while wearing a mask if they chose to do so.
 - When not engaged in play and while on the bench during the course of a game; players are required to wear a mask.
- Players MUST provide their own 32oz own water bottle for both practices and games

Parent & Spectator Responsibilities:

- All parents, spectators and non-participating children are required to wear a mask or face covering while inside an LCPS facility. There is no limit on the number of spectators.
 - Should a parent not comply with this requirement, they will be asked to leave the facility immediately.
 - AYBL prohibits the use of masks with exhalation valves or vents.
- All parents/guardians must walk their child into the gym and check-in with the HEAD coach of the team prior to departing the gym.
- Siblings must remain in the gym, under the direct supervision of their parent/guardian at all times, and must be wearing a mask/face covering
 - Children found playing in the hallways or in other areas of the facility will be asked to leave the school premises.

Coach Responsibilities:

- All coaches must wear a mask or face covering. The board of directors reserve the right to deviate and issue suspensions on a case-by-case basis after evaluation of any infraction.
 - AYBL prohibits the use of masks with exhalation valves or vents.



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- Coaches will need to keep attendance of who was at each practice and game should we need to contact trace.
- We recommend that Coaches bring their own water bottle to practice and/or games
- All coaches MUST identify an assistant coach or parent to complete the background check process in order to have redundant coverage for the players should a coach need to quarantine or self-isolate during the course of the season. Coaches are permitted 2 assistant coaches; at least one assistant coach MUST reside outside of the home of the head coach.

General Requirements:

- If a player is sick or has symptoms related to COVID-19 – STAY HOME
 - If a player arrives and the coach of that player suspects that the player is sick or is told by another player on the team that they were home sick that day; the coach is authorized to remove the player from participating and will notify the parents/guardian immediately at that time to come and pick up the child.
- Coaches are to have a list of all contact information with them for each player on their team(s) at all times.
- Coaches and players MUST bring their own water bottle (minimum of 32oz required)

If there is a positive test of a Player, Coach, or someone who lives in the home of a player or coach:

- The Individual or Family of the individual who test positive or resides with the positive case are to notify the following individuals of the positive test within 4 hours of the positive test notification:
 - Head Coach if it is a player who tested positive
 - Zack Orchant, President – president@ayblva.org
 - Kyle Reynolds, League Admin – admin@ayblva.org
 - Terri Lough, Vice President – tmlough24@yahoo.com
- The League Board of Directors will notify Loudoun PRCS of confirmation of the positive test
- The League Board of Directors will notify the other coaches and parents who may be considered a close contact of a positive case. Names of the player or participant that tested positive will not be given when notification takes place.
- Any need for mandatory quarantine or self-isolation will be at the direction of one's family doctor or wherever they seek medical treatment or testing
- Any player and/or coach who tests positive will halt their activities with the team for 10 days from the onset of symptoms or from the date of the positive test.
- A player or coach may return to team activities using the following criteria:



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- May return after 7 days with proof of a negative test taken Day 5 or later and is symptom free.
 - May return after 10 days provided the individual is symptom free
- Any player who is in contact with someone who has tested positive will not be permitted to participate in league activities for 10 days from the date of exposure to the positive person, have also been symptom free throughout the duration of that 10-day period and not been in close contact with other known positive cases. Documented evidence of being symptom free during the 10-day period must be provided to the AYBL points of contact outlined above.

POST-Activity Parent Requirements:

- Athletes **MUST** be picked up at the conclusion of a practice or game in a timely manner
 - Pick up must occur within 10 minutes of practice ending unless, due to events outside of a parent/guardian's control occurs (flat tire, family emergency) and is communicated to the head coach when such an event happens
 - Parents who fail to abide by this will be removed from the league with no refund offered. AYBL and Loudoun PRCS is not a babysitting service and athletes must be picked up on time at the end of practice and games each day.
- The coach **MUST** be the last person to leave the facility following a practice or game excluding PRCS/LCPS staff. Where possible we are going to ask that there be a designated entrance and designated exit to minimize further contact among different groups and teams.

Keys for Success:

- Communication with league board of directors, age group directors, coaches, parents, and athletes.
- Outlining clear expectations and guidelines.
- Entrance and exit plan especially inside the building.
- Modeling the appropriate behavior of social distancing and wearing face masks or face coverings
- Accountability and preparedness.