

Restrictions and Rules for Ice Rentals at the ICON Sports Center

The following operating guidelines have been established for ice rentals at the ICON Sports Center and are based on the latest guidance from the State of North Dakota's Smart Restart Protocols.

- No more than **30** skaters on a sheet of ice at one time (includes coaches and instructors)
- No one allowed in arena until 15 minutes prior to each session – (Southside player entrance and Front door will be open for use)
- Limited locker room use will be available; No showers available. Locker rooms will be made available 15-minutes prior to rental and all players must exit locker room within 15-minutes after rental. Please come dressed to limit time in locker rooms to external equipment only. (Skates, helmet, gloves)
- All participants must leave the venue within 15-minutes after each session to allow time for staff to clean prior to the next rentals
- Public Restrooms are available
- Try to limit parents or spectators in the venue to a max of 2 per participant. Please spread out. Masks are encouraged.
- Coaches or person responsible for the rental will be responsible to enforce social distancing and arena guidelines
- No spitting or use of chew
- Players must bring their own clearly marked water bottle/bench towel. No sharing of personal items
- Shooting Room – Will need to be reserved to use; Max 6 people in the room at one time. 30-minute time limit per shooter – Reservations Call 701-787-2808
- If you are sick stay home and do not come to the rink. People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus. People with these symptoms may have COVID-19:
 - o Cough
 - o Shortness of breath or difficulty breathing
 - o Fever
 - o Chills
 - o Muscle pain
 - o Sore throat
 - o New loss of taste or smell
 - o This list is not all possible symptoms. Other less common symptoms have been reported, including gastrointestinal symptoms like nausea, vomiting, or diarrhea.

These guidelines are subject to change at any time based on the COVID-19 risk level in the State of North Dakota. As of August 28, 2020, we are at a “moderate” risk level.