



## **Mission Statement**

The mission of Clinton Lacrosse Association is to promote the great game of lacrosse to boys and girls of Clinton in 2<sup>nd</sup> through 8<sup>th</sup> grade. We are committed to teaching good sportsmanship, the effectiveness of teamwork and to help each child develop to their fullest as a lacrosse player. Our goal is to have each of our athletes leave our organization with positive memories of a program that inspire their continued future playing lacrosse.

The Clinton Lacrosse Association aims to develop, promote, and facilitate a positive, safe, fun, developmental and competitive lacrosse experience. Players will be taught the importance of TEAM lacrosse and sportsmanship. Players will be able to improve their knowledge of the game as well as lacrosse skills and athleticism. Our program will enable and build age-appropriate lacrosse skills and game knowledge. Every participant, regardless of initial skill level, will have the opportunity to learn the game, develop individual and teamwork skills, and prepare for the high school level of lacrosse.

Our coaches will take pride in offering a POSITIVE and FUN lacrosse experience. They will be teachers of the game as well as teachers of character and sportsmanship.

Clinton Lacrosse Association is designed to provide a strong feeder program to the Morgan High School Boys and Girls lacrosse teams and is actively supported and advised by the High School coaches and players. Our program will allow players to flourish within a familiar system as they approach and enter into the high school lacrosse program. Players will gain knowledge and skills that will prepare them to join and contribute to the Morgan High School lacrosse program.

### **Expectations**

All players are expected to make all practices, be ready to start on time and commit fully throughout the entire practice. We expect our players to lead the league in sportsmanlike behavior. We will discipline players for unsportsmanlike behavior and will not tolerate disrespectful behavior towards coaches, teammates, competitors, parents, or officials.

We expect our parents to lead by example and demonstrate great sportsmanship towards our opponents, officials, and fans. We expect parents to support their children to arrive to practices and games on time, fully dressed, with all the right equipment. We hope that our parents will support Clinton Lacrosse Association as volunteers, team parents, and coaches.

We expect our coaches to facilitate a healthy learning environment for their team and to focus on improving the progress the team makes regarding effort and team work in addition to the outcome of a game or record. Our coaches will instill a positive attitude in all players will and conduct themselves and their team in a manner that represents our program, town, and sport well. All coaches will be required to get a minimum US Lacrosse Level 1 Coaching certification and attain Positive Coaching Alliance certifications to enable them to help our players even more.

### **Program Structure**

Registration will be early winter. Our main season is in the spring from March to June. Seasonal instructional clinics will be offered for all ages and skill levels. Clinics will be used to develop existing players skills and to give boys and girls who have not played lacrosse before an opportunity for exposure to the lacrosse to see if it's sport they would like to play.



## CLINTON LACROSSE ASSOCIATION

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Instructional clinics will be used to get kids excited about the game of lacrosse in a nurturing, challenging, and fun environment that promotes both the competitive and developmental aspects of the sport. Teamwork, respect, and dedication will be strongly emphasized in our program. Coaches will teach the fundamentals of lacrosse including proper skills and techniques. Boys and girls will cradle, pass, and shoot to learn firsthand the physical, mental, and tactical aspects of the game. No prior lacrosse experience is required.

For Grades 2-8, there will be teams with games played against other towns. There will be equal playing time as we feel that the love of the game and the desire to be better is achieved on the field of play. Positions will be rotated to allow players to become well rounded in all aspects of the game. All teams will have similar game schedules with the focus on scheduling games against appropriate competition-level opponents as our teams.

Clinton Lacrosse Association will challenge your child in practice, games and tournaments throughout the year to become a better lacrosse player, and to learn how to play the game of lacrosse as a team. Additional details, including the goals and expectations for each team, will be provided prior to the start of the season from both boys and girls coaches for each grade.

- CLA Board Members