

GBAYHA Covid-19 Exposure Protocols

Covid-19 Symptoms with no Known Exposure	Known or Possible Exposure to COVID-19 Positive Individual		Positive COVID-19 Test or Diagnosis
Cough, shortness of breath or difficulty breathing, new loss of taste or smell, congestion or runny nose, fever or chills, nausea or vomiting, diarrhea, headache, fatigue, muscle or body aches, sore throat	Non-close contact: I was more than 6ft away <u>or</u> I was closer than 6 feet for less than 15 minutes.	Close contact: I was exposed (see definition below), to a positive individual within 48 hours of their symptoms onset	Notify your team manager of absence and fill out Covid-19 Reporting form found on the GBAYHA Website
Notify team manager of symptoms	Follow CDC Guidelines: Continue physical distancing, continue frequent hand washing, continue to wear a face covering	Notify team manager, head coach OR the rink director	Begin 10-day quarantine from the time of your test or the onset of symptoms, whichever is earlier
Follow CDC guidelines: Stay at home, separate yourself from others, contact your healthcare provider for further guidance	Return to hockey Continue to monitor symptoms	Begin 14 day quarantine from the last known contact with known positive individual even if you have tested negative	Siblings and household members must stay home for 14 days after the confirmed positive case has recovered if they are unable to isolate from the positive case
You can return to hockey when: <ul style="list-style-type: none"> ● You have written medical clearance or ● You have a negative test for COVID-19 or ● You have quarantine for 10 days after onset of symptoms and ● You are symptom free for at least 24 hours without medications 	If symptoms develop, stay at home, separate yourself from others, contact your healthcare provider for further guidance	If symptoms develop, begin 10-day isolation from the day symptoms began, follow CDC guidelines, contact your healthcare provider	*If any member of your household is being tested for COVID-19 for any reason, ALL household members must stay home until results have been received
		You can return to hockey when:	

- Quarantine time is complete and
- Free of symptoms for at least 24 hours without medications

***Please see the below definition of **Close Contact** as well as **Notification Procedures**

Definition of Close Contact:

- An individual is considered a close contact if any of the following is true:
- Were within 6 feet of a COVID-19 positive person for more than 15 minutes total in a day
 - Had physical contact with the person
 - Had direct contact with the respiratory secretions of the person (i.e. from coughing, sneezing, contact with dirty tissue, shared drinking glass, food, or other personal items)
 - Lives with or stayed overnight for at least one night in a household with the person

*These close contact criteria apply regardless of face covering use, face shields, or physical barriers such as Plexiglass or plastic barriers

Notification Procedures:

GBAYHA will ensure that all who are directly affected are appropriately notified in accordance with health department guidelines and privacy laws.

<p>Close contacts: Players and staff who have been exposed will be notified via phone and required to begin 14-day quarantine</p>	<p>Coaches and Rink Staff: All rink staff members will be made aware of a positive case in the rink.</p>	<p>Families: All families will be notified of a positive case at the rink regardless of exposure level.</p>
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