



## Youth Hockey Tournament Medical Protocol

*The City of Alexandria and the Alexandria Area Hockey Association (AAHA) welcomes you! Heartland Orthopedic Specialists is pleased to be the sports medicine provider for AAHA Tournaments. Our staff of certified athletic trainers is committed to providing high-quality healthcare for all athletes during tournament play.*

- Paul A. Dale, M.D.**
- Dennis P. Weigel, M.D.**
- Eric W. Nelson, M.D.**  
Board-Certified in Sports Medicine
- Emily J.M. Monroe, M.D.**  
Fellowship-Trained in Sports Medicine
- Aaron J. Balgaard, M.D.**
- James H. Nelson, M.D.**
- Russell S. Sticha, D.P.M.**
- James E. Andrews Jr., D.O.**  
Therapeutic Neuromuscular Specialist
- Timothy E. Lindley, M.D., Ph.D.**  
Back, Neck & Spine Surgeon  
Neurosurgeon
- Jonathan (John) Harvey, M.D.**  
Fellowship-Trained in  
Nonsurgical Sports Medicine
- Terry J. Kay, P.A.-C.**
- Lance J. Beebout, P.A.-C.**
- Amanda J. Anderson, P.A.-C.**
- Michael J. Kunstle, P.A.-C.**
- James (Jim) Spaeth, P.A.-C.**
- Jessica Radermacher, P.A.-C.**
- David 'Chase' Feivor, P.A.-C.**
- Mike Doyle, M.B.A., A.T.C.**  
Administrative Director

- If coaches are in need of an Athletic Trainer (non-emergent scenario), they are advised to reach out to tournament directors, identified by a tournament lanyard.
- The Athletic Trainer(s) will primarily be located in the Runestone Community Center (RCC), typically in the penalty box / bench areas. If just the West Rink has games, the Athletic Trainer will be located by the Zamboni door. At Northstar Sports Complex, the Athletic Trainer will be located between the benches or in the Athletic Training Room.
- The Athletic Trainer(s) will have on a name badge and be wearing a company jacket with a large Heartland Orthopedic Specialists logo on the back at all times.
- In the event of an injury:
  - Should an Athletic Trainer be needed, and not present in that specific rink, please send an adult to go get them. Do not rely on cell phone communication, or minors, to notify them of an emergency.
  - Should the Athletic Trainer not be available, or unable to locate in timely manner, tournament officials, refs, and/or coaches will need to determine best course of action. Never hesitate enacting the Emergency Action Plan.
- In the event of an emergency situation – please refer to the Emergency Action Plan, following chain of command as outlined.
- The Athletic Trainer(s) reserve the right to make the final decision on any return-to-play decisions for athletes participating in the tournament and participating coaches, athletes, and parents are asked to respect their decision(s). If an issue does arise, the Athletic Trainer will notify the tournament official immediately.
  - In the event that there is a suspected concussion, the athlete will be medically disqualified from the remainder of the tournament, regardless of further medical examination, based on AAHA's concussion policy, and MN State Statute. This will be communicated by the Athletic Trainer to the tournament director and the team's head coach.

We ask that all tournament head coaches sign in acknowledgement of the above protocol on behalf of their other coaches, athletes, and parents.

Name: \_\_\_\_\_ Team: \_\_\_\_\_

Date: \_\_\_\_\_

### Specialties

- Back, Neck & Spine
- Hand to Shoulder
- Joint Replacement
- Hip & Knee
- Foot & Ankle
- Sports Medicine
- Therapeutic Neuromuscular Care

111 17th Avenue East  
Suite 101  
Alexandria, MN 56308

Phone: 320.762.1144  
Fax: 320.762.1935

2800 1st Street South  
Suite 220  
Willmar, MN 56201

Phone: 320.214.7355  
Fax: 320.214.7356

2609 Cenex Drive  
Suite 108  
Fergus Falls, MN 56537

Phone: 800.762.1177  
Fax: 320.762.1935