



# Young Americans Winter 2020

## U7 - "Kickers"

Americans Soccer Club is proud to announce the Winter 2020 training program for the Americans U7 Kickers!



- ✓ Program curriculum developed by Director of Coaching Ben Elliott
- ✓ High level training with experienced & licensed training professionals
- ✓ Develop the most important soccer skills at an early age

### U7 Kickers' 10 Week Training Program

#### Boys/Girls born in 2013

- ✓ 1 hour training sessions held weekly with the following objectives:
  - ✓ Gain confidence, maintain creativity & instill a love of the game
  - ✓ Learn and develop effective skills to improve individual ability
  - ✓ Burn off energy through age-appropriate physical exertion
  - ✓ Transition to more scrimmage-related sessions to prepare for 4v4 next year
- ✓ Training sessions will be held from Jan 7th - Mar 17th - Tuesdays from 4-5pm at the Superdome in Waldwick
- ✓ All players receive official game t-shirts with the Americans Soccer Club logo

**Season Fee: \$150**

For more information or to **Register Now! Space is Limited!**  
visit <http://www.americanssoccerclub.org/page/show/3900838-u7-kickers>