



WILMETTE WINGS PLAN TO RETURN TO PLAY

CRITERIA FOR PARTICIPATION – FULL TEAM TRAINING

- Full team training is allowed in compliance with all IDPH guidelines
- Social distancing should be maintained before and after practice and when allowable during training.
- Training sessions should take place outside.
- Because of increased activities and exposure risks, any individual with a pre-existing medical condition is required to provide UPDATED written clearance from a physician for return to full participation.
- Participants must not exhibit any signs or symptoms of COVID-19 in the past 14 days and have no known exposure to someone that has been ill in 14 days.
- Participants must not have above normal temperature readings.
- Upon arrival to training, coaches or staff should ask each athlete if they are experiencing any signs or symptoms of COVID-19.
- Appropriate infection prevention supplies should be present in multiple targeted areas (e.g., hand sanitizer, facial tissues, facial coverings, hand wash stations, etc.).
- Participants should use their own equipment when possible and properly sanitize the equipment after every training session.
- Participants should use their own water bottle, towel and any other personal hygiene products.
- Establish a cleaning schedule/protocol for equipment with the proper use of disinfectant before, during, and after training.
- Ensure participants are abiding by the State of Illinois' ordinance regarding appropriate personal protective equipment, (gloves, face mask, etc.) Masks are permitted but not required to be worn by the players during training.
- Coaches must maintain social distancing from all participants.
- Minimum 30 feet of distancing space must be maintained between groups. Area for each group must be clearly marked.
- Maintain an attendance log for every session. Club should keep the attendance log on file for duration of each season for tracing purposes.
- Organization must follow all of the [Restore Illinois Phase 4 Youth Sports Guidelines](#).

CLUB RESPONSIBILITIES

- Each participant must turn in a signed "IYSA Communicable Disease Release of Liability and Assumption of Risk Agreement" prior to every athlete's participation.



- Participation is not mandatory.
- Communicate all information, protocols, and responsibilities to the parents prior to initial participation. IYSA does not provide any insurance coverage for COVID-19 related claims.
- Be prepared to shut down and stop operations if needed.
- Maintain participant confidentiality regarding health status.
- Provide adequate field space for social distancing.
- Supply hand sanitizing stations if needed.

COACH RESPONSIBILITIES

- Coaches must confirm that they are symptom free before training
- Ensure the health and safety of all players
- Inquire how athletes are feeling. Send home anyone you believe acts or looks ill.
- Follow all state and local health guidelines.
- Check that all players have their own equipment (ball, water, bag, etc.)
- Coach will direct players to their own personal designated area to put their water bottle and backpack, etc. (all at least 6 feet away from other players).
- Coach is the only person allowed to handle equipment. No parent or player assistance is allowed.
- Coach must follow social distance guidelines – minimum of 6 feet
- No use of scrimmage vests or pinnies.
- Coach must wear a face mask to and from training sessions.
- Coach will sanitize and disinfect all equipment before and after training sessions.

PARENT RESPONSIBILITIES

- Must confirm that your child is healthy and check players temperature before coming to training
- No carpooling recommended to and from training sessions.
- Players must leave the car **READY TO PLAY** (wearing all equipment – shoes, **shin-guards**, etc. and have their own soccer ball).
- Stay in car until practice time and adhere to minimum of 6 feet social distance requirement.



- No congregating policy for players or parents – parking lots, drop-off zones, entrances/exits, or before and after training.
- No spectators
- Follow state orders for wearing a mask
- Ensure child's practice gear is washed after every training
- Ensure all of your child's equipment (ball, cleats, shin guards, bag, etc.) are sanitized before and after training.
- Notify the club immediately if your child or a family member becomes ill for any reason.
- Be sure your child has the necessary sanitizing products with them at every training.
- Parent/Guardian must return prior to the end of training session and follow flow of pick up and drop off zones.
- In case of bad weather, be accessible to pick up your child if needed.

PLAYERS RESPONSIBILITIES

- Take temperature daily and especially before activities with others.
- Wash your hands thoroughly before and after training
- Bring and use hand sanitizer with you at every training
- Masks are not permitted while training but must be worn to and from training session.
- Do not touch or share anyone else's equipment, water, or bags.
- Must follow social distance guidelines – minimum of 6 feet
- No group celebrations, high-5's, hugs, handshakes, fist-bumps, etc.
- Follow all CDC guidelines
- Notify your coach if you do not feel well
- Leave in the same fashion you arrived
- Players pick up their own personal equipment and return directly to vehicle.
- On departure there should not be any group gathering

GAME CRITERIA FOR PARTICIPATION

It is recommended that teams only participate in local games or matches that do not require overnight stays.

- Games are allowed in compliance with all [IDPH guidelines](#)
- Social distancing should be maintained before and after games and when allowable during training.



- Players on bench should be spaced out at least 6-feet apart as allowable.
- No pre or post game handshakes, instead for sportsmanship teams should engage in a round of applause following the conclusion of the match.
- No pre-game team walkouts
- Host club must create "Family areas" for spectators from the same residence at least 6 feet apart from one another and 6 feet off the sideline. Fans in attendance must remain in their designated area and attendance of families attending should be kept by club.
- The host club should have a coach or employee monitoring social distancing by spectators.
- Spectators should not exceed 20% of seating capacity. [Please review the Physical Workspace portion of the IDPH Youth Sports Guidelines for requirements for seating](#)
- Because of increased activities and exposure risks, any individual with a pre-existing medical condition is required to provide UPDATED written clearance from a physician for return to full participation.
- Appropriate infection prevention supplies should be present in on both team's bench areas.
- Participants should use their own water bottle, towel, hand sanitizer and any other personal hygiene products.
- Coaches must maintain social distancing from all participants.
- Maintain an attendance log for every match.
- On-site benches and bleachers should be sanitized at the conclusion of the match after teams have left game. It is recommended to remove benches and bleachers from sidelines and have players and spectators bring their own chairs that can properly be spaced at least 6-feet apart.
- Organization must follow all of the [Restore Illinois Phase 4 Youth Sports Guidelines](#).
- Players and spectators should leave the field immediately following the conclusion of the match and proper cool down.
- Game times should be spread out between matches at a field to allow teams to properly clear before players arrive for next match. Players for any preceding matches should wait in car until all players have left the field and area has been sanitized.