



## Illness and Positive COVID-19 Case Guidelines and Protocol

IWYHA is dedicated to following all local, state, and federal guidelines for reporting and responding to COVID cases within our hockey community to stop or reduce the spread of illness.

If a positive case of COVID-19 happens within the IWYHA family, the Association will be sure to respond immediately for the safety of our players, coaches, referees, volunteers, parents, etc.

Players, coaches, referees, volunteers, parents, etc. need to report to IWYHA if they:

1. Have symptoms of COVID-19
2. Had a positive test for COVID-19
3. Were exposed to someone who has tested positive for COVID-19

Please report directly to your team rep, the IWYHA president (icewolvesprez@gmail.com), and IWYHA secretary (icewolvessecretary@gmail.com) so that we can take the appropriate actions needed.

### ILLNESS

#### **Player or individual in the household is sick with symptoms of COVID-19 without a known contact of a positive COVID-19 individual**

If you are sick, do not come to the rink for practice, games, or open skate. It is recommended that you get tested and stay home until test results return. If you have been tested *and your results came back negative*, the individual shall stay home until all of the following apply:

- Fever free for 24 hours without medication
- 48 hours after last episode of vomiting, diarrhea, or when on antibiotics for at least 24 hours or as approved to return by a doctor.

Individuals in the household who are not experiencing illness or symptoms may continue to visit the rink and attend practice, games, and open skate.

### TESTING POSTIVE

#### **Player or someone in the household has tested positive and is symptomatic OR asymptomatic (no symptoms).**

The infected individual and household members are not allowed to come to our rink or any away rink for practice, games, or open skate. All individuals shall stay home and monitor symptoms. If the infected individual and household members have no symptoms, they can return 10 days after they were tested. If during the 10 days any of the individuals in the household become symptomatic, then they must continue to stay home for at least 10 days from the date of the symptom onset and meet all of following before returning to the rink for practice, games, or open skate:

1. Have been fever-free for 24 hours (without the use of fever reducing medications)
2. Other symptoms have improved
3. It has been at least 10 days since their symptom onset

## **CLOSE CONTACT/EXPOSURE**

### **What is the definition of close contact?**

Close contact is defined as being within 6 feet of an infected person for a prolonged period (15 minutes or more) starting from 48 hours before illness onset. The 15 minutes does not need to be continuous (e.g., 3, 5 minute periods would count) and wearing a cloth face covering does not completely remove the exposure risk when in close contact.

### **What should I do if someone in my household has been in close contact to someone with COVID-19?**

If someone in your household has been in close contact or lives with someone who has been exposed to another positive person you may continue to attend games and practices *as long as symptoms are monitored daily and you have not been notified as being a close contact.*

### **What if I or my skater have been identified as being in close contact to someone at the rink who has tested positive for COVID-19?**

Even if no symptoms arise, do not visit the rink or attend practice, games, or open skate for 14 days after the last contact with the infected person. If symptoms appear, stay home until all of the following apply:

1. Have been fever-free for 24 hours (without the use of fever reducing medications)
2. Other symptoms have improved
3. It has been at least 10 days since their symptom onset

## **POSITIVE CASE**

### **IWYHA will take the following steps after a confirmation of a positive case or potential exposure:**

1. Work with public health officials and follow their guidance and all HIPPA regulations regarding confidentiality, privacy, and protocol.
2. IWYHA Board Members, COVID-19 Committee Members, and Team Reps will assist with contact tracing.
3. Your Team Rep will notify you if your child has been identified as having close contact exposure with infected individual.
4. In the event of a positive test, the Dodgeville Ice Rink will be closed until the rink area, locker rooms, and commons areas have been cleaned, sprayed, and disinfected.
5. If deemed necessary to ensure the safety of players, coaches, volunteers, or spectators, the Association reserves the right to cancel and/or reschedule practices, games, tournaments, open skates, etc.

*This document was drafted with input from the Iowa County Health Department.*

