ALASKA USA WRESTLING www.ausaw.org

Revised: 02/12/2020

Sample of Cover Sheet:

Satellite/club Weigh In Procedure for Madison Bracketing:

- •A current carded Leadership member must conduct weigh ins and will be held responsible for errors
- The weigh in sheet shall be printed prior to the weigh in and in the format set by the Head Pairing Official. It can be found further down this sheet.
- Weigh ins should occur on Thursday before the Friday or Saturday tournament
- Singlet must be worn for weigh in
- Skin check will be performed. Any questionable skin problems will be noted on the weigh in sheet in the "Skin" column, both written during the weigh in and typed when entering to Trackwrestling. Please DO NOT enter anything else in this column, the column should be completely blank if you do not have any skin issues. Any wrestler with a problem must bring a doctor's signed, "release form" to the Head Table for review by the Head Mat Official and the Head Pairing Official on tournament day. The form can be found at the following link:

 $http://assets.ngin.com/attachments/document/0052/9418/Physician_Release_for_Wrestler_to_Participate_with_Skin_Lesion.pdf$

- Nail check will be performed. Nails should be cut on site, prior to stepping on the scale
- Weight will be recorded at actual, no additional weight added
- Wrestlers & weights must be entered into Trackwrestling by the current carded Leadership member of the club responsible for this task.
- Wrestler can bump up an age bracket, except Schoolboy to Cadet, but this must be done when entering data to trackwrestling. On your weigh in sheet leave the wrestler in the age group his birthdate puts him in MAKE CLEAR NOTATION OF WHERE HE WANTS TO WRESTLE IN THE EXTRA FIELD COLUMN enter him in trackwrestling in the age group he is moving to. This cannot be changed day of tournament.
 - No changes will be allowed the day of the tournament. Only corrections of mistakes will be made.
 - Weigh in sheet headings should be as follows: Extra field, Group, Last Name, First Name, Team, DOB, Card #, Actual Weight, Skin. Please print a blank weigh in sheet in the same format to record your late comers to weigh ins. No more scribbles on the bottom, sides, backs of weigh in sheets, please. Deadline to submit to pairings will be noon on Friday unless otherwise notified. Email (ausawpairings@gmail.com)or text (907-982-3051) the completed weigh in sheet to Jeanette and bring the original copy of the weigh in sheet to the tournament and turn it in to the head table no later than an hour before the tournament is scheduled to start. Make sure the copy sent is legible. This is very important.
- Provide a cover sheet with the following (sample is provided below): Name, Signature, Phone number & Card number of each carded adult performing the weigh ins, Date weigh in is performed

Club Name:		Weigh In Date:	
Carded Adult Leadership (Mat) Official:			
_	Printed Name	Signature	Card #
Carded Adult Le (Pairing) Officia	•		
ν ε,	Printed Name	Signature	Card #
Carded Adult le (Coach) Official			
,	Printed Name	Signature	Card #