

FROM: NKJV Board of Directors

RE: COVID-19 Update (Corona Virus) as of 3/12/2020

We have been monitoring and evaluating all information and recommendations from the Pioneer Region, USA, JVA and AAU Volleyball in regard to practices and competitions. We have also been in communication with other club leaders and considered the drastic measures other sports organizations are taking. With that said, we are going to take a break from ALL club activities until Saturday, March 28. The safety of our athletes, coaches and families is of the utmost importance to us.

We will review updates from the above leaders and will contact all families via email and through social media with our plan on how to move forward. We, like you all, are uncertain about the future and at this point feel that it is in everyone's best interest to wait until we know more and hope and pray that the spread of this virus slows down and gets under control.

We are continuing to monitor and be informed by the volleyball governing bodies (JVA, AAU and USA Volleyball) as well as local and state authorities and should more precautions need to be taken, we will inform you and work on a contingency plan should that be needed, including attempting to make up the lost training time as best as possible.

Just as a reminder, the best preventative measures include the following:

- o Wash your hands with soap and water for at least 20 seconds or use an alcohol-based hand sanitizer with at least 60% alcohol.
- o Clean/disinfect frequently touched objects and surfaces (including phones, computers, cell phones) using a regular household cleaning spray or wipe.
- o Cover your cough or sneeze.
- o Avoid touching your eyes, nose and mouth.
- o Stay at home when you are sick.
- o Avoid contact with people that are sick.
- o Practice social distancing in group settings, ideally a distance of at least 3 feet.

Thank you for your patience and understanding during this ever-changing situation. Should you have any questions, please contact either Jack McElveen or Vicki Fleissner.