

Recommendations and Guidelines for Parents

- Follow the hygiene protocols in this document.
- **Avoid congregating at facility entry points.**
- **Wear Face masks and latex/plastic gloves.**
- Remind players to arrive to training dressed and ready, as change rooms will not be available.
- **Only one parent/guardian attending soccer activities.**
- Parents/guardians to keep a reasonable distance from the field.
- No more than 1 person per 4m².
- Ensure to check-in with coach/field marshal for completion of attendance at the soccer activity.
- At home, ensure all the player's equipment is washed separately from the other household items.
- Ensure child is healthy and has no sign of COVID-19 symptoms.

****If your Child is showing signs or Covid-19 or Illness they must not attend the training sessions/games****

- Drop and pickup player while maintaining desired rules and regulations around pick-up/drop-off and being a spectator if allowed.
- Snacks should be discouraged, however if allowed, ensure they are consumed and/or disposed of on site and not taken home.

Parents & Guardians are required to sign below in acknowledgment of these Recommendations and Guidelines. (If either Parent or Guardian may attend or drive to the training facilities both must sign)

Participant's Name: _____

Name of Parent/Guardian(1) (print) Signature Date

Name of Parent/Guardian(2) (print) Signature Date