

Welcome!

We're so happy that you're here.

Please make sure that your **microphone is MUTED** and **video ON** for the majority of the meeting.

You can **use the chat feature to ask questions** while the meeting is taking place. One of the INGLA board members will always be monitoring the chat and answering questions where possible.

If you have internet issues and are unable to continue joining our video meeting, please **use your phone to call into the meeting** so that you can at least hear what's going on.

2023 SEASON FALL COACHES MEETING

Sunday, September 11, 2022

Agenda

- Welcome from the INGLA Executive Committee
- Financial Report — *Leslie Cook*
- Development Report / INGLA Class & Sectional Revision— Ronn
- 2022 State Tournament Review, 2023 Point System & 2023 Hosting - Dave
- INGLA 2022-2023 Calendar — Beth
- Logo Votes - Jason
- Break - Attendance
- Clarification - Game Limit and Tie-Breaker - Gary
- Player Eligibility -
- Open Executive Committee Positions and INGLA Committee
- USA Lacrosse Indiana Chapter Update - Leslie Sherman
- Officials - '22 Review, '23 Fees, Rule Changes, Game Change Form - John
- Weekend Game Scheduling — INGLA

Financial Report - Leslie

- INGLA has ~\$18k
- Teams still owe money for 2022 season (~\$9k outstanding). Email to affected teams was sent 21AUG2022 by inglacommunications@gmail.com.
- 2022 Financial Summary
 - Gained ~\$2,500 from state tournament
 - ~\$8,000 expenses for the year
 - Opportunity to invest back into INGLA
- 2023 Referee Payment Program
 - Goal: Provide alternative pathway to pay officials
 - Process: INGLA pays referees → INGLA invoices Team → Team pays INGLA
 - If you want to participate in the Referee Payment Program, please complete this form by Oct 1st:
<https://forms.gle/p7Z6a6LzY71rt3iF8>
- 2023 dues invoices will be sent out in December. Due date is 03FEB2023.
- Questions? Concerns?
 - Email Leslie Cook at btownpridehslax@gmail.com

Development Committee Update - Ronn

- 1. Development Primary Focus**
 - Develop new and newer existing teams
 - Create ways to increase numbers which have dropped in some areas (Development Committee?)
- 2. Changes in 1A and 2A Varsity Status**
 - Franklin, South Bend, Southport from JV to 1AV
 - Park Tudor & Warren Central to 1A
 - Heritage Christain and Westfield to 2A
- 3. Class 2A Regions, Class 1A Sectionals and JV Teams**
 - All 2A Regions and 1A Sectionals Realigned

2A Coaches - North Region

Carmel — Josh Miller

jmillers32@ccs.k12.in.us

Culver — Debi Trau

debi.trau@culver.org

Fishers — Mark Gricius

griciusm@gmail.com

HSE — Rex Holliday

rbholliday@comcast.net

Noblesville — Jason Barnett

barnettlacrosse@gmail.com

Penn — Rebecca Plantz

plantzrebecca@gmail.com

Westfield - Kirk Reis

kdrew622@gmail.com

Zionsville — Dave Elefante

delefante@zcs.k12.in.us

2A Coaches - South Region

Bishop Chatard — Julie Jerrell

jjerrell06@yahoo.com

Brebeuf Jesuit — Nick Estey

nestey@brebeuf.org

Castle — Sheila Byrd

shelia.byrd@evsck12.com

Cathedral — Mary Ann White

mwhite@gocathedral.com

Evansville Memorial — Tracy Martin

tracylm97@hotmail.com

Evansville North — Troy Shekell

troyshekell@hotmail.com

Guerin Catholic — Joe Bellflower

jbelflower@guerincatholic.org

Heritage Christian - Beth Boles

bsm@tds.net

1A Coaches - Sectional 5

Chesterton — Karen Dardeau

dardeau4@gmail.com

Crown Point — Peter Thiel

thielp@att.net

Munster — Ted Burzynski and Emma Terrazas

tfb2066@gmail.com and emma@emmaterrazas.com

Northridge — David Williams

nhsraiderslax@gmail.com

St. Joseph's — Being Updated

sgirlslax453@gmail.com

South Bend Bears - Isabella Montgomery

isbellamontgomery8@gmail.com

1A Coaches - Sectional 6

Avon — Ronn Mesarosh

themasarosh7@att.net

Brownsburg — Jason Koles

brownsburglax@gmail.com

Homestead — Chelsea Conley

cconley@callhomecomfort..com

Lafayette Harrison — Isabel Lowry

ilowry@purdue.edu

North Central — Ruben St. Louis

coachstlouis@gmail.com

Park Tudor - Leslie Sherman

lesliedsherman@gmail.com

1A Coaches - Sectional 7

Center Grove — Regan Riddle

reagan.hunter.riddle@gmail.com

Franklin Community - Matt Sprout

sproutm@franklinschools.org

Lawrence North — Alexandra Kocher

alexandrakocher@msdlt.k12.in.us

Roncalli — Maggie Casper

mcasper@roncalli.org

Southport — Rachel Frantz

rfrantz@perryschools.org

Warren Central — Gary Roberts

robertswchs@gmail.com

1A Coaches - Sectional 8

Bloomington — Leslie Cook

btownpridehslax@gmail.com

Bosse — Kenny Benoit

bossegirlslax@gmail.com

Evansville Central — Jeff Hart

jeffrey.hart@rb.com

FJ Reitz — John Helfert

reitzgirlslax@gmail.com

South Gibson — Sam Meny

smeny1999@gmail.com

JV Team Coaches

Columbus North — Maddisyn Weisman

maddisyn.weisman@gmail.com

Elkhart — Heather Ashton

ashtonh@mishawaka.k12.in.us

Leo — Sabrina Foest

sabrina@leolionslacrosse.com

Whiteland — Grace Belford

belford.grace@gmail.com

Not Fielding A Team:

Boonville

Evansville Harrison

Martinsville

Princeton Community

INGLA State Tournament Review & Updates - Dave

- **2022 State Tournament at Heritage Christian**
 - Overview
- **2023 Class 2A Point System Update**
 - LaxNumbers
- **Application to host 2023 Semi-State and State Games**
 -

INGLA 2022-2023 Calendar - Beth

- ***Full Calendar found under INGLA Website Documents page > 2023 Info***
 - Accessing information in Documents (**Password: INGLACOACH**)
- **September 2**
 - Send all tentative scheduled weekend games to inglacommunications@gmail.com
 - Deadline for proposals for the Fall Coaches Meeting
- **September 11**
 - Mandatory Fall Coaches Meeting - In person at Westfield HS and on Zoom.
 - Deadline for new teams to be added to INGLA
- **December 4**
 - Deadline to Input all 2023 games into INGLA for official assignments
- **January 6**
 - Verify all games in Arbiter and if needed, use game change form and email changes to John Sherman (jandasherm314@gmail.com)

INGLA 2022-2023 Calendar

- **February 3**
 - Deadline to pay yearly INGLA membership dues
- **February 4**
 - Mandatory Spring Coaches Meeting, location TBD.
- **February 12**
 - All coaches must be registered with USA Lacrosse and on the INGLA website
- **February 13**
 - Team practices / any mandatory team event may begin only if INGLA dues have been paid, all coaches are registered with USA Lacrosse & INGLA, all players are registered with USA Lax.
- **February 27**
 - All players must be registered with USA Lacrosse & INGLA.
- **March 3 - FRIDAY!!!**
 - Opening day for games

INGLA 2022-2023 Calendar

- **May / June**

| | Class 1A | Class 2A |
|--------------------------------------|-----------|-----------|
| Last day to withdraw from tournament | May 1 | May 1 |
| Last day of regular season games | May 12 | May 10 |
| Makeup Dates (sectional games) | May 12-13 | N/A |
| Sectionals / Round 1 | May 17-24 | May 12-13 |
| Quarter Finals | N/A | May 19-20 |
| Semi Finals | May 30-31 | May 30-31 |
| Finals | June 3 | June 3 |
| Rain Date | June 5 | June 5 |

INGLA Logo Votes - Jason

- #1 - 45%
- #2 - 12%
- #3 - 10%
- #4 - 30%



INDIANA GIRLS
LACROSSE ASSOCIATION



INGLA

#1

Break & Attendance

<https://forms.gle/VEg9G1kAFszbG2uH7>

link is also located in the CHAT window

Please use the link in the chat to go and mark your attendance.

We'll take a 5 minute break to allow you to do this.

Clarification - Regular Season Game Limit - Gary

- Will be updated in the Competition Rules
- **Regular Season Game Limit - 20 games.**
 - From discussions with multiple coaches, officials, and the Executive Committee regarding the wording of the previously stated game limit language, as well as review of college schedules, and safety considerations for the athletes, the Executive Committee has voted to change the regular season game to a cap of 20 games. This includes all in state, out of state and tournament games.

Clarification - Seeding / Tie-Breaker

- Pages 4 & 5 of the INGLA 2023-2024 Playoff and Tournament Structure
- **1A Sectional** - seeding is decided by sectional win/loss record.
- **2A Round 1** - seeding is determined by LaxNumbers (vs Indiana in-state opponents only) rankings.

Both classes.

- ○ If teams play each other multiple times only the 1st game results count towards seeding.
- ○ Tie-breaker:
 - (1) Head to Head results, first game only
 - (2) Win/Loss % among same class opponents
 - (3) Coin Toss

Clarification - Early Graduation and Non-School / Non-District Player

- **Graduated Students** - Students meeting requirements for graduation in less than four (4) years, in a high school with a regular four-year course, shall be eligible to participate as a student athlete in the INGLA during the fourth year, ***provided they are enrolled in and attend full credit classes for the entirety of the semester(s) or trimester(s) in which the lacrosse season occurs.***
- **Club Varsity High School** – a varsity-level program that contains players from more than one (1) school.
 - Club Varsity High School teams will compete for a state championship in Class 1A - Any Club Varsity team will only compete in Class 1A.
- **JV Teams** - may have non-school / non-district players on their team, without changing the Varsity team status, as JV teams do not participate in the state tournament.

Board Positions Update

- **President** - Josh Miller (term concludes 9/11/22)
- **Vice President** - Beth Boles (term concludes 9/10/23)
- **Treasurer** - Leslie Cook (term concludes 9/10/23)
- **Secretary** - Jason Barnett (term concludes 9/11/22)
- **Director of Development** - Ronn Mesarosh (term concludes 9/10/23)
- **Officials Representative** - John Sherman

Executive Committee Position Nominations - INGLA

- President
 - Josh Miller
 -
- Secretary
 - Jason Barnett
 -

Executive Committee Election Process

1. You'll receive a ballot through Google Form today. You will need to complete your ballot by 11:00 am on Tuesday.
2. By 5:00 pm on Tuesday, the membership will receive a list of new Executive Committee members.

INGLA Committees

1. Awards Committee
2. Bylaws Committee
3. Communications Committee
4. Development Committee
5. Playoff/Tournament Committee
6. Rules and Officials Committee

Each school must have 1 representative sign up for a committee. You can sign up for which committee you want. If there are no volunteers for a committee, or if they are significantly uneven, the Executive Committee will reach out and try to get them settled.

Once the committee is formed, they need to choose a chairperson.

USA Lacrosse IN Chapter Update - Leslie Sherman

USA Lacrosse representative - Matthew Burke - mburke@usalacrosse.org

WEBSITE has lots of coaching information www.usalacrosse.org

GRANTS - info at www.usalacrosse.org - S. Bend Bears, Mudsock Lacrosse & Noblesville Youth were awarded grants

COACHING Clinics level 1 and Level 2 on Saturday Oct 29 at Park Tudor

JR COACH Certifications for the players who "coach"

MEMBERSHIP CERTIFICATION . Program leaders portal

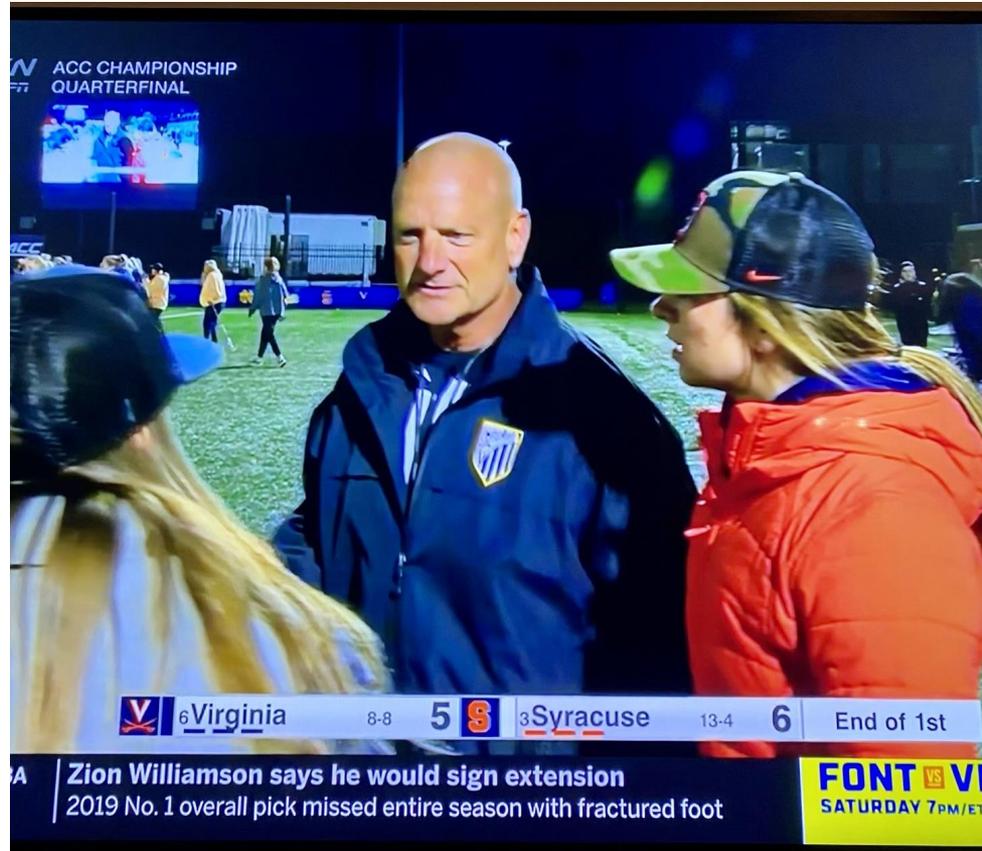
PLAYERS USA lacrosse working on efforts to improve the players experiences and help build the best one

USA Lacrosse Convention in Baltimore MD on January 20-22

EXPANDING and HELPING the youth league / Comments and Thoughts

HALL OF FAME / INDIANA

Officials Updates - John



Officials Updates

- **2022 Year in Review**
- **2023 Rule Changes**

[High School and Youth Girls' Rules Changes Announced for 2023 Season | USA Lacrosse Magazine \(usalaxmagazine.com\)](https://www.usalaxmagazine.com)

- **Best Practices for the Regular Season & Speaking to Officials.**
- **All Officials Email - jandasherm314@gmail.com**
- **Upcoming slides -**
 - **Updated Officials Fee Structure**
 - **2023 Game Changes - After December 4th. Form will be on website**

Officials New Fee Structure

| | 2023 | | | 2024 | | | 2025 | | |
|-----------------------|----------|----------|----------|----------|----------|----------|----------|----------|----------|
| Category | 3-Person | 2-Person | 1-Person | 3-Person | 2-Person | 1-Person | 3-Person | 2-Person | 1-Person |
| High School - Varsity | \$75.00 | \$85.00 | \$127.00 | \$80.00 | \$90.00 | \$135.00 | \$85.00 | \$95.00 | \$140.00 |
| High School - JV | \$55.00 | \$75.00 | \$112.00 | \$60.00 | \$80.00 | \$120.00 | \$65.00 | \$85.00 | \$125.00 |

Weekend Game Scheduling - INGLA

Big takeaways

- Not many teams have scheduled more than 2 games at their site on a weekend day. Remember that sites should try to have 4 games or more.
- Try to avoid scheduling any more sites on Saturday, April 22 - this is likely going to be a big college weekend and might pull many of our refs

Area specific maximums

- South (Evansville, Fort Branch) - We cannot support more than 2 sites on a single day
- North (Chesterton, Crown Point, St. Joe, Penn) - We cannot support more than 1 site on a single day
- Central (Indianapolis and surrounding area) - We cannot support more than 3 sites on a single day

Game Changes - After December 4th

Form will be on the website

To make a change to the Arbiter schedule, use the Game Change form (will be on the website), and send a follow-up email to jandasherm314@gmail.com to make the referees aware of the change. After completing the form, the Home team coach is responsible for updating the INGLA calendar and communication the change to their opponent(s). The "Home" team is to use this form to notify the Officials of any of the following changes for Arbiter:

- New Game
- Change of Game (time, location, date)
- Game Cancellation
- If you are making a change one week or more from the game, you need to fill out the form and send a follow-up email.
- If you are making a change under one week and up to 48 hours of the scheduled game time, you will need to fill out the form, send a follow-up email AND send a text to John Sherman (315-532-7292) and to April Sherman (315-591-4761) notifying them of the change.
- If you are making a change under 48 hours of the scheduled game time, you will need to fill out the form, send a follow-up email AND send a text to John Sherman (315-532-7292) and to April Sherman (315-591-4761) AND text/email all officials assigned to the original game notifying them of the change.

If you notice any issues with the form, please contact Jason at INGLAcommunications@gmail.com. If you would like to reach the assignors (to confirm the game change or provide clarifying information about a game change), please contact John at jandasherm314@gmail.com.

Website Expectations

- Input games on INGLA website by **December 4**
- Coach & Player Registrations with USA Lacrosse on the INGLA Website
 - **Coaches 2/12/23, must have USA Lacrosse membership and registered on INGLA Website**
 - **Players must have USA Lacrosse membership before they step onto the field for practice.**
 - **Players due 2/27/2023 to be registered on INGLA Website**
- Access information in **Documents** (password INGLACOACH)
- Assign teams once rosters are set and before first game

Website Expectations During the Season:

1. Home teams must input game scores within 24 hours, stats within 1 week
2. Keep jersey numbers as updated as possible.

Any Questions

Email

inglacommunications@gmail.com

Thank You For
Attending the 2022
INGLA Fall Coaches
Meeting!
