

Texoma Youth Football

Health Protocols – Sick Participants/Staff Members

The following protocols follow most of the guidelines and requirements as presented and interpreted in the Governor's Strike Force to Open Texas – Youth Sports Operator/Families Minimum Health Standard Protocols dated 7/2/2020.

Health Protocols Regarding Sick Participants (players) and Staff Members (coaches/team volunteers):

- Isolate staff and participants exhibiting new or worsening signs or symptoms of possible COVID-19 (as listed below) and contact your league commissioner/director. TYFL may or may not be notified at the discretion of the town's commissioner/director until a "positive" result is known as defined below.
- Do not allow staff or participants with the new or worsening signs or symptoms of COVID-19 and/or is lab confirmed to have COVID-19 to return to football activity until all three of the following criteria are met:
 1. At least 3 days (72 hours) have passed since recovery (resolution of fever without the use of fever-reducing medications); and the individual has improvement in symptoms (e.g., cough, shortness of breath); and at least 10 days have passed since symptoms first appeared; or
 2. In the case of a staffer or participant who has symptoms that could be COVID-19 and does not get evaluated by a medical professional or tested for COVID-19, the individual is assumed to have COVID-19, and the individual may not return to football activity until the individual has completed the same three-step criteria listed above; or
 3. If the staffer or participant has symptoms that could be COVID-19 and wants to return to football activity before completing the above self-isolation period, the individual must a) obtain a medical professional's note clearing the individual for return based on an alternative diagnosis or b) receive a negative COVID19 test at an approved testing location found at <https://tedem.texas.gov/covid-19>.
- Staff should help the TYFL in identifying exposure risks.
- Each sporting team is considered a cohort. Outside of the sporting event, discourage mixing between cohorts.
- If a staff member or participant tests positive for COVID-19, the commissioner/director for that town for which that person is a member should notify parents, guardians and the TYFL of possible exposure to a lab-confirmed case of COVID-19.
- If 3 or more cohorts (teams) in an individual town have individuals test positive for COVID-19, the TYFL will meet and decide about continued operations of the youth sports league (TYFL).
- If a cohort has a staffer or participant test positive or is believed to be positive for COVID-19, after the season has commenced, the TYFL will notify both the previously contested cohort and the upcoming scheduled cohort and town commissioner/director immediately.
- It will then be at the discretion of those cohorts and town commissioner/director as to whether or not they continue to compete as scheduled or choose one of the following options:
 1. Continue with the respective scheduled events without the "positive" staffer or participant as long as no other staffers or participants show any signs or symptoms of COVID-19 prior to the next scheduled game. This decision must be made within 24 hours of notification.
 2. Voluntarily decline the next scheduled event with intention of potentially rescheduling the event at a later date. This decision must be made within 24 hours of notification. Rescheduling of the

event may or may not be possible but all efforts will be made to do so. If another team has the availability to fill an open event and is willing to do so then that opening may be filled by that team.

3. Voluntarily decline participating for the remainder of the season. This decision must be made within 24 hours of notification.

- Please note that in accordance with the confidentiality requirements of the Americans with Disabilities Act (ADA), personal information regarding COVID-19 cannot be shared. Any information given must be factual and not identify the person in any way. Example: “Anna Sports Group has a person that has been exposed and is or potentially is positive for COVID-19. That person is known to have been exposed to Anna’s 1st/2nd grade team.”

COVID-19 Symptoms

In the last 24 hours have you experienced any of the following symptoms in a way that is not normal for them?

- Unusual Cough
- Shortness of Breath or Difficulty Breathing
- Chills / Repeated Shaking with Chills
- Significant Muscle Pain or Aches
- Unusual Headaches
- Sore Throat
- Loss of Taste or Smell
- Diarrhea
- In the last 24 hours have you had measured temperature greater than 100.0 degrees Fahrenheit
- Known close contact with a person who is lab confirmed to have COVID-19 is exposure to the active confirmed case occurred within the last 14 days

**If you indicated “yes” to having any of these signs or symptoms you must be excluded from participating or observing the activity and should review and understand the health protocols regarding sick participants and staff members.*