



WELCOME

Parents and Players,

We are so excited to kick this season off! Whether you are a returning member of our WYLO family or new, we know that there may be lots of questions. We hope that this information packet will provide you with an overview of the season as we know today. Please keep in mind that dates and or locations may shift due to weather or other unforeseen circumstances. However, as parents ourselves, we know having a snapshot of what might be coming is always helpful!

MISSION

Windham Youth Lacrosse Organization aims to coach and promote the game of lacrosse to boys and girls in our Windham & Raymond, Maine communities; to help athletes build healthy bodies, strong minds, self-esteem, good character and learn life lessons through the game of lacrosse; to help athletes develop skills and abilities regardless of experience or ability; to teach athletes the concepts of teamwork, good sportsmanship, pride, loyalty, honesty, and courage; and to foster connection with our communities.

EAGLES SOAR ABOVE

Sincerely,

WYLO Board



PACKET CONTENT

1. Communication
2. Sports Engine
3. Important Dates & Info
4. Code of Conduct
5. Volunteering: Team Manager, Concession Stand
6. Fundraising

1. COMMUNICATION

Windham Youth Lacrosse is present on Facebook, Instagram, & our website. This year we also have the addition of the SportsEngine platform. Although we will do our best to send out emails and add to our website for updates, for the most up to date and timely information on practice or game time and/or location changes please follow us on social media at @WindhamyouthLAX and download the SportsEngine App.



We also ask on behalf of our volunteer coaches, that you communicate with the Team Manager if you have any concerns or are unable to attend practices, games, or other events. RSVPing on the SportsEngine app for these is critical for them for planning purposes. Some rosters are light and if unable to attend, could mean we need to converse with the opposing team. Other rosters are very heavy, and our coaches will need time to plan how to ensure all players have a good experience if playing multiple games and needing to swing between the teams.

If you would like to connect with anyone on the board, you may find our contact names and emails on our website at www.windhamlacrosse.com About US > Our Board page.



2. SPORTSENGINE

Windham Youth Lacrosse Organization is using SportsEngine’s team management features making it easier for families, athletes, and coaches to stay connected. All teams’ rosters have been loaded into SportsEngine and should be visible on the app. Practices have been added to the schedules

As parents and guardians, you’ll be able view your athlete’s schedule, communicate with the team, and let the coach know if you can make upcoming events.

Be sure to download the SportsEngine mobile app from either [Apple](#) or [Android](#). *This packet may also be found on our website under the Resources > For Parents page along with several SportsEngine how to’s.

3. IMPORTANT DATES & INFO

These will be posted about on social media and on our website calendar as well. If anything shifts, we will notify you there and via SportsEngine scheduling.

2025 LAX Season

February 28 - March 13	<ul style="list-style-type: none"> • Team SWAG store opens
April 4 and/or April 5	<ul style="list-style-type: none"> • Indoor starts for K-8 • Raffle fundraiser passed out
April 13th Girls 9 am Boys 10 am	<ul style="list-style-type: none"> • Ref Review of rules with Coaches and Parents • Field 9
Week of April 28	<ul style="list-style-type: none"> • Outdoor practices begin (Coaches will communicate their specific practice schedules)
April 30	<ul style="list-style-type: none"> • Team Pictures: they will be taken in the dirt lot at the end of field 10 as they have in the past. • Raffle Tickets and money to be turned in May 1st (5/1)
Youth Night Boys- May 16th Girls - May 15th	<ul style="list-style-type: none"> • Our youth will have the chance to be announced at the varsity lacrosse game. The kids will be able to run out on the field.
May 24/25	**Memorial Day weekend - No Games scheduled**
Early June	<ul style="list-style-type: none"> • Ice cream truck sponsored by Roosevelt Storage; specific date TBD
June 14/15	<ul style="list-style-type: none"> • Last weekend of games



Practice Schedule 2025

Indoor Practices – Start the weekend of 4/4 & 4/5

Held at Gorham Sports Center: 215 Narragansett St, Gorham, Maine 04038

Friday	5:30-7:00	7/8 Girls	5/6 Girls	Fri: 4/4, 4/11. 4/18
	7:00-8:30	7/8 Boys	5/6 Boys	Fri: 4/4, 4/11. 4/18
Saturday	10:00- 11:00	K-2 & 3-4	Boys & Girls	Sat: 4/5 4/12, 4/19
	12:00-1:00	K-2 & 3-4	Boys & Girls	Sat: 4/19
	11:00-12:30	7/8 Girls	5/6 Girls	Sat: 4/5 4/12
	1-2:30	7/8 Boys	5/6 Boys	Sat: 4/19
	12:30-2:00	7/8 Boys	5/6 Boys	Sat: 4/5 4/12
	2:30-4			Sat: 4/19

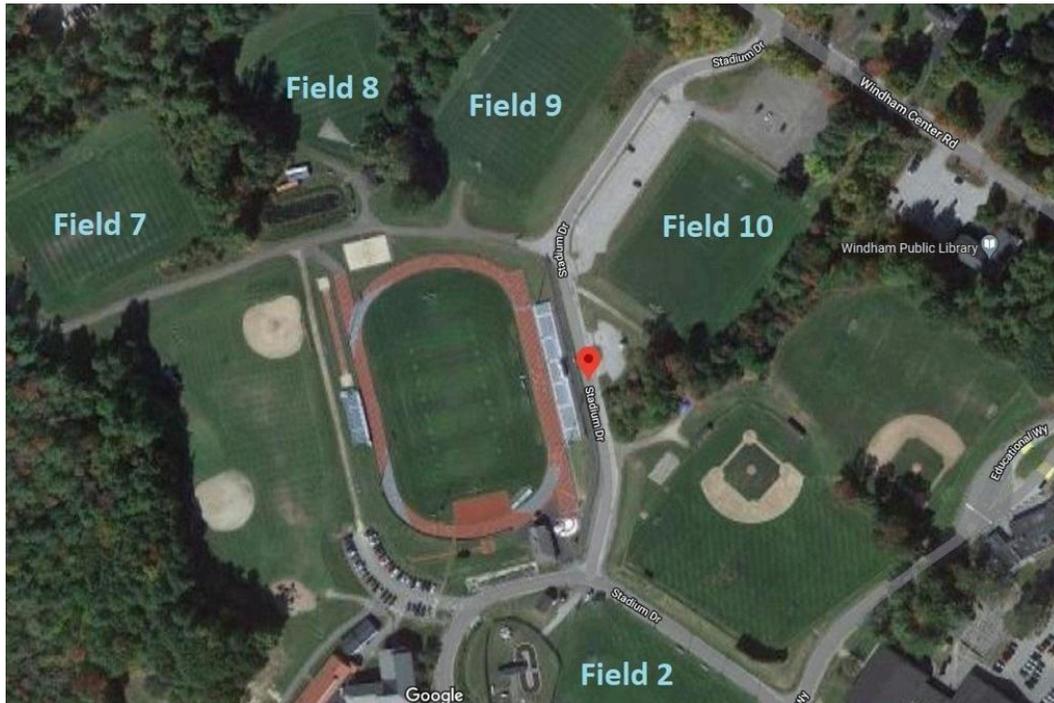
Outdoor Practices - Start the week of April 28th

Held at the Windham High School complex. Maps of the fields can be found on our website under About Us > Our Facilities page and will be posted on social media.

Group	Fields at Windham High School	Practice Days	Time
7/8 Boys	Field 9 (Bowl)	M-F (F as determined by coach)	5:30-7:00
7/8 Girls	Field 2 (Field Hockey)	M-F (F as determined by coach)	5:30-7:00
5/6 Boys	Field 7 (Football practice)	Monday, Wednesday, & Friday	5:30-7:00
5/6 Girls	Field 7 (Football practice)	Tuesday, Thursday and Friday	5:30-7:00
3/4 Boys	Field 10 (Upper Field)	Monday and Wednesday	5:30-7:00
3/4 Girls	Field 10 (Upper Field)	Tuesday and Thursday	5:30-7:00
K-2 Boys	Field 10 (Upper Field)	Monday and Wednesday	6:00-7:00
K-2 Girls	Field 10 (Upper Field)	Tuesday and Thursday	6:00-7:00



Practice & Home Field Locations



Game Schedule

Grades K-6 scheduling is done by the Maine Youth Lacrosse Organization. Once they determine the schedule the home team needs to contact the other team with the day (Saturday or Sunday) and the time of the game. Historically the schedule is not ready until the last week in April. Some towns are faster than others in letting us know the date and time of these games. Please be patient with us. Once we get the information we will provide and schedule in the SportsEngine App.

Grade 7/8 plays against school based and town-based teams. 7/8 is not part of the Maine Youth Lacrosse Organization. Therefore, the schedule is typically completed faster. School based teams typically need to play on weekdays and the game starts around 3:30 or 4:00. On the weekend, we typically play a town-based team. These games can be either Saturday or Sunday. Please be patient with us. Once we get the information we will provide and schedule in the SportsEngine App.

- All home Windham Youth Lacrosse games will be played on Sundays due to field availability
- No games Memorial Day Weekend



Tournaments

Here are the possible tournaments our teams may participate in. As soon as we have confirmation and dates of we will add them to Sports Engine.

- 7/8 Boys & Girls Laxfest- TBD
- 3/4 & 5/6 Boys & Girls - possibly the Cumberland Jamboree, TBD
- 3/4 & 5/6 Girls - likely a Massabesic tournament, TBD
- K2 Boys & Girls - likely a Biddeford Tournament, TBD

Weather Cancellation/Changes:

The Athletic Director of Windham High School will notify the scheduler by noon if the field is closed or open. There will be some occasions where only certain fields are closed. We will notify you if we need to move your field. We try our best to keep everyone on their normal field but sometimes we need to switch and have multi teams practice on one field.

If we have a week with multiple days of cancellation due to weather we will try to use Friday as a make-up day for K-2 and 3/4 programs as they don't have scheduled practice on Fridays. Coaches can choose to cancel practice even if the fields are open. This is where following us on social media and setting up SportsEngine will be crucial. We will use those to make last-minute changes due to weather, etc.

Picture Day

We will have pictures on Wednesday April 30th for all ages. Rain location will be inside the high school.

Picture Day Schedule		
Wednesday 4/30 - Parking Lot Field 10		
Time	Team	Practice Info
5:00	7/8 Girls	5:30
5:10	7/8 Boys	5:30
5:20	5/6 Boys	5:30
5:35	3/4 Boys	5:30
5:45	K/2 Boys	6:00
5:55	K/2 Girls	No Practice
6:05	3/4 Girls	No Practice
6:15	5/6 Girls	No Practice



Youth Night

- Girls' game is May 15th at 5:15pm
- Boys' game is May 16th at 7 pm

Please be there 15 mins before game time. Wear your uniform top (no gear needed) and meet your coach near the concession stand at the time indicated on the SportsEngine schedule. We will run out onto the field through the varsity tunnel. 7/8 will go first then 5/6, 3/4, K2.

Honorary Captain Program

The Honorary Captain Program is designed to recognize and reward youth lacrosse players who exemplify outstanding work ethic, sportsmanship, team leadership, and character. This Initiative strengthens the connection between the youth and varsity programs while fostering a culture of excellence. If your athlete is nominated by their youth coach, they will notify you and confirm your ability to attend.

Selection Process

- Youth lacrosse coaches will nominate one player for their assigned varsity home game.
- The selected player will be notified in advance and must confirm attendance.

Recognition & Rewards

- Honorary Captain will be introduced to the varsity coaching staff and team captains.
- They will participate in the pregame coin toss alongside varsity captains.
- Each Honorary Captain will receive a custom t-shirt to commemorate their participation, a signed certificate, and an engraved lacrosse ball.
- After the coin toss, the Honorary Captain can stay on the sideline for warm-ups before joining their family in the stands.
- The player will be recognized by the announcer before or during the game.

4. CODE OF CONDUCT

In an effort to ensure we deliver on our mission and all members of Windham Youth Lacrosse Organization have a great experience; the Code of Conduct is in place. When registering your athlete, this agreement was included as a waiver to review and sign off on as a part of the process. All Coaches are also required to sign off on a Coaches Code of Conduct and US Lacrosse Code of Conduct.

We are including a copy in this packet of our WYLO Code of Conduct and the US Lacrosse Code of Conduct as a reminder of what our expectations and policies for accountability are regarding conduct both on



and off the field. Included in this packet is a copy of both the codes of conduct to ensure that all coaches, players, and parents have all seen, reviewed, and agreed to. This may also be found on our website under Resources> Documents page.

Please review these expectations again with your athlete.

5. VOLUNTEERING & FUNDRAISING

We love LAX and know you do too. But did you know that the Windham Youth Lacrosse Organization (WYLO) is a 100% volunteer run, non-profit organization? That means we rely on the generosity of our community, in the form of fundraising and time, in order to provide the best possible environment for you, our players and families.

Team Manager

Our coaches are focused on our athletes and the practices or games. To help them be able to do that, we ask a parent to step up and help them manage some of the administrative stuff. Your Team Managers have been identified in your SportsEngine Roster and should be introducing themselves to you early on in indoor.

Team Managers can be responsible for organizing the dispensing/collecting of the fundraiser material, helping handout uniforms or pictures, reminding team families of announcements or upcoming events/changes via the SportsEngine app, helping follow up on RSVP's for the roster, connecting with the board with questions as a liason.

This year, **Boys 5/6 , 7/8** and **Girls 7/8** need to have a parent at mid field keeping track of penalty minutes at each game. The team Manager can do this and/or organize who will be there by way of sign up on the SportsEngine app, etc.

Fundraising

We know that the equipment, memberships, and registration fees can make Lacrosse an expensive sport to play. Our hope is to find ways to keep this sport growing and accessible to athletes in our community. Fundraising, such as business sponsorships, raffle sales, Clynk donations, and community donations, helps us keep our registrations fees from increasing and cover the costs of things like:



- Registration assistance and scholarships
- Player equipment
- Field equipment and balls
- Insurance
- Fields
- Referees
- Learn to play programs
- And much more

In fact, our 2024 fundraising efforts have allowed us to update and ensure all teams have full goalie gear, new practice balls, new gear bags for coaches, and sponsor several athletes' seasons. We were able to again include reversible practice pinnies for every athlete in registration fees while also reducing registration fees for grades 3-8. All this and more thanks to our awesome WYLO families and community!

Below is a list of the 3 fundraising efforts for 2025 and how they will work.

- **Apparel Store-** Order WYLO Swag gear like sweatpants, sweatshirts, shorts, hats, etc. A portion of the sale come back to us.
 - Started 2/28 and ended 3/13
 - Delivery expected 3 weeks from end of store.
- **Clynk Bags-** Included in this packet are pre-tagged Clynk bags for our account.
 - Simply fill and return!
 - Want more bags? Ask your Team Manager (Parent volunteer helping the coaches organize).
- **Raffle Tickets-** Will be passed out during indoor. Tickets AND collected \$ are due on May 1st to your Team Manager
 - **There are prize incentives for the top selling athletes.**
 - If you would like more, please reach out to your Team Manager.
 - It is critical that you ensure that all cash or checks are included in your envelope when you return it and it is filled out. Checks must be made out to Windham Youth Lacrosse Organization.
 - If not in the envelope, we will not be able to A. include them in the drawing and B. give your athlete credit.
 - Filled out athlete envelopes with corresponding cash or checks are to be handed in to your Team Manager. Please do not hand it to anyone besides your Team Manager.



K-6 Player and Parent Code of Conduct

1. Sportsmanship expectations:

All people associated with the game of lacrosse are always expected to act with sportsmanship, teamwork, dignity and respect for others. This includes coaches, parents, players and referees.

Poor Sportsmanship includes:

- *Arguing with coaches, officials, teammates, opponents or spectators
- *Using threatening or profane language
- *Baiting or taunting coaches, officials, teammates, opponents or spectators
- *Unsafe play
- *Uncontrolled or disrespectful behavior during practices or on sidelines in the bench area

2. Code of Conduct requirement:

All parents and players must sign both the US Lacrosse Code of Conduct as well as the WYLO Code of Conduct in order to participate

3. Consequences:

Failure to adhere to the Code of Conduct during games or practices will result in the following:

First Offense: Minimum Verbal and written warning to player and parents

Second Offense: Sit out 1 game

Third Offense: Will not be able to participate with the team for 1 week (This includes games and practices) A meeting will be held with parents, player and board

Fourth Offense: Dismissal from team for remainder of season

*all subject to WYLO board shared decision making



Middle School Player (7/8) and Parent Code of Conduct

1. Sportsmanship expectations:

All people associated with the game of lacrosse are always expected to act with sportsmanship, teamwork, dignity and respect for others. This includes coaches, parents, players and referees.

Poor Sportsmanship includes:

- *Arguing with coaches, officials, teammates, opponents or spectators
- *Using threatening or profane language
- *Baiting or taunting coaches, officials, teammates, opponents or spectators
- *Unsafe play
- *Uncontrolled or disrespectful behavior during practices or on sidelines in the bench area

2. Code of Conduct requirement:

All parents and players must sign both the US Lacrosse Code of Conduct as well as the WYLO Code of Conduct in order to participate

3. Consequences:

Failure to adhere to the Code of Conduct during games or practices will result in the following:

First Offense: Minimum Verbal and written warning to player and parents

Second Offense: Sit out 1 game

Third Offense: Will not be able to participate with the team for 1 week (This includes games and practices) A meeting will be held with parents, player and board

Fourth Offense: Dismissal from team for remainder of season

**All subject to WYLO board shared decision making

EJECTION RULE FOR COACHES AND STUDENT ATHLETES POLICY -adapted from the Maine Principals' Association code of conduct.



In all team and individual sports, ejection or disqualification from a game, meet, or match for unsportsmanlike behavior of any form, by a coach or a player, shall result in the suspension of that player or coach. The coach or player ejected from a contest must sit out all contests at all levels until the coach or athlete completes the ejection penalty by sitting out the next game at the level from which he/she was ejected. This rule applies to a game, meet, or match suspended before completion as well as a completed contest. This penalty may not be served by sitting out an exhibition, sub varsity, or other competition. A suspended coach may not be present at the game site. Not being physically present at the site means the disqualified coach is not to be present in the locker room, on the sidelines, in the stands, or site area before, during, or after the game/meet. Any coach or player ejected from the last game, meet, or contest of a sports season shall serve a one game suspension in the opening countable game, meet, or contest in the next varsity sport in which he/she participates. The coach or player may participate fully in preseason. An ejected coach must view the NFHS video "Teaching and Modeling Behavior" prior to returning to the sideline.



USA Lacrosse Code of Conduct

Players, coaches, officials, parents, and spectators are to conduct themselves in a manner that "Honors the Game" and demonstrates respect to other players, coaches, officials, parents, spectators, and fans. In becoming a member of the lacrosse community an individual assumes certain obligations and responsibilities to the game of lacrosse and its participants. The essential elements in this "Code of Conduct" are HONESTY and INTEGRITY. Those who conduct themselves in a manner that reflects these elements will bring credit to the sport of lacrosse, themselves, their team, and their organization.

It is only through such conduct that our sport can continue to earn and maintain a positive image and make its full contribution to amateur sports in the United States and around the world. US Lacrosse supports the following behaviors for those who participate in the sport or are involved in any way with US Lacrosse. The following essential elements of the "Code of Conduct" must be followed:

- Sportsmanship and teaching the concepts of fair play are essential to the game and must be taught at all levels and developed both at home and on the field during practices and games.
- The value of good sportsmanship, the concepts of fair play, and the skills of the game should always be placed above winning.
- The safety and welfare of the players are of primary importance.
- Coaches must always be aware of the tremendous influence they have on their players. They strive to be positive role models in dealing with young people, as well as adults.
- Coaches should always demonstrate positive behaviors and reinforce them to players, parents, officials, and spectators alike. Players should be specifically encouraged and positively reinforced by coaches to demonstrate respect for teammates, opponents, officials, and spectators.
- Players should always demonstrate positive behavior and respect toward teammates, opponents, coaches, officials, parents, and spectators.
- Coaches, players, parents, and spectators are expected to demonstrate the utmost respect for officials and reinforce that respect to players/teammates. Coaches are also expected to educate their players as to the important role of lacrosse officials and reinforce the ideal of respect for the official to players/teammates.
- Grievances or misunderstandings between coaches, officials or any other parties involved with the sport should be communicated through the proper channels and procedures, never on or about the field of play in view of spectators or participants.
- Officials are professionals and are therefore expected to conduct themselves as such and in a manner that demonstrates total impartiality, courtesy, and fairness to all parties.
- Spectators involved with the game must never permit anyone to openly or maliciously criticize, badger, harass or threaten an official, coach, player or opponent.
- Coaches must be able to demonstrate a solid knowledge of the rules of lacrosse and should adhere to the rules in both the letter and the spirit of the game.
- Coaches should provide a basic knowledge of the rules to both players and spectators within his/her program. Attempts to manipulate rules in an effort to take unfair advantage of an opponent, or to teach deliberate unsportsmanlike conduct, is considered unacceptable conduct.
- Eligibility requirements, at all levels of the game, must be followed. Rules and requirements such as age, previous level of participation, team transfers, etc, have been established to encourage and maximize participation, fair play and to promote safety.