

# FALL STICK & PUCK SESSIONS!

Looking for some extra ice time to work on your skills?  
Here is your chance!! Come and enjoy MORE FUN at the rink!!  
These sessions are for hockey skaters of any age to come skate with *Sticks & Pucks!*  
Work on your skating skills, drills, and stick handling

**RULES:** \* All equipment is required for any skater age 17 and under  
\* Helmets are required for any skater age 18 and older  
(Other equipment is recommended)  
\* Scrimmages and games are not allowed at any time  
\* No lessons can be given at this time  
\* Bring your own pucks!!

**COST:** \$ 5.00 per skater.

**WHEN:** SEE TIMES BELOW!  
(ALL TIMES AND DATES ARE SUBJECT TO CHANGE!!)

Sept. 8 <sup>th</sup> , 2018:	3:00pm – 4:30pm
Sept. 10 <sup>th</sup> , 2018:	6:00pm – 7:30pm
Sept. 15 <sup>th</sup> , 2018:	3:00pm – 4:30pm
Sept. 17 <sup>th</sup> , 2018:	6:00pm – 7:30pm
Sept. 22 <sup>nd</sup> , 2018:	3:00pm – 4:30pm
Sept. 24 <sup>th</sup> , 2018:	6:00pm – 7:30pm
Sept. 29 <sup>th</sup> , 2018:	3:00pm – 4:30pm
Oct. 1 <sup>st</sup> , 2018:	6:00pm – 7:30pm
Oct. 6 <sup>th</sup> , 2018:	3:00pm – 4:30pm
Oct. 8 <sup>th</sup> , 2018:	6:00pm – 7:30pm
Oct. 13 <sup>th</sup> , 2018:	3:00pm – 4:30pm

***A "RELEASE OF LIABILITY" MUST BE SIGNED BY EACH PLAYER AND PARENT BEFORE GOING ON THE ICE!! RULES WILL BE ENFORCED AND FOLLOWED BY ALL PARTICIPANTS!***