

## Locker Room Monitor Expectations

Whenever players are present in the locker room, there must be at least one screened and SafeSport- trained adult present inside the locker room, frequently checking and communicating with the players so they understand they are being monitored. Coaches can act as locker room monitors; however, we strongly encourage volunteer parents to fill this role to enable the coaches to focus on game or practice planning and preparation.

The physical presence of an adult(s) is far more effective in deterring and stopping misbehavior, and also enables the adult(s) to visually monitor the behavior of the individual players and to intercede prior to an incident getting out of hand. Additionally, it affords the opportunity to ensure that players are not using their electronic devices inappropriately.

The prevention of hazing, bullying, harassment, or other inappropriate behaviors in addition to physical harm caused by horseplay, can be lessened by following some fundamental strategies outlined below:

### Role of a Locker Room Monitor

- Introduce yourself.
- Be inside the locker room at all times.
- Be actively involved in monitoring behaviors by actively listening, communicating, and watching players behaviors. Limit horseplay.
- No cell phones for anyone...PERIOD! Players are allowed to play music but are not allowed to shuffle through songs or take requests. Press play and put it away. If a player needs to use their phone, they will need to leave the locker room.
- Parent/Guardian acting as LRM is not providing coaching advise.

### Locker rooms are available 30 minutes before practice and no more than 60 minutes before games:

- If there is only one adult present, LRM should wait for multiple players to arrive before allowing access to the locker room.
- When coach(es) addresses the team, the LRM will wait outside the door until the coach(es) are finished and step back in if coaches exit before players.
- No LRM should ever be left alone with a player in the locker room. Actively do time checks so players understand they need to leave promptly and together.
- During games, watch for players who leave the bench and make way to the locker room. If coach or medical personnel accompany player, LRM or parent must also be in attendance in the locker room.

### When an issue arises:

- LRM need to be respectful and keep their own emotions in check.
- Speaking quietly and calmly to a player, to help avoid embarrassment, may be best. However, it may be appropriate and necessary to use a strong verbal command to stop misbehavior.
- If the attempt to intercede is ignored, or the problem persists, and there is no immediate threat of potential harm, the monitor/supervisor should seek assistance from another adult to remove the misbehaving player from the locker room and address the issue separate from the rest of the team. If the player's parent(s) are present, they should be engaged immediately.
- Situations where misbehavior could lead to the threat of immediate harm are very rare (especially with LRM present); however, if a situation arises, it may become necessary to intercede to stop the problem (examples include fighting, wrestling, hitting with sticks, throwing items, dangerous use of skates, etc.).
- Immediately report any misbehavior occurring in a locker room to your local SafeSport coordinator or board member. Identify as best you can both the participants as well as anyone who closely witnessed the incident and the actions involved.

Please reach out to [sartellhockey@gmail.com](mailto:sartellhockey@gmail.com) with questions.