

October 2021

| September '21 | | | | | | | November '21 | | | | | | | |
|---------------|----|----|----|----|----|----|--------------|----|----|----|----|----|----|---|
| S | M | T | W | T | F | S | S | M | T | W | T | F | S | |
| | | | 1 | 2 | 3 | 4 | | | 1 | 2 | 3 | 4 | 5 | 6 |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | |
| 26 | 27 | 28 | 29 | 30 | | | 28 | 29 | 30 | | | | | |

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--------|------------------------------|-----------|-------------------|--------|----------|
| 26 | 27 | 28 | 29 | 30 | 1 | 2 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 10 | 11 | 12 Parent Meeting 7:00 pm | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 AM Workouts | 20 | 21 AM Workouts | 22 | 23 |
| 24 | 25 | 26 AM Workouts | 27 | 28 AM Workouts | 29 | 30 |
| 31 | 1 | Notes | | | | |

November 2021

| October '21 | | | | | | | December '21 | | | | | | |
|-------------|----|----|----|----|----|----|--------------|----|----|----|----|----|----|
| S | M | T | W | T | F | S | S | M | T | W | T | F | S |
| | | | | | 1 | 2 | | | | 1 | 2 | 3 | 4 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 | 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 | 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 | 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 | 26 | 27 | 28 | 29 | 30 | 31 | |
| 31 | | | | | | | | | | | | | |

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|-------------------|-------------------|-----------|-------------------|--------|----------|
| 31 | 1 PM Workouts | 2 AM Workouts | 3 | 4 AM Workouts | 5 | 6 |
| 7 | 8 PM Workouts | 9 AM Workouts | 10 | 11 AM Workouts | 12 | 13 |
| 14 | 15 PM Workouts | 16 AM Workouts | 17 | 18 AM Workouts | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 PM Workouts | 30 AM Workouts | 1 | 2 AM Workouts | 3 | 4 |
| 5 | 6 | Notes | | | | |

December 2021

| November '21 | | | | | | | January '22 | | | | | | |
|--------------|----|----|----|----|----|----|-------------|----|----|----|----|----|----|
| S | M | T | W | T | F | S | S | M | T | W | T | F | S |
| | 1 | 2 | 3 | 4 | 5 | 6 | | | | | | | 1 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 | 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 | 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 28 | 29 | 30 | | | | | 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| | | | | | | | 30 | 31 | | | | | |

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|------------------|------------------|-----------|------------------|--------|----------|
| 28 | 29 | 30 | 1 | 2 PM Workout | 3 | 4 |
| 5 | 6 PM Workout | 7 PM Workout | 8 | 9 PM Workout | 10 | 11 |
| 12 | 13 PM Workout | 14 PM Workout | 15 | 16 PM Workout | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | 31 | 1 |
| 2 | 3 | Notes | | | | |