

Edina Mites Program: Coaches Manual

Thank you in advance for all your time, energy, enthusiasm, and hard work helping to make this season a great experience for all EHA mite players!

Coaches play a critical role in shaping the success of a team. Their responsibilities include game plan, overseeing practices and training sessions, and ensuring that all players follow the rules and regulations. Communication is key for coaches to motivate and inspire their players on and off the ice. They must also foster a positive team culture that promotes sportsmanship, teamwork, and respect for their opponents.

Responsibilities Include:

- Attending initial [Coaches Meeting](#)
- Completing [Coaching Certification and Safesport Training](#)
- Partnering with [Team Manager](#)
- Practice Planning [Mite Practices Plans](#)
- [Communications to team](#)
- [Assisting with Uniform Distribution](#)
- [Team picture day](#)
- [Participating in Return to the Hive](#)
- [Jamborees](#)

Coaches Meeting

Coaches meeting is set for Tuesday, November 7th with Fortis Academy.

- 7-8 pm- Off-ice training @ Champion Hall 7000 Washington Ave S, Eden Prairie
- 8:30 - 9:30 pm- On-ice training @ Braemar, South Rink. A helmet is required.

Coaching Certificate and SafeSport Training

All coaches (head and assistants) must be educated at the proper clinic level and have completed the following:

- [Register with USA Hockey](#)
- [Complete the required background screening](#)
- [Complete the required SafeSport training](#)
- [Complete the appropriate Age-Specific Training Module](#)
- [Complete Proper Clinic Level before Dec. 31](#)

For additional Questions, click [here](#).

Its participants' safety is paramount to USA Hockey and Minnesota Hockey. This includes both on-ice and off-ice safety in any part of Minnesota Hockey's programs. The USA Hockey Safe Sport Program is intended to protect all participants, not just players, from misconduct or abuse.

Team Manager:

Your team manager partners with you to ensure your team has a successful season! The team manager is responsible for several organizational duties that you can read more about in the Team Manager Handbook [LINKED HERE](#).

You and the team manager must be in regular contact!

SportsEngine

- Judy Goodman manages Sports Engine for EHA.
- Both managers and coaches should be listed as administrators on your team's SportsEngine site.
- The manager can help with any questions about adding family contacts to SportsEngine.
- One of your responsibilities as a coach is to update practices/games if schedule changes occur. Generally, this only happens if there is a cancellation due to weather (park ice or Braemar outdoor) or if your team has added a tournament to the schedule. **Please note that when changing the schedule, you are changing it for all teams tagged for that event within EHA!** Make sure to connect with your manager and the manager and coach of another team if you are adjusting to shared ice.
- **If there are still questions, please contact [Judy Goodman](#).**

Bad Weather Policy:

The Backyard Rink will be closed when the air temperature is at or below -10 or a wind chill of -15. Edina Parks and Recreation (which included the Braemar Backyard Rink) uses the National Weather Service as its office thermometer. An email will be sent to all mite managers regarding weather conditions and the closure of rinks.

Mite Ice-if your team and partner ice team will not be using the allotted ice from EHA, please contact [Shannon Kuznia](#).

Team Communications

- The manager's most important role is managing team communication. Many teams do this via email and a chat app like GroupMe.
- GroupMe can be used for more immediate needs ("wear the white jersey," "we are in locker room 5", "park ice is canceled due to weather," etc.). However, if you need to cancel a practice, it's a good idea to convey that via multiple modes of communication.
- Overall, families APPRECIATE communication. We are not suggesting that you need to be in contact with your team every day, but ensuring you are in regular contact with your team will go a long way to ensuring a successful season!

Questions about Communications can be sent to [Sarah Burgess](#).

Uniforms

- This is easy and fun!
- Your team manager will be notified by [Shannon Kuznia](#) when your jerseys and socks are ready.
- EHA has predetermined Jersey numbers and cannot be changed. (if this answer is unsatisfactory, please direct families to [Shannon Kuznia](#)).
- You and your manager do not need to distribute jerseys in an over-the-top fashion, but it can be fun to set up a locker room ahead of time! See the pic for a SIMPLE idea. Older teams tend to make a big deal out of this, so know that there are bigger reveals to look forward to!



Questions about uniforms should be directed to [Shannon Kuznia](#).

Team Photos:

Your manager will receive an email from [Sarah Burgess](#) about Team Picture Days. Typically, there are 4. Since you won't necessarily know your ice time ahead of the picture days, selecting a time can feel intimidating. Don't worry! Everyone loves picture day, and your team will show up. If the time you select conflicts with your practice, you can always edit the time through the link Linhoff sends you.

At your designated time, your team will gather in Braemar West. Players should be in full gear, minus helmets and skates. The coaches can help get the team organized. Individual pictures will be taken first, followed by a team picture.

Linhoff will send an email when the galleries are ready. Families can then go online and select what they want to purchase. Photos will be shipped directly to the buyer's home.

Questions about photo day scheduling can be directed to [Sarah Burgess](#).

Questions about photo packages/production can be directed to [Linhoff](#).

Return 2 the Hive

The primary purpose of the Return 2 the Hive Program is to celebrate EHA's love for hockey by connecting our youngest players with our oldest ones. The program also allows more seasoned players to develop their leadership skills by mentoring newer players.

Your team will be paired with an older travel team. We are excited and hopeful that all paired teams will participate in Return to the Hive this year. Please see more information about this program [HERE](#).

Questions about Return to the Hive should be directed to [Sarah Burgess](#).

Jamborees

EHA Mite Jamboree

The EHA Mite Jamboree will occur on Saturday, March 9, and Sunday, March 10. This is our end-of-season event that celebrates what a great season we had!!

Your manager will receive an email from Janae Hentges with all team schedules. Please do not ask for your game times to be moved/adjusted. A lot of work went into creating the jamboree schedules!

Janae Hentges will also send you a volunteer document. For each game, your team will need to provide one volunteer.

Quinn's Cup

Quinn's Cup will take place on January 19-21. It is for Boys Mite 3 and 4 and Girls Mite 3 teams. Your team will be automatically signed up if you fall in that category.

Your manager will receive an email from Janae Hentges with the schedule for Quinn's Cup.

Questions about Jamborees should be directed to [Janae Hentges, Director of Tournaments.](#)

Thanks for making it through this manual! If you have any questions, suggestions, or comments about the manual, please contact [Sarah Burgess.](#)

The entire EHA Board thanks you for volunteering your time, and we hope you HAVE AN AMAZING HOCKEY SEASON!!

