

First, thank you for making the commitment to coach this season!

Wanted to send along several links to Helper Tools and Training Guides for you to use this season:

**It is required that you sign up for the Remind101 text messaging system** we use to communicate with our coaches. It is free and requires no app downloads. To sign up [click on this link](#)

**Team Management Tools:**

- [Accessing your roster and communicating with your team](#)
- [Team Parent Meeting Sample Letter](#)
- Cold & Hot Weather Training Guidelines
  - [Cold Weather Training Guidelines](#)
  - [Hot Weather Training Guidelines](#)
- [Game Day Playing Guidelines](#)
- [Uniform Pick Up Day Guidelines](#)

**Training Tools:**

- [Age Group Specific Training Emphasis](#)
- Age Group Specific Season-long Training Plans
  - [U8 Training Plan](#)
  - [U10 Training Plan](#)
  - [U12 Training Plan](#)
  - [U15 Training Plan](#)
  - [U19 Training Plan](#)
- [Approved Alternate Training Locations](#) – in the event CCSA fields are shut down
- [Age Group Specific Training Activities](#)
- [YouTube Training Activities Listing](#)
- [Training Youth Soccer Players by Vince Ganzberg](#), Director Of Coaching Education – USA Soccer

Enjoy the season and “be mindful of the positive impact you’re making with every practice and game”.