



OVERVIEW: LaLiga Master class descriptions

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US Club Soccer and LaLiga are offering “Master classes” to members as part of the LaLiga Virtual Coaching Series sponsored by Verizon. These Master classes feature the top methodology minds of LaLiga, and present a new, accessible coach education opportunity for US Club Soccer coaches.



DESCRIPTIONS:

LaLiga Training Methodology: Daily Application and Coaching Intervention: LaLiga experts will share the process of building a training methodology according to the complexity of soccer and the general objectives of the coach. They will also show the different protocols to ensure a proper development process while taking into account the correlation between varying training aspects. At the end of the session, they will share the desired behaviors of coaches, to create coherence and fluidity within the training sessions and align with their philosophy.

Building and Implementing a Game Model in Youth Soccer Development: What’s the best game model to develop a player? What advantages could we take into account while creating this model? Which steps we should follow to implement it? Those are some of the questions that LaLiga is going to answer in this webinar, where they are going to show the process to create a game model and implement it with a youth soccer club.

Analyzing a Player Profile In Training and Competition: Under the LaLiga Game Model framework, in this session LaLiga will share the specific requirements the players have in the competition and how we can “translate” it into the training. Physical, psychological and technical/tactical factors will be analyzed in order to give a 360° view of the process.

Sports Psychology and Team Management in Women’s Soccer: LaLiga Women’s Soccer specialist will share some of the insights of managing a group of female players and relate the ideas to the daily work within female teams. During the session, the resolution of case studies will be addressed, proposing situations in both scenarios: training and competitions.