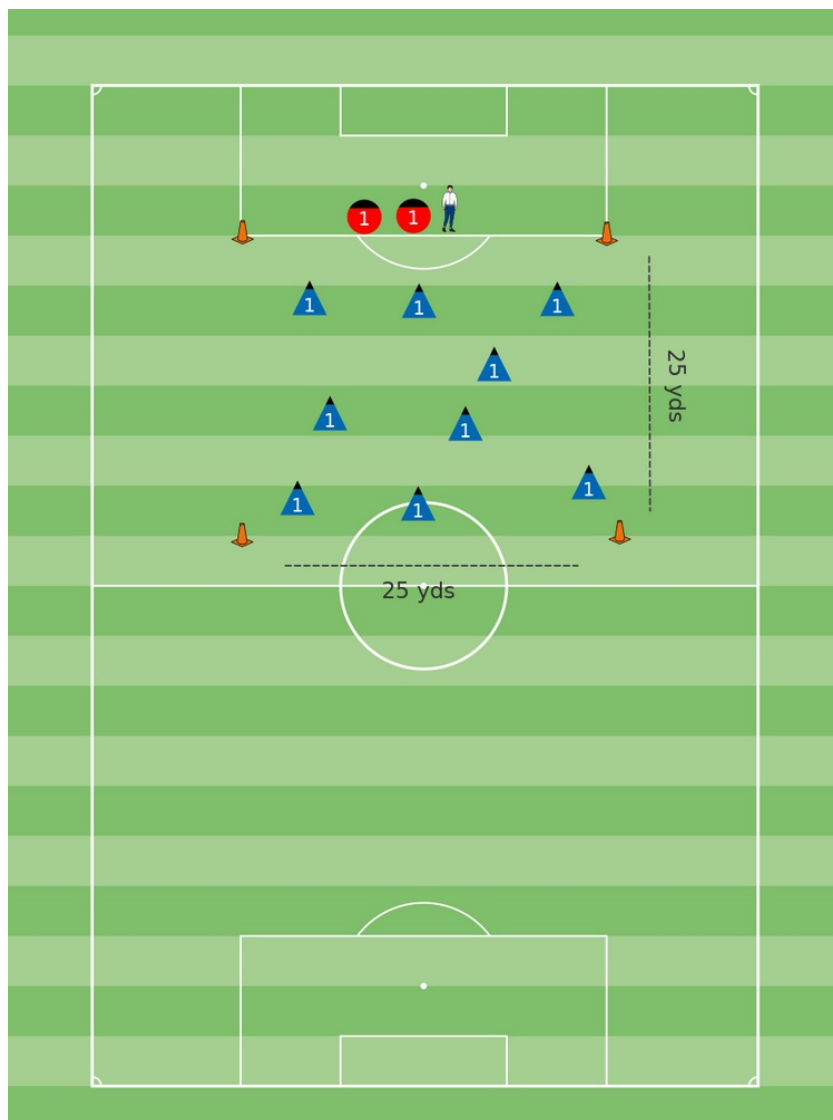


Tail Tag

OBJECTIVE: Fun!

TEAM TACTICAL PRINCIPLES:

KEY QUALITIES:



ORGANIZATION:

All players inside the grid with a "tail". The tail is a pinnie that is either tucked into the player's waistband of their shorts (sort of like flag football) or into the back of their collar on their shirt. There are two taggers without a tail. On the coach's "Go!" the taggers try and pull the tails off the players in the grid. Once a player's tail has been pulled they must help grab all the tails off other players. The last player with his/her tail still attached wins!

KEY WORDS:

GUIDED QUESTIONS:

ANSWERS:

NOTES:

TEAM FUNCTION:

Attacking

AGE:

U5 / U8

PLAYERS:

8 vs 2

DURATION:

6:15 min (4 x 1:0 min, 0:45 min rest)

INTENSITY:

Hard