

5th Annual- Superior Spartan Football Coaches Clinic

Saturday, February 29, 2020
2600 Catlin Ave., Superior, WI



FEATURING:



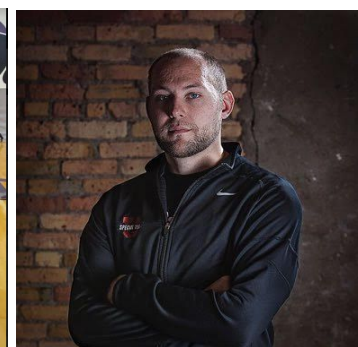
Scott Meir
Farmington Strength Coach



Tom Yashinsky
Onalaska Head Coach



Matt Kimmes
DeForest Offensive Coord.



Kyle Stelter
Special Teams University



Pat Rice
Wauwaukee Head Coach



Sean Peterson
Wayzata Offensive Line



Dan Mlachnik
Muskego Strength/DB's



Barrett Brenner
Mondovi Defensive Coord.



Craig Loscheider
Mondovi Head Coach



Mike DuFrane
St. Scholastica Defensive Coord.



Superior Spartan Football Coaches Clinic - Saturday, February 29



Registration and Vendors 8:15-8:45 Welcome 8:50-8:55 PAC

9:00 - 9:55	Mike DuFrane- College of St. Scholastica, DC <i>"3-4 Scheme with Coverages"</i>	Conf Rm	Scott Meier- Farmington, Strength Coach MN Director of NHSSCA <i>"Training Multi-Sport Athletes and Creating "Buy-In" From All Sport Programs"</i>	PAC	Sean Peterson- Wayzata, OL Coach 2019 MN 6A State Champions <i>"Win in the Trenches: with TECHNIQUE Improve offensive line play by training feet, hips, and hands."</i>	Library
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10:10 - 11:05	Craig Loscheider- Mondovi Head Coach Barrett Brenner,-Mondovi , DC 2019 WI Division 5 Semi-Finalist <i>"Mondovi Defense: Philosophy and Skill Development."</i>	Conf Rm	Scott Meier- Farmington, Strength Coach MN Director of NHSSCA <i>"Overall Football Strength & SAQ Program Around The Calendar and Where Some Are Making Mistakes"</i>	PAC	Tom Yashinsky- Onalaska, Head Coach <i>"Shifts, Trades, and Motions- Smoke and Mirrors to Disguise Base Plays"</i>	Library
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11:20 - 12:15	Kyle Stelter- Special Teams University <i>"Finding and Developing Your Long Snapper"</i>	Conf Rm	Dan Mlachnik- Muskego, Strength Coach 2018 & 2019 WI Div I WI State Champions <i>"Strength & Conditioning- The Muskego Way"</i>	PAC	Matt Kimmes- DeForest, OC 2019 WI Division 3 State Champions <i>"Play packaging and Two-Minute Drill"</i>	Library
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12:15-1:00

Lunch provided (included with registration fee) by **Adrenaline Fundraising** in the cafeteria (*Superior Meats - Sandwiches*), Door Prizes

1:15 - 2:05	Dan Mlachnik- Muskego, DB Coach 2018 & 2019 WI Division I Champions <i>"Muskego DB Fundamentals"</i>	Conf RM	Pat Rice- Waunakee, Head Coach 6X State Champion, 4X State Runner-Up <i>"Making Special Teams Special"</i>	Pac	Chalk War Jeff Ojanen- Cloquet, DC Mike Klyve Barnum, Head Coach <i>Cloquet's 4-3 vs. Barnum's TE Heavy Power Read</i>	Library
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2:15 - 3:10	Program Development Discussion w/Q&A (PAC)					
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3:20 - 4:15	Pat Rice - Waunakee HS Head Coach WI State Champs: '99, '02, '09, '10, '11, '17 WI State Runner Up: '01, '05, '12, '19 <i>Building a Championship Program</i>					
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4:30 -	Coaches Social at Dodgies (2114 East 5th Street) (Beverages and more x's and o's)					
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Vendors- Adrenaline, BSN Sports, Chippewa Valley Sporting Goods, Mesabi Range Community College, Riddell, Shirts Unlimited

Registration Information

Saturday, February 29
SUPERIOR HIGH SCHOOL
2600 CATLIN AVENUE
SUPERIOR, WI 54880
Enter Door N1 or E16

\$40 each coach if you pre-register by February 14h On-Line

\$50 to register at the door (make checks payable to Superior Spartan Football)

Clinic Online registration link:

www.superiorfootball.net

Lodging available at the Hampton Inn by Hilton Superior

Group Name: Superior Spartan Coaches Clinic (Jan. 31st cutoff date for reduced rate)

Speaker Biographies

Barrett Brenner, Mondovi High School, Defensive Coordinator

Twitter: [@FootballMondovi](#)

Coach Brenner has coached football for 20 years, working with teams from the 5th grade through the varsity level. In two seasons running the defense for Mondovi, Brenner has quickly built one of the most dominant defenses in the state of Wisconsin, helping the Buffaloes win back-to-back conference championships in 2018 and 2019. In 2019, Brenner's defense posted 9 shutouts and allowed 72 total points in 13 games, an average of less than 6 per game. Coach Brenner is a self-employed property assessor. He lives in Mondovi with his wife Sarah and his four boys - Mason (10), Ty (9), Carson (7), and Spencer (6).

Mike DuFrane, College of St. Scholastica, Defensive Coordinator

Twitter: [@CoachDuFrane](#)

Mike DuFrane just completed his 11th year of coaching college football. He was hired in the spring of 2019 as the Defensive Coordinator at the College of St. Scholastica. Last season the Saints finished the regular season 4th in the nation in Turnovers Gained and 1st in Fumbles Recovered. Prior to St. Scholastica, DuFrane had prior stops as a Defensive Coordinator at Marietta College (OH) and Lyon College (AR). DuFrane is a 2009 graduate of the University of Wisconsin-Whitewater where he was a starting defensive tackle for the 2007 National Championship Team. He also holds a Masters Degree from Carthage College where he was a Graduate Assistant.

Matt Kimmes, DeForest High School, Offensive Coordinator

Twitter: [@norskicoachk](#)

Coach Matt Kimmes will enter his 17th year of coaching in 2020. He started his career as a youth football coach for the Eastside Sharks program in Madison, WI. After six years with the Sharks Coach Kimmes started his high school coaching career at Madison La Follette HS as a RBs coach. While at La Follette the Lancers enjoyed their most consistent success in school history winning 3 straight city championships and finishing runner up in the Big 8 conference 3 years in a row while earning 4 straight playoff berths. A 1999 graduate of DeForest HS, Coach Kimmes was hired as Offensive Coordinator in 2017 and in three short years has taken the Norskies from 3rd in the conference to Badger North Conf. Champions in 2019 on their way to a WIAA Div. 3 State Championship. This year the Norskies amassed 4,922 yards of offense and 559 points which was 6th in the state in scoring. Coach Kimmes lives in Madison with his wife Elizabeth, two young boys Cahleel and Logan; they are expecting a third boy in March.

Mike Klyve, Barnum High School, Head Coach

Twitter: [@mKlyve](#)

Mike Klyve has been the head football coach at Barnum for the past 5 years. Before that, he was the Defensive Coordinator at Barnum for 3 years. Prior to joining the staff in Barnum he was an assistant coach with the United North Central Football Program. Mike graduated in 2005 from Detroit Lakes HS and attended Minnesota State University-Moorhead. He has been a 6th-grade teacher in Barnum for the past 9 years.

Craig Loscheider, Mondovi High School, Head Coach

Twitter: [@MHS_CoachLo](#) [@FootballMondovi](#)

Coach Loscheider completed his third season as head coach at Mondovi High School in 2019. After going 5-4 in his first season, the Buffaloes improved to 7-2 in 2018 before finishing 9-0 this year and advancing to the state semi-finals, winning 12 games in a season for the first time in school history. Loscheider grew up in Peoria, AZ and played collegiately at Concordia University Wisconsin. After serving 4 years as an Airborne Infantryman in the Army, Loscheider began his coaching career at Sparta High School in 2009. He also had coaching stops at Waukesha West, Wisconsin Lutheran College, and Milwaukee Lutheran High School prior to Mondovi. Loscheider lives in Mondovi with his wife Julie and their boys AJ (10), Jake (7), and Josh (4).

Scott Meier, Farmington High School, Head Strength & Conditioning Coach

Twitter: [@FarmingtonPower](#)

Scott Meier is currently in his 21st year at Farmington High School (MN) where he is the Strength & Conditioning Coach. He is also a Physical Education Teacher at FHS and teaches Sports Conditioning, Weight Training, and 9th-grade Fitness For Life classes. He coached Farmington's competitive weightlifting for 9 years, and in that time, the Tigers earned four state team titles, over 40 individual state champions, and multiple state record holders. Prior to that he was the Head Strength and Conditioning Coach at Lakeville (MN) High School and worked as a personal trainer for 6 years. Scott is featured in the award-winning documentary "My Run" which tells the story of his 56-year-old client who ran 75 marathons in 75 days. He continues to compete in track & field at the masters level where he is a nationally ranked sprinter and holds several state age-group records. Scott is the current Minnesota State Director of the National High School Strength Coaches Association.

Dan Mlachnik, Muskego High School, Head Strength & Conditioning Coach, Defensive Backs Coach

Twitter: [@MuskegoHSFB](#)

Coach Mlachnik began coaching at Muskego in 2005 he has helped the football program get to a final four and win back to back state championships. Before coming to Muskego, Coach Mlachnik coached at Milwaukee Pius and Catholic Memorial. Dan brings a tremendous amount of athletic experience to the Warrior program from a variety of sources, including having played for and coached with hall of famer, Jim Haluska (At Milwaukee Thomas More). While at Thomas More Coach Mlachnik was a three-sport athlete in baseball, basketball and football. Dan continued his football playing career at Triton College and UW-Stevens Point as a defensive back, punter and kick returner. This was then followed by Dan playing semi-pro football with the Racine Raiders (2 years and winning a World Championship) and professionally in the Arena Football League (1year Milwaukee Mustangs, 3 years Madison Mad Dogs, runners up in the Arena Bowl). Dan was a team captain in High School, at UW- Stevens Point and in the Arena League. Dan currently teaches Physical Education at MHS and also serves as Director of Strength and Conditioning. Coach Mlachnik is married to Beth and is the proud father of five children: Danny, Jessica, Andrea, Joe and Max.

Jeff Ojanen, Cloquet High School, Defensive Coordinator

Twitter: [@CoachOjanen](#)

Jeff Ojanen recently completed his 17th season as an Assistant Coach for Cloquet High School, the last 12 seasons spent as Defensive Coordinator. Ojanen grew up in Cloquet, Minnesota and graduated from Cloquet High School in 2002, he attended University of Minnesota Duluth. He has been a Math Teacher at Cloquet High School since 2007. Jeff is married to wife, Nikki, and has two daughters; Eleanor(4) and Quinn(1).

Sean Peterson, Wayzata High School, Offensive Line Coach

Twitter: [@CoachPwayzatafb](#)

Coach Peterson is the offensive line coach at Wayzata HS in Minnesota (2018-Present). In 2019, the Trojans rushed for 2952 yards in 13 games. Wayzata loves inside & outside zone, counter, and occasionally trap. His other coaching stops within Minnesota include Delano HS (2010-2017), Wayzata HS (2006-2009), Augsburg College (2002-2003), U.M.D. (1998), and Mesabi Community College (1993-1997, 1999).

Pat Rice, Waunakee High School, Head Coach

Twitter: [@WHSWarriorsFB](#)

Coach Rice has led the Waunakee Football Program for the past 28 years compiling a win-loss record of 298-42 (.876 winning percentage). Waunakee has won 6, WIAA State Championships as well as been State Runner-up 4 times. Waunakee has been to the State Semi-Finals 16 times under his watch. They have been conference champions 18 times. Coach Rice was inducted into the Wisconsin Football Coaches Hall of Fame in 2004.

Kyle Stelter, Special Teams University**Twitter: [@KyleLStelter](#) [@SpecialTeamsU](#)**

I was taught the basic skills of long snapping my senior year of high school to help my chances of making a college team. I played offensive line my entire life and was too undersized to continue playing that at the next level. My high school football coach gave me enough coaching to be able to make the team as a long snapper and linebacker at the University of Wisconsin Stout where I stayed for a year. After that, I transferred to the University of Wisconsin River Falls to finish my college career. I followed my dream of becoming a Professional long snapper playing Semi-Pro football for 3 years after college. In 2012 I was rated the #1 Five Star NFL Free Agent long snapper in the Nation by the prestigious Husted Pro Camp! Later in 2012, I was signed by the Sacramento Mountain Lions of the United Football League. Over 300 players attended tryouts and I was the ONLY player signed from that opportunity. I went on to beat out a former NFL long snapper for the job. In 2014 I was brought in for a tryout with the New York Jets where I competed against snappers from Colorado State, Florida State, and Rutgers. Later on I was brought back in for Rookie Mini-Camp. After Mini-Camp with the New York Jets, I decided to hang up my cleats and pursue coaching. Coaching long snappers is a passion of mine and I want to be able to help as many as I can pursue their dreams and make it further than I ever did.

I wanted to start Special Teams University after watching many high school and even college teams struggle at long snapping position. Every other position on a team has a coach except the long snapper. My goal is to help as many athletes as I can perfect their skill and make it to the next level, whether that is high school, college, or professional. I now coach the top long snappers in the world including the highest paid long snapper in the NFL, CFL Grey Cup winners, Collegiate National Champions, and the most sought after high school athletes in the nation. Special Teams U has branched out from the US and I now have clients as far as Canada, Brazil and even Japan! More and more clients come to me daily because of the detailed coaching I provide and I'm excited to continue to help others reach their goals!

Tom Yashinsky, Onalaska High School, Head Coach**Twitter: [@TYash42](#)**

Coach Yashinsky has been the head coach at Onalaska for 8 years. In that time the Hilltoppers have made the playoffs all 8 seasons, won 3 MVC championships, and won 3 playoff games. Coach Yashinsky has twice been named the MVC Coach of the Year and was the 2017 WFCB District 8 Coach of the Year. In the past 4 years Onalaska's offense has averaged 420 yards per game and 36.2 points per game. Prior to becoming the head coach at Onalaska, Coach Yashinsky served as an assistant for 4 years under WFCB Hall of Fame coach Deiter Antoni. Prior to that he was a student coach at UW-La Crosse (2007) and coached at Ben Eielson High School on Eielson Air Force Base (AK) for three years.

Past Superior Spartan Football Coaching Clinicians

2016

Mike Bestul, Chippewa Falls, Defensive Coordinator
Greg Bower, University of Minnesota- Duluth, Defensive Backs
Nate Cook, Rice Lake, Offensive Coordinator
Jason Freed, Brainerd, Defensive Coordinator
Bud Grant, Minnesota Vikings, Former Head Coach, Superior Alum
Mike Grant, Eden Prairie, Head Coach
Dave Hinkens, Xavier, Head Coach
Jeff Koenig, Stanley Boyd, Head Coach
Jeff Mumm, Thief River Falls, Head Coach
Chuck Raykovich, Chippewa Falls, Head Coach
Al Sega, Eau Claire Memorial, Defensive Coordinator
Jon Steger, University of Minnesota- Duluth, Defensive Coordinator
Doug Sutherland, Minnesota Vikings, Former Player, Superior Alum
Dr. Tim Wakefield- Author of *Mental Toughness: Understanding the Game of Life*

2017

Rob Aurich, Bemidji St., Defensive Coordinator
Keith Badger, New Richmond, Head Coach
Craig Bagnell, Bemidji St., Offensive Coordinator
Cal Barr, 3D Coaching
Mike Cross, Elk River, Defensive Coordinator
Tony DiSalvo, St. Croix Central Head Coach
Steve Hamilton, Elk River, Head Coach
Michael Krenz, Stevens Point High School, Offensive Coordinator
Matt Krivinchuk, College of St. Scholastica, Special Teams Coordinator, Superior Alum
Joe Labuda, Menomonie Head Coach
Drew Preusse, Menomonie, Secondary Coach
Ryan Scherz, Northwestern (HS), Offensive Coordinator

2018

Dan Hill, Rice Lake High School, Head Coach
Ryan Johnson, Wayzata High School, Strength Coach
Adam Kowles, Hudson High School, Head Coach
Tom Lenarz, Cloquet High School, Head Coach
Cory Nelson, Unity High School, Head Coach
Dave Nelson, Minnetonka High School, Head Coach
Jeff Ojanen, Cloquet High School, Defensive Coordinator
Doug Patterson, St. Cloud St. University, Offensive Coordinator & Offensive Line Coach
Sean Peterson, Delano High School, Assistant Coach
Jon Steger, University of Minnesota- Duluth, Defensive Coordinator
Dr. Tim Wakefield- Author of *Mental Toughness: Understanding the Game of Life*

2019

Greg Aker, Hermantown High School, Wideouts, Superior Alum
David Crail, River Falls High School, Head Coach
Cody Fechtelkotter, Northwestern High School, Defensive Coordinator
Randy Jackson, North Forney High School, TX, Head Coach
Jared Marsh, Pulaski High School, Head Coach
Ryan Olson, Bemidji State, Co-Offensive Coordinator
Craig Stenbrotten, UW-Oshkosh, Defensive Coordinator
Mike Zagelmeyer, Hermantown High School, Head Coach