



LACROSSE

High School Lacrosse Player Code of Conduct with Athlete Communication Protocol

In addition to the general code of conduct for parents of high school lacrosse players, there is a specific communication protocol that emphasizes direct communication between athletes and coaches. This approach fosters independence, responsibility, and effective communication skills in young athletes. Parents are encouraged to abide by the following guidelines:

1. Direct Athlete-to-Coach Communication:

- All communication regarding the athlete's participation, performance, and concerns should be initiated by the athlete directly with the coach.
 - Failure to do so will result in disciplinary action up to and including game suspension
- Encourage your child to discuss any questions, feedback, or issues they may have with the coach independently.

2. Parental Observership:

- Parents are welcome to attend practices and games but are asked to refrain from engaging in direct communication with the coaching staff.
- Observations can be discussed with your child after practices or games to facilitate conversations about their experiences.

3. Supportive Role:

- Parents should play a supportive role, providing encouragement and guidance to their child as they navigate their lacrosse experience.
- Assist your child in preparing for discussions with coaches, helping them organize their thoughts and articulate their concerns.

4. Conflict Resolution:

- In the event of conflicts or concerns, guide your child in addressing the coach respectfully and seeking resolution on their own.
- If necessary, parents may be involved in discussions only after the athlete has attempted direct communication without resolution.
 - Parents and athletes will request a meeting with the Coaching Liaison who will then determine next steps to resolution.
 - Failure to follow this procedure will result in disciplinary action for the player up to and including game suspension.

5. Parental Involvement in Team Matters:

- Parents are encouraged to engage in team-related matters, such as volunteering, fundraising, and supporting team events, without involvement in coaching decisions.
- Inquiries related to team logistics, schedules, and general information can be directed to team administrators or designated contacts.
- Accessibility to coaches during social events is welcomed; however discussion of playing time and player evaluation is prohibited.

6. Role Modeling Communication Skills:

- Demonstrate effective communication skills to your child, emphasizing the importance of expressing thoughts, concerns, and gratitude respectfully and clearly.

7. Understanding the Purpose:

- Understand that the athlete-to-coach communication protocol is designed to promote accountability, responsibility, and the development of effective interpersonal skills in young athletes.

By adhering to this communication protocol, parents contribute to the growth and development of their child as an independent and responsible athlete. This approach also ensures clear lines of communication between coaches and players, fostering a healthy and constructive team environment.