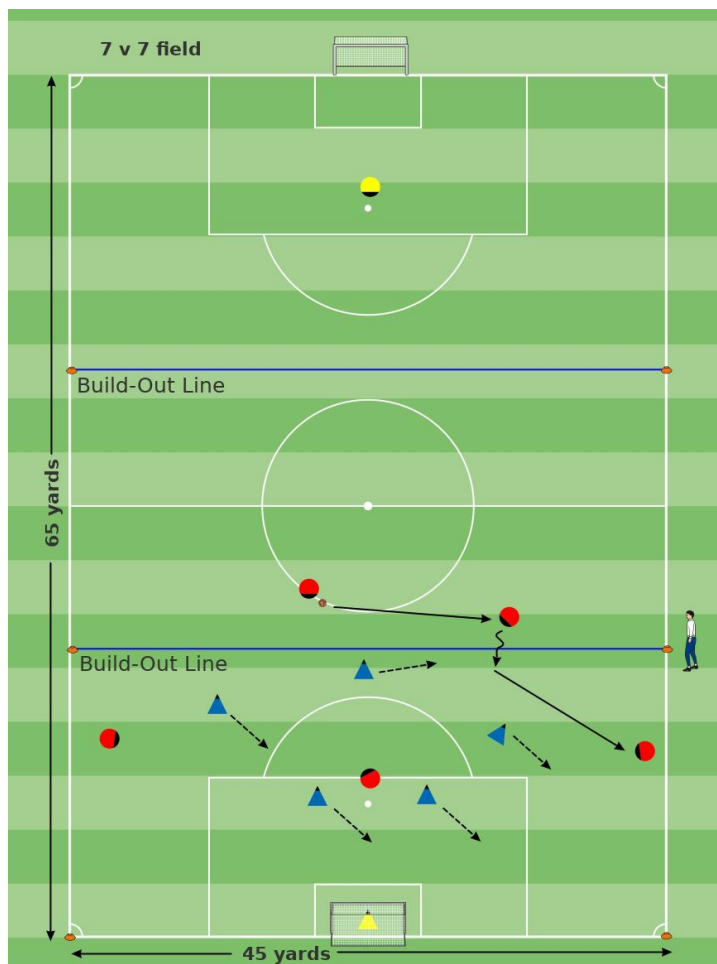


2ND PLAY PHASE: The Game

OBJECTIVE: To prevent the opponent from scoring.

PLAYER ACTIONS: Protect goal, Get compact, Stay compact

KEY QUALITIES: Read game/make decisions, Initiative, Focus



ORGANIZATION:

Mark out a regular 7 v 7 field with build-out lines. Divide players into two teams of six. Each team plays a 1-2-3 formation. Play for 30 minutes including one "halftime" (5 min.) using the Laws of the Game (LOTG) and according to the standards of play found in the U.S. Soccer Player Development Initiatives (PDIs).

KEY WORDS:

Stay compact, move with the ball, defend the goal

GUIDED QUESTIONS:

1) How many goals did the other team score? 2) How did they score them? 3) How could you have stopped them?

ANSWERS:

1. & 2.) General questions asked to focus players' attention on the principles they have learned. 3) Get compact and stay compact, block the direct path to the goal, force attackers outside, move to follow the ball and block shots.

NOTES:

Play according to the Laws of the Game and the standards of play found in the U.S. Soccer Player Development Initiatives.

MOMENT:

Defending

AGE:

U8-U14

PLAYERS:

DURATION:

20 Min