



Our Version of Soccer's Futsal

Our 3v3 Winter League is an exciting hybrid format incorporating specific facets of field lacrosse, box lacrosse, 3-on-3 basketball, and soccer's futsal –with the main focus being PLAYER SKILLS DEVELOPMENT and FUN!

Lacrosse's Futsal

Despite being invented by a Uruguayan soccer coach in the 1930s, Brazilians embraced the game of "futsal" and it quickly came to occupy a unique place in Brazilian sporting culture. From Pele onward virtually every great Brazilian player played futsal as a kid, first in the neighborhood and later at Brazil's soccer academies, where from ages seven to about thirteen they typically devoted three days a week to futsal.

"No time plus no space equals better skills. Futsal is our national laboratory of improvisation."

--- Dr. Emilio Miranda, professor of soccer, University of Sao Paulo

"Kids must play the 3v3 game as much as possible. I'm convinced there is nothing better for skill, IQ, and love of the game. The environment of Free Play is that of Joy, Acquisition, experimentation, and learning. Playing small 3v3 games with small nets, no equipment, and tennis balls is truly a version of box lacrosse."

--Jamie Munro, JM3 Sports, founder 3d Lacrosse, D1 Head Coach

Enter Winter 3v3 Connecticut Winter Indoor Lacrosse League!

Players train not on a vast expanse of grass field, but on smaller fields. Each side instead of having 10 players, have three (3) players. In its flow and speed, the game resembles basketball or hockey more than lacrosse. *This format* consists of a series of quick, controlled passes, and nonstop action.

Why should you play??? DEVELOPMENT... AND OH YEAH, **FUN**... YOU WILL LOVE IT!

The biggest reason lies in the math. Players touch the ball far more often than lacrosse players –potentially up to 6 times more often per minute. The smaller field and faster speed of play demand and reward more precise passing and stick skills. Sharp passing is paramount; the game is all about creating angles and spaces and working quick combinations with other teammates. Ball control and vision are crucial, so when players play the full-size game, they feel as they have acres of free space in which to operate. *Our format* compresses lacrosse's essential skills into a small area; it places players inside a deep practice zone, making and correcting errors that fast-track development. Players touching the ball 600% more often learn far faster, without realizing it, than they would in the vast, expanse of the outdoor game.

Players of all ages and abilities will benefit greatly from playing this game!



Divisions

Lightning (3rd & 4th Graders) | Juniors (5th & 6th Graders) | Seniors (7th & 8th Graders) | High School

Season: 4 Weeks | Sundays, February 16th – March 8th | 10:00am – 12:00pm

Location: CT Sportsplex Bubble, 216 Foxon Rd, North Branford, CT

Team Roster Size: 6 Players ***All players must be current members of US Lacrosse*

Cost: \$120/ Player ***Register online at OilersLacrosse.com*

Game Format:

- Three 8-minute periods, with 2 minute breaks in between periods
- 3 v 3 format
- Each team will play two games per week inside a 1-hour block between 10:00am-12:00pm
- Our 3v3 Format and Game Schedule = A Ton of Touches, Game Play and Skills Development!
- All games will be officiated by one referee.
- No face offs. Inbounding and change of possession are similar to basketball.
- No designated goalies. Players will play goalie during game play. Box goals and a softer ball are used.

Equipment Needed:

- Lacrosse Stick (No Poles) **Everyone is a short stick*
- Cleats or sneakers (CT Sportsplex is field turf)
- Mouth Guard
- No other equipment is needed

**The physicality of this game is similar to basketball and soccer so equipment is not needed. There is no stick checking.*

How to Register a Team

Email John Coughlin, jtcoughlin@optonline.net, with "Winter Lacrosse Team Registration" in the subject line. Please include the following information in email:

- 1) Team Name
- 2) Division
- 3) Roster of Team including Players' Names, Current Grade, and Primary Email
- 4) Name of Coach, Cell Phone, and Email

**Players will register individually online at OilersLacrosse.com*

How to Register as a Free Agent

1) Register as an individual but please write "Free Agent" in the Winter Team box in the registration. All Free Agents must be registered and paid in full in order to be considered for a team.